

# HELICAL IMMERSIONS INTO A EUCLIDEAN SPACE

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**0. Introduction.** Let  $M$  be a connected Riemannian manifold and  $f: M \rightarrow \bar{M}$  an isometric immersion into a Riemannian manifold  $\bar{M}$ . If the image  $f \circ \gamma$  of each geodesic  $\gamma$  in  $M$  has constant Frenet curvatures which are independent of the chosen geodesic  $\gamma$ , then  $f$  is called a *helical immersion*. Furthermore, if the osculating order of  $f \circ \gamma$  in  $\bar{M}$  is equal to  $d$ , then the helical immersion is said to be of order  $d$ . In [8], [9], and [12], helical immersions of order two into real space forms were classified (see also [6]). When the ambient manifold  $\bar{M}$  is a sphere, the theory of helical minimal immersions is a submanifold version of compact harmonic manifolds (cf. [1], [13]) and low order cases ( $d \leq 5$ ) were classified in [10] and [15]–[17]. In the present paper, we shall study helical immersions into a Euclidean space.

On the other hand, in [3] and [4], Chen and Verheyen introduced a notion of submanifolds with geodesic normal sections and obtained many results, in particular for the case where the submanifolds are surfaces. Here we recall the definition of a submanifold  $M$  with geodesic normal sections in a Euclidean space  $E^m$  of dimension  $m$ . For each point  $x$  in  $M$  and vector  $X$  tangent to  $M$  at  $x$ , the intersection of  $M$  and the affine subspace through  $x$  spanned by  $X$  and the normal space at  $x$  gives rise to a curve  $\gamma$  in a neighborhood of  $x$ . If such curve  $\gamma$  is a geodesic in  $M$ , then the submanifold  $M$  is called a *submanifold with geodesic normal sections* in  $E^m$ . In [3], [4], and [19], surfaces with geodesic normal sections in  $E^m$  where  $3 \leq m \leq 6$  were classified. In this paper, we shall determine 2- or odd-dimensional complete submanifolds with geodesic normal sections in  $E^m$  but without restrictions on  $m$ .

Verheyen proved that  $M$  is a submanifold with geodesic normal sections in  $E^m$  if and only if the inclusion map  $\iota: M \rightarrow E^m$  is a helical immersion (cf. [19, Theorem 2]). So the concept “helical immersion” coincides with that “submanifold with geodesic normal sections” when the ambient manifold is a Euclidean space. We shall study from the viewpoint of helical immersions, because we can give an explicit expression of a geodesic of  $M$  in the ambient space.

In Section 1, we give basic equations used later as well as the accurate definition of helical immersions of order  $d$ . In Section 2, making use of an expression of a helical immersion  $f: M \rightarrow E^m$  in the geodesic polar coordinates around an arbitrarily fixed point, we prove that the extrinsic distance of two points in  $M$  is a function of their intrinsic distance. This result is a characterization of helical immersions into  $E^m$ . By using this result, we can show that if  $M$  is compact then it is a Blaschke manifold, and that if  $M$  is complete and noncompact then all points of  $M$  are poles. In Section 3, we deal with helical imbeddings of odd order into  $E^m$ . We show that if  $f: M \rightarrow E^m$  is a helical imbedding of odd order and  $M$  is

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complete, then  $M \approx E^n$  and  $f$  is totally geodesic. In Section 4, we are absorbed in the study of the case that the order is even. Our main result is that the order of  $f$  is even if and only if  $M$  is compact. Finally, we apply Berger's theorem about the Blaschke conjecture and Tsukada's theorem about the rigidity of helical immersions into a sphere to the case  $\dim M = 2$  or odd.

**1. Preliminaries.** In the present paper, the differentiability of all geometric objects will be  $C^\infty$ . Let  $f: M \rightarrow \bar{M}$  be an isometric immersion of an  $n$ -dimensional Riemannian manifold  $M$  into an  $m$ -dimensional Riemannian manifold  $\bar{M}$ . We shall identify the tangent space  $T_x M$  of  $M$  with a subspace  $f_* T_x M$  of  $T_{f(x)} \bar{M}$ . Let  $\nabla$  and  $\bar{\nabla}$  denote the covariant differential operators of  $M$  and  $\bar{M}$  respectively. Then the Gauss equation is given by

$$(1.1) \quad \bar{\nabla}_X Y = \nabla_X Y + H(X, Y)$$

for vector fields  $X, Y$  tangent to  $M$ , where  $H$  denotes the second fundamental form. The Weingarten equation is given by

$$(1.2) \quad \bar{\nabla}_X \xi = -A_\xi X + \nabla_X^\perp \xi$$

for a vector field  $\xi$  normal to  $M$ , where  $A_\xi$  denotes the shape operator corresponding to  $\xi$  and  $\nabla^\perp$  the normal connection. Clearly  $A_\xi$  is related to  $H$  as  $\langle A_\xi X, Y \rangle = \langle H(X, Y), \xi \rangle$ ,  $\langle, \rangle$  being the inner product of vectors.

Let the ambient space  $\bar{M}$  be a Euclidean space  $E^m$ . Let  $R$  be the curvature tensor of  $M$ . The structure equation of Gauss and Codazzi are given by

$$(1.3) \quad R(X, Y)Z = A_{H(Y, Z)}X - A_{H(X, Z)}Y,$$

$$(1.4) \quad (D_X H)(Y, Z) = (D_Y H)(X, Z)$$

(respectively), where  $(D_X H)(Y, Z)$  is defined as

$$(D_X H)(Y, Z) = \nabla_X^\perp H(Y, Z) - H(\nabla_X Y, Z) - H(Y, \nabla_X Z).$$

We shall denote  $(D_X H)(Y, Z)$  by  $(DH)(X, Y, Z)$ .

Next we explain Frenet curvatures of a curve  $\tau: I \rightarrow \bar{M}$  parameterized by the arc-length  $s$ . Let  $\tau_1 = \dot{\tau}$  be the unit tangent vector and put  $\lambda_1 = \|\bar{\nabla}_{\dot{\tau}} \tau_1\|$ . If  $\lambda_1$  vanishes on  $I$ , then  $\tau$  is said to be of order 1. If  $\lambda_1$  is not identically zero, then one defines  $\tau_2$  by  $\bar{\nabla}_{\dot{\tau}} \tau_1 = \lambda_1 \tau_2$  on  $I_1 = \{s \in I: \lambda_1(s) \neq 0\}$ . Put  $\lambda_2 = \|\bar{\nabla}_{\dot{\tau}} \tau_2 + \lambda_1 \tau_1\|$ . If  $\lambda_2 \equiv 0$  on  $I_1$ , then  $\tau$  is said to be of order 2. If  $\lambda_2$  is not identically zero on  $I_1$ , then we define  $\tau_3$  by  $\bar{\nabla}_{\dot{\tau}} \tau_2 = -\lambda_1 \tau_1 + \lambda_2 \tau_3$ . Inductively we put  $\lambda_d = \|\bar{\nabla}_{\dot{\tau}} \tau_d + \lambda_{d-1} \tau_{d-1}\|$ , and if  $\lambda_d \equiv 0$  on  $I_{d-1}$  then  $\tau$  is said to be of order  $d$ . If  $\tau$  is of order  $d$ , then we have a matrix equation  $\bar{\nabla}_{\dot{\tau}}(\tau_1, \tau_2, \dots, \tau_d) = (\tau_1, \tau_2, \dots, \tau_d)\Lambda$  on  $I_{d-1}$ , where  $\Lambda$  is a  $d \times d$  matrix defined by

$$(1.5) \quad \Lambda = \begin{pmatrix} 0 & -\lambda_1 & & & 0 \\ \lambda_1 & 0 & -\lambda_2 & & \\ & \ddots & \ddots & \ddots & \\ 0 & & & -\lambda_{d-1} & \\ & & & \lambda_{d-1} & 0 \end{pmatrix}.$$

Equation (1.5),  $\{\tau_1, \dots, \tau_d\}$ , and  $\lambda_1, \dots, \lambda_d$  are called (respectively) the Frenet formula, Frenet frame and Frenet curvatures of  $\tau$ .

Now we give the definition of helical immersion. Let  $\gamma: I \rightarrow M$  be an arbitrary geodesic in  $M$ . If the curve  $\tau = f \circ \gamma$  in  $\bar{M}$  is of order  $d$  and has constant curvatures  $\lambda_1, \dots, \lambda_{d-1} (\neq 0)$ ,  $\lambda_d (= 0)$  which are independent of the chosen geodesic  $\gamma$ , then the isometric immersion  $f: M \rightarrow \bar{M}$  is called a *helical immersion of order  $d$* . Helical immersions are  $\lambda_1$ -isotropic (cf. [13]). Here we recall the definition of isotropic immersion (cf. [11]). An isometric immersion  $f: M \rightarrow \bar{M}$  is said to be  $\lambda$ -isotropic if  $\lambda(x) = \|H(X, X)\|$  is independent of the choice of  $X \in U_x M = \{X \in T_x M: \|X\| = 1\}$ . In particular, when  $\lambda(x)$  is constant on  $M$ ,  $f$  is said to be constant isotropic. It is easily seen that  $f$  is  $\lambda$ -isotropic if and only if

$$(1.6) \quad \mathfrak{S} A_{H(X, Y)} Z = \lambda^2 \mathfrak{S} \langle X, Y \rangle Z$$

for every  $X, Y, Z \in TM$ , where  $\mathfrak{S}$  denotes the cyclic sum with respect to  $X, Y$ , and  $Z$ .

**2. Helical immersions into  $E^m$ .** In the sequel,  $M$  will be a connected complete Riemannian manifold of dimension  $n$  ( $n \geq 2$ ). Let  $f: M \rightarrow E^m$  be a helical immersion of order  $d$  into an  $m$ -dimensional Euclidean space  $E^m$ . Let  $\gamma$  be an arbitrary geodesic in  $M$  parameterized by the arc-length  $s$ . The  $i$ th order derivative of the second fundamental form is denoted by  $D^i H$ , and  $(D^i H)(X, \dots, X)$  is written as  $(D^i H)(X^{i+2})$ . We have the following.

LEMMA 2.1 (see [13, Theorem 3.1, p. 67; Remark, p. 70]). *The Frenet frame of  $\tau = f \circ \gamma$  is given by*

$$\begin{aligned} \tau_1 &= \dot{\gamma}, \\ \tau_j &= (\lambda_1 \cdots \lambda_{j-1})^{-1} \sum a_{ji} (D^{i-2} H)(\dot{\gamma}^i) \end{aligned}$$

for  $j = 2, \dots, d$ , where  $i$  runs over the range  $\{2, 4, \dots, j\}$  if  $j$  is even and  $\{3, 5, \dots, j\}$  if  $j$  is odd. The coefficients  $a_{ji}$ 's are positive constants determined by curvatures  $\lambda_1, \dots, \lambda_{d-1}$  of  $\tau$ .

Let  $(f_1(s), \dots, f_d(s))$  be the first column of the matrix  $\int_0^s \exp s\Lambda ds$ . Then the functions  $f_i$  ( $i = 1, \dots, d$ ) defined on  $\mathbf{R}$  satisfy

$$(2.1) \quad \begin{aligned} f_1' &= 1 - \lambda_1 f_2, \\ f_i' &= \lambda_{i-1} f_{i-1} - \lambda_i f_{i+1} \quad (2 \leq i \leq d-1), \\ f_d' &= \lambda_{d-1} f_{d-1} \end{aligned}$$

and  $f_i(0) = 0$  for all  $i$ . We easily see that  $f_i$  is an odd (resp. even) function if  $i$  is odd (resp. even). We define normal vectors  $\xi(s; X)$  and  $\zeta(s; X)$  by

$$\begin{aligned} \xi(s; X) &= \sum_{j: \text{even}} f_j(s) \tau_j(X), \\ \zeta(s; X) &= \sum_{j: \text{odd} \geq 3} f_j(s) \tau_j(X), \end{aligned}$$

for all  $X \in U_x M$ , where  $\tau_j(X) = (\lambda_1 \cdots \lambda_{j-1})^{-1} \sum a_{ji} (D^{i-2} H)(X^i)$ . We now represent  $f$  by the geodesic polar coordinates around a fixed point  $x$ .

LEMMA 2.2 (cf. [13, Theorem 5.4]). *For  $s \in \mathbf{R}_+$  and  $X \in U_x M$ , we have*

$$f(\exp_x sX) = f(x) + f_1(s)X + \xi(s; X) + \zeta(s; X).$$

*Proof.* Solve the Frenet equation

$$\frac{d}{ds}(\tau_1, \dots, \tau_d) = (\tau_1, \dots, \tau_d)\Lambda$$

with initial conditions  $\tau_i(0) = \tau_i(X)$  for  $i = 1, \dots, d$ , where  $\tau(s) = f(\exp_x sX)$ . We see that  $(\tau_1(s), \dots, \tau_d(s)) = (\tau_1(X), \dots, \tau_d(X)) \exp s\Lambda$ . In particular, we obtain  $\tau_1(s) = (\tau_1(X), \dots, \tau_d(X)) \exp s\Lambda \cdot e_1$ , where  $e_1 = {}^t(1, 0, \dots, 0) \in \mathbf{R}^d$ . It follows that

$$\tau(s) = f(x) + (\tau_1(X), \dots, \tau_d(X)) \int_0^s \exp s\Lambda ds \cdot e_1,$$

which shows the assertion.  $\square$

Making use of Lemma 2.2, we have the following.

PROPOSITION 2.3. *Let  $\delta$  denote the distance function on  $M$ . Then*

$$(2.2) \quad \|f(x) - f(y)\|^2 = G(\delta(x, y))$$

for every  $x, y \in M$ , where  $G = \sum_{i=1}^d f_i^2$ . Thus we can say that the extrinsic distance of two points in  $M$  is a function of their intrinsic distance. Conversely, if  $f: M \rightarrow E^m$  is an isometric immersion such that (2.2) holds for some even function  $G$ , then  $f$  is helical.

*Proof.* For every  $x, y \in M$  there exists a geodesic  $s \mapsto \exp_x sX$  such that  $\exp_x \delta(x, y)X = y$ , since  $M$  is connected and complete. By Lemma 2.2., we have  $f(y) - f(x) = f_1(s)X + \xi(s; X) + \zeta(s; X)$ . Since  $\|f_1(s)X + \xi(s; X) + \zeta(s; X)\|^2 = \sum_{i=1}^d f_i^2(s)$ , we obtain (2.2). Conversely, if (2.2) holds with some even function  $G$ , then for any geodesic  $\gamma$  in  $M$  parameterized by the arc-length we have  $\|\tau(s) - \tau(t)\|^2 = G(s - t)$ , where  $|s - t| < \epsilon$ : small. It follows that  $\langle \dot{\tau}(s), \dot{\tau}(t) \rangle = \frac{1}{2}G''(s - t)$  and hence  $\langle \tau^{(k)}(s), \tau^{(\ell)}(s) \rangle$  ( $k, \ell \geq 1$ ) are constants depending only on  $G^{(k)}(0)$  ( $k$ : even). From the definition of Frenet curvatures, we see that  $f$  is helical.  $\square$

THEOREM 2.4. *Let  $f: M \rightarrow E^m$  be a helical immersion of a connected complete Riemannian manifold  $M$  into a Euclidean space  $E^m$ . If  $M$  is compact, then  $M$  is a Blaschke manifold (i.e., for each  $x \in M$ , the distance from  $x$  to its cut points is constant; for details, see [1]). If  $M$  is noncompact, then every point of  $M$  is a pole.*

*Proof.* Let  $x \in M$  be arbitrarily chosen and  $\gamma$  be a unit speed geodesic such that  $\gamma(0) = x$  and  $\dot{\gamma}(0) = X$ . It suffices to prove that if  $\gamma(s_0)$  is a conjugate point of  $x$ , then  $f_1(s_0) = 0$  and  $G' = 2f_1$ . If this assertion has been proved, then the smoothness of the function  $\|f(x) - f(\gamma(s))\|^2$  of  $s$  for each geodesic  $\gamma$  issuing from  $x$  implies that when  $M$  is compact it is a Blaschke manifold and, when  $M$  is noncompact,  $\exp_x: T_x M \rightarrow M$  is a diffeomorphism (see the proof of Theorem 6.2 in [13, p. 77]). Let  $J_\nu$  be a Jacobi field along  $\gamma$  such that

$$J_V(0) = 0 \quad \text{and} \quad \nabla_X J_V = V \in \{X\}^\perp \cap U_x M.$$

Such Jacobi field is obtained from the variation  $(s, \theta) \mapsto \exp_x sX(\theta)$ , where  $X(\theta) = \cos \theta X + \sin \theta V$ . In virtue of Lemma 2.2, we find

$$(2.3) \quad J_V(s) = f_1(s)V + \frac{d}{d\theta} \{ \xi(s; X(\theta)) + \zeta(s; X(\theta)) \} |_{\theta=0}.$$

Thus if  $J_V(s_0) = 0$ , then  $f_1(s_0) = 0$ . We next prove  $G' = 2f_1$ . Equation (2.1) can be rewritten as

$$'(f'_1, \dots, f'_d) = \Lambda'(f_1, \dots, f_d) + '(1, 0, \dots, 0).$$

Since  $G' = 2 \sum f_i f'_i$  by the definition of  $G$ , we have

$$\begin{aligned} G' &= 2(f_1, \dots, f_d)'(f'_1, \dots, f'_d) \\ &= 2(f_1, \dots, f_d) \{ \Lambda'(f_1, \dots, f_d) + '(1, 0, \dots, 0) \} \\ &= 2f_1, \end{aligned}$$

where we have used the fact that  $\Lambda$  is skew-symmetric.  $\square$

Next we recall the definition of “geodesic normal sections” (cf. [3], [4]). Let  $M$  be a connected  $n$ -dimensional ( $n \geq 2$ ) submanifold of an  $m$ -dimensional Euclidean space  $E^m$ . For  $x \in M$  and  $X \in U_x M$ , the vector  $X$  and the normal space  $N_x M$  at  $x$  determine an  $(m - n + 1)$ -dimensional affine subspace  $E(x, X)$  in  $E^m$  through  $x$ . The intersection of  $M$  and  $E(x, X)$  gives rise to a curve  $\gamma$  in a neighborhood of  $x$  which is called the *normal section* of  $M$  at  $x$  in the direction  $X$ . If every normal section at arbitrary point is a geodesic of  $M$ , then  $M$  is called a *submanifold with geodesic normal sections*.

In [19], Verheyen proved that if  $M$  is a submanifold with geodesic normal sections in  $E^m$ , then the inclusion  $\iota: M \rightarrow E^m$  is helical. The converse is clear from Lemma 2.2. Thus we have the following.

**COROLLARY 2.5.** *Let  $M$  be a connected submanifold with geodesic normal sections in  $E^m$ . If  $M$  is compact, then  $M$  is a Blaschke manifold. If  $M$  is noncompact, then every point of  $M$  is a pole.*

Concluding this section, we note the following.

**LEMMA 2.6** (cf. [13, Corollary 6.3]). *Let  $f: M \rightarrow E^m$  be a helical immersion of a connected complete Riemannian manifold  $M$  into  $E^m$ . If  $f$  is not injective, then  $M$  is isometric to a sphere  $S^n$  and  $f = \tilde{f} \circ \pi$ , where  $\pi: S^n \rightarrow \mathbf{R}P^n$  is the covering projection and  $\tilde{f}: \mathbf{R}P^n \rightarrow E^m$  is a helical imbedding. Moreover,  $M$  is simply connected except for the case that  $M$  is diffeomorphic to  $\mathbf{R}P^n$ .*

*Proof.* By the same argument as in the proof of Theorem 6.99 ([1, p. 176]) and using Berger’s theorem ([1, Appendix D., p. 236]), we have the first assertion. For the second assertion, we have only to consider  $f \circ \pi: \tilde{M} \rightarrow E^m$  (where  $\pi: \tilde{M} \rightarrow M$  is the universal Riemannian covering) and note that  $f \circ \pi$  is also helical.  $\square$

In virtue of Lemma 2.6, we may assume that the helical immersion  $f: M \rightarrow E^m$  is an imbedding.

**3. Helical imbeddings of odd order.** At the beginning of this section, we study the functions  $f_1, \dots, f_d$ . The straightforward computation shows  $\det \Lambda = \lambda_1^2 \lambda_3^2 \cdots \lambda_{d-1}^2 \neq 0$  if  $d$  is even and  $\text{rank } \Lambda = d-1$  if  $d$  is odd. Thus the normal form of  $\Lambda$  is given by

$$(3.1) \quad T^{-1}\Lambda T = \begin{cases} \bigoplus_{i=1}^{d/2} \mathcal{R}(\alpha_i) & \text{if } d \text{ is even,} \\ \bigoplus_{i=1}^{(d-1)/2} \mathcal{R}(\alpha_i) \oplus 0 & \text{if } d \text{ is odd,} \end{cases}$$

with some orthogonal matrix  $T$ , where

$$\mathcal{R}(\alpha_i) = \begin{pmatrix} 0 & \alpha_i \\ -\alpha_i & 0 \end{pmatrix} \quad (0 < \alpha_1 \leq \cdots \leq \alpha_{[d/2]})$$

and, in the case  $d$  is odd,  $\oplus 0$  means that the  $(d, d)$ -element of  $T^{-1}\Lambda T$  is zero. We have (cf. [7]) the following.

LEMMA 3.1. *If  $i$  is even then*

$$f_i(s) = \sum_{k=1}^{[d/2]} \nu_{ik} (1 - \cos \alpha_k s),$$

*and if  $i$  is odd then*

$$f_i(s) = \begin{cases} \sum_{k=1}^{d/2} \nu_{ik} \sin \alpha_k s & (d: \text{even}), \\ \sum_{k=1}^{(d-1)/2} \nu_{ik} \sin \alpha_k s + \nu_i s & (d: \text{odd}), \end{cases}$$

where  $\nu_{ik}$  and  $\nu_i$  are constants determined by  $\lambda_1, \dots, \lambda_{d-1}$ . Moreover we see that  $\alpha_1, \dots, \alpha_{[d/2]}$  are all distinct and  $\nu_i \neq 0$  for each odd integer  $i$  ( $1 \leq i \leq d$ ).

*Proof.* By the definition of  $f_i$  and (3.1), we easily have the assertion for  $f_i$ . In order to prove that  $f_1, \dots, f_d$  are linearly independent, let  $\sum a_i f_i \equiv 0$ . Since  $f_i^{(j)}(0) = 0$  ( $j < 1$ ) and  $f_i^{(i)}(0) = \lambda_1 \cdots \lambda_{i-1}$  for each  $i$  because of (2.1), we have inductively  $a_1 = \cdots = a_d = 0$ . Thus we easily see that  $\alpha_1, \dots, \alpha_{[d/2]}$  are all distinct and that  $\nu_i \neq 0$  for some  $i$ . Using (2.1), we have

$$\lambda_{i-1} \nu_{i-1} - \lambda_i \nu_{i+1} = 0 \quad (i: \text{even} \leq d-1)$$

if  $d$  is odd. It follows that  $\nu_i \neq 0$  for all odd integers  $i$  ( $1 \leq i \leq d$ ).  $\square$

Let  $f: M \rightarrow E^m$  be a helical imbedding of order  $d$ . Assume that  $d$  is odd. Let  $\gamma$  be a unit speed geodesic in  $M$  such that  $\gamma(0) = x$  and  $\dot{\gamma}(0) = X$ .

LEMMA 3.2. *If  $J_V$  is a Jacobi field along  $\gamma$  such that  $J_V(0) = 0$  and  $\nabla_X J_V = V \in \{X\}^\perp \cap U_x M$ , then we have  $\lim_{s \rightarrow +\infty} \|J_V\| = +\infty$ .*

*Proof.* In the proof of Theorem 2.4, we have shown that  $J_V(s) \equiv f_1(s)V \pmod{N_x M}$ . It follows that  $\|J_V(s)\| \geq |f_1(s)|$ . Furthermore, Lemma 3.1 implies that  $\lim_{s \rightarrow +\infty} |f_1(s)| = +\infty$ .  $\square$

**THEOREM 3.3.** *If  $f: M \rightarrow E^m$  is a helical imbedding of odd order of a connected complete Riemannian manifold  $M$  into  $E^m$ , then  $M$  is isometric to a Euclidean space  $E^n$  and  $f$  is totally geodesic.*

*Proof.* At first, we note that  $M$  is noncompact because  $\delta(x, y) \geq \|f(x) - f(y)\|$  for every  $x, y \in M$ , and hence  $\delta(\gamma(0), \gamma(s))^2 \geq \|\gamma(0) - \gamma(s)\|^2 = G(s) \rightarrow +\infty$  as  $s \rightarrow +\infty$ . Therefore, by Theorem 2.4,  $M$  is diffeomorphic to  $E^n$  and has no conjugate points.

We shall prove

$$(3.2) \quad \lim_{s \rightarrow +\infty} \|H(\dot{\gamma}, V^*)\| = 0,$$

where  $V^* = J_V / \|J_V\|$ . By Gauss equation (1.1), we have

$$\begin{aligned} \bar{\nabla}_{\dot{\gamma}} J_V &= \nabla_{\dot{\gamma}} J_V + H(\dot{\gamma}, J_V) \\ &= \nabla_{\dot{\gamma}} J_V + H(\dot{\gamma}, V^*) \|J_V\|. \end{aligned}$$

We see from (2.3) that  $J_V$  is a linear combination of  $f_1, \dots, f_d$  whose coefficients are constant vectors at  $x$ . Taking account of Lemma 3.1, the length of  $\bar{\nabla}_{\dot{\gamma}} J_V$  ( $= d/ds J_V$ ) is bounded. So  $\|H(\dot{\gamma}, V^*)\| \|J_V\|$  is bounded. We conclude, from Lemma 3.2, equation (3.2).

We next prove

$$(3.3) \quad \lim_{s \rightarrow +\infty} \langle H(\dot{\gamma}, \dot{\gamma}), H(V^*, V^*) \rangle = 0.$$

Using Gauss and Weingarten equations (1.1) and (1.2), we find

$$\begin{aligned} \frac{d^2}{ds^2} J_V &= \bar{\nabla}_{\dot{\gamma}}^2 J_V \\ &= \nabla_{\dot{\gamma}}^2 J_V + 2H(\dot{\gamma}, \nabla_{\dot{\gamma}} J_V) - A_{H(\dot{\gamma}, J_V)} \dot{\gamma} + (DH)(\dot{\gamma}, \dot{\gamma}, J_V). \end{aligned}$$

Since  $J_V$  is a Jacobi field, we have  $\nabla_{\dot{\gamma}}^2 J_V = R(\dot{\gamma}, J_V) \dot{\gamma}$ . It follows from Gauss' structure equation (1.3) that

$$\frac{d^2}{ds^2} J_V = -A_{H(\dot{\gamma}, \dot{\gamma})} J_V + 2H(\dot{\gamma}, \nabla_{\dot{\gamma}} J_V) + (DH)(\dot{\gamma}, \dot{\gamma}, J_V).$$

Thus, by Lemma 3.1,

$$\infty > \left\| \frac{d^2}{ds^2} J_V \right\| \geq \|A_{H(\dot{\gamma}, \dot{\gamma})} J_V\| = \|A_{H(\dot{\gamma}, \dot{\gamma})} V^*\| \|J_V\|.$$

Using Lemma 3.2, we obtain

$$\lim_{s \rightarrow +\infty} \|A_{H(\dot{\gamma}, \dot{\gamma})} V^*\| = 0.$$

Since

$$\begin{aligned} |\langle H(\dot{\gamma}, \dot{\gamma}), H(V^*, V^*) \rangle| &= |\langle A_{H(\dot{\gamma}, \dot{\gamma})} V^*, V^* \rangle| \\ &\leq \|A_{H(\dot{\gamma}, \dot{\gamma})} V^*\|, \end{aligned}$$

we conclude (3.3).

The helical imbedding  $f$  is  $\lambda_1$ -constant isotropic, and hence

$$\langle H(\dot{\gamma}, \dot{\gamma}), H(V^*, V^*) \rangle + 2\|H(\dot{\gamma}, V^*)\|^2 = \lambda_1^2$$

because of (1.6). Applying (3.2) and (3.3) to this equation, we obtain  $\lambda_1 = 0$  which shows that  $f$  is totally geodesic.  $\square$

We can say that a connected complete Riemannian manifold does not admit a helical immersion into a Euclidean space such that the order is odd and greater than three.

**4. Helical imbeddings of even order.** As before, let  $f: M \rightarrow E^m$  be a helical imbedding of order  $d$ . The main purpose of this section is to prove that  $d$  is even if and only if  $M$  is compact. In the preceding section, we have shown the if part. Thus we assume that  $d$  is even and  $M$  is a connected complete noncompact Riemannian manifold. So  $M$  has no conjugate points and every geodesic in  $M$  is a minimizing one in virtue of Theorem 2.4.

**LEMMA 4.1.** *There exists a divergent sequence  $\{s_k\}_{k=1}^\infty$  such that*

$$\lim_{k \rightarrow \infty} f_i(s_k) = 0 \quad \text{for } i = 1, 2, \dots, d.$$

*Proof.* Let  $\gamma$  be a unit speed geodesic in  $M$  and  $x = \gamma(0)$ . Put  $x_k = \gamma(k)$  ( $k \in \mathbb{Z}_+$ ). Since  $G$  is bounded (Lemma 3.1), we see from (2.2) that  $f(x_k)$  is bounded. Therefore a subsequence  $\{f(y_k)\}$  of  $\{f(x_k)\}$  converges. Put  $t_k = \delta(y_k, x)$ . Then

$$\lim_{k \rightarrow \infty} G(t_k - t_{k-1}) = \lim_{k \rightarrow \infty} \|f(y_k) - f(y_{k-1})\|^2 = 0.$$

Define a sequence  $\{u_k\}$  by  $u_k = t_k - t_{k-1}$  ( $\geq 1$ ) for every  $k \in \mathbb{Z}_+$ . If  $\{u_k\}$  is bounded, then a subsequence  $\{u'_k\}$  of  $\{u_k\}$  converges. For this subsequence  $\{u'_k\}$  we have

$$G(\lim_{k \rightarrow \infty} u'_k) = \lim_{k \rightarrow \infty} G(u'_k) = 0, \quad \lim_{k \rightarrow \infty} u'_k \neq 0,$$

which contradicts the assumption that  $f$  is an imbedding. Thus the sequence  $\{u_k\}$  has a subsequence  $\{s_k\}$  which diverges and satisfies  $\lim_{k \rightarrow \infty} G(s_k) = 0$ . Noting that  $G = \sum_{i=1}^d f_i^2$ , we obtain the assertion.  $\square$

Let  $\gamma$  be a unit speed geodesic in  $M$  such that  $\gamma(0) = x$  and  $\dot{\gamma}(0) = X$ . Since  $M$  has no conjugate points, Jacobi fields  $\{J_V: J_V(0) = 0, \nabla_X J_V = V \in \{X\}^\perp\}$  along  $\gamma$  span the subspace  $\{\dot{\gamma}(s)\}^\perp$  of  $T_{\gamma(s)}M$  at each point  $\gamma(s)$  ( $s \neq 0$ ). Let  $J_V^*$  be the Jacobi field along  $\gamma$  satisfying  $J_V^*(0) = V \in \{X\}^\perp$  and  $\nabla_X J_V^* = 0$ . There exists a symmetric transformation  $S_X(s)$  acting on  $\{X\}^\perp$  such that  $J_V^*(s) = J_{S_X(s)V}(s)$  for each  $s \in \mathbb{R} - \{0\}$ . Clearly  $S_X(s)$  is smooth with respect to  $s$ . The Jacobi field  $J_V^*$  is induced from a variation of geodesics  $(s, \theta) \rightarrow \exp_{\beta(\theta)} sX^*(\theta)$ , where  $\beta(\theta)$  is a curve in  $M$  which satisfies  $\beta(0) = x$  and  $\dot{\beta}(0) = V$  and where  $X^*(\theta)$  is the parallel vector field along  $\beta$  such that  $X^*(0) = X$ . Making use of (1.1), (1.2), and Lemma 2.2, we have

$$(4.1) \quad J_V^*(s) \equiv V - A_{\xi(s; X)} V - A_{\zeta(s; X)} V$$

mod  $N_x M$  (cf. [15, Theorem 2.1]). It follows from (2.3) and (4.1) that



$$(4.2) \quad S_X(s) = \frac{1}{f_1(s)} \{I - A_{\xi(s; X)} - A_{\zeta(s; X)}\}$$

for each  $s \in \mathbf{R} - \{0\}$ , where we note that  $A_{\xi(s; X)}$  and  $A_{\zeta(s; X)}$  leave  $\{X\}^\perp$  invariant (cf. [13, Lemma 3.3, p. 68]). Let  $g_s$  denote the Riemannian metric induced on the unit tangent sphere  $U_x M$  by the map  $U_x M \rightarrow$  (geodesic sphere with center  $x$  and radius  $s$ ) sending  $V$  to  $\exp_x sV$ . By using the same argument as in the proof of [14, Proposition 2.3, p. 200] or [16, Lemma 3.3], we have the following.

LEMMA 4.2. *The derivative  $S'_X(s)$  of  $S_X(s)$  satisfies*

$$g_s(S'_X(s)V, W) = -\langle V, W \rangle$$

for every  $V, W \in \{X\}^\perp$  and  $s \in \mathbf{R}_+$ .

The following is a key lemma.

LEMMA 4.3. *There exists a (unique)  $u_0 \in \mathbf{R}_+$  such that  $\langle S_X(u_0)V, V \rangle = 0$  for each  $X \in U_x M$  and  $V (\neq 0) \in \{X\}^\perp$ .*

*Proof.* Consider a function  $s \in \mathbf{R}_+ \mapsto \langle S_X(s)V, V \rangle$ . This function is monotone decreasing because of Lemma 4.2. Furthermore, we have  $\xi(0; X) = \zeta(0; X) = 0$  and  $\lim_{s \rightarrow +0} f_1(s) = +0$  since  $f_1'(0) = 1$ . Thus we see that

$$\lim_{s \rightarrow +0} \langle S_X(s)V, V \rangle = +\infty.$$

On the other hand, we know from Lemma 4.1 that

$$\lim_{k \rightarrow +\infty} f_1(s_k) = 0 \quad \text{and} \quad \lim_{k \rightarrow +\infty} \xi(s_k; X) = \lim_{k \rightarrow +\infty} \zeta(s_k; X) = 0$$

for some divergent sequence  $\{s_k\}$ . Since  $\langle S_X(s)V, V \rangle$  is monotone decreasing, (4.2) shows that

$$\lim_{s \rightarrow +\infty} \langle S_X(s)V, V \rangle = -\infty.$$

Thus we have proved that there exists a unique  $u_0 \in \mathbf{R}_+$  such that  $\langle S_X(u_0)V, V \rangle = 0$ .  $\square$

REMARK. We can explain Lemma 4.3 geometrically as follows. Let  $\beta$  be a unit speed geodesic such that  $\beta(0) = x$  and  $\dot{\beta}(0) = V \in U_x M \cap \{X\}^\perp$ . Consider Jacobi field  $J = J_V^* - J_{S_X(u_0)V}$  along  $\gamma$ , where  $u_0$  is taken as in Lemma 4.3. This Jacobi field satisfies  $J(u_0) = 0$ ,  $J(0) = V$ , and  $\nabla_X J = -S_X(u_0)V$ . Since  $\langle S_X(u_0)V, V \rangle = 0$ , we have  $\nabla_X J \in \{V\}^\perp$ . Therefore  $\gamma(u_0)$  is a focal point of  $\beta$  along  $\gamma$ . Conversely if  $\gamma(u_0)$  is a focal point of  $\beta$  along  $\gamma$ , then there is a Jacobi field  $J$  such that  $J(0) = V$ ,  $J(u_0) = 0$ , and  $\nabla_X J \in \{V\}^\perp$ . Let  $J = J_V^* + J_W$ , where  $W = \nabla_X J$ . Since  $J(u_0) = 0$ , we obtain  $f_1(u_0)\{S_X(u_0)V + W\} = 0$ . Thus if  $f_1(u_0) \neq 0$  then  $W = -S_X(u_0)V$ , and hence  $\langle S_X(u_0)V, V \rangle = 0$ .

By using Lemma 4.3, we show (cf. [5]) the following.

THEOREM 4.4. *Let  $f: M \rightarrow E^m$  be a helical imbedding of a connected complete Riemannian manifold  $M$  into a Euclidean space  $E^m$ . If the order of  $f$  is even, then  $M$  must be compact (and hence a Blaschke manifold).*

*Proof.* Assume that  $M$  is noncompact. Let  $\gamma, X \in U_x M$  and  $V \in \{X\}^\perp$  ( $V \neq 0$ ) as before. By Lemma 4.3, there exist  $u_0, u_1 \in \mathbf{R}_+$  such that  $\langle S_X(u_0)V, V \rangle = \langle S_{-X}(u_1)V, V \rangle = 0$ . Consider a broken Jacobi field

$$\mathcal{J}(s) = \begin{cases} J_V^* - J_{S_X(u_0)}V & \text{if } 0 \leq s \leq u_0, \\ J_V^* - J_{S_X(-u_1)}V & \text{if } -u_1 \leq s \leq 0, \end{cases}$$

along  $\gamma$ . The Jacobi field  $\mathcal{J}$  satisfies  $\mathcal{J}(0) = V$ ,  $\mathcal{J}(u_0) = \mathcal{J}(-u_1) = 0$ ,  $\mathcal{J}'_+(0) = -S_X(u_0)V$ , and  $\mathcal{J}'_-(0) = -S_X(-u_1)V$ , where  $\mathcal{J}'_+$  (resp.  $\mathcal{J}'_-$ ) denotes the right (resp. left) limit of the covariant derivatives of  $\mathcal{J}$  with respect to  $\dot{\gamma}$ . Let  $I$  be the index form defined on all piecewise smooth vector fields along  $\gamma$  which vanish at  $\gamma(u_0)$  and  $\gamma(-u_1)$ . Since there is no conjugate point of  $\gamma(-u_1)$  along  $\gamma$ , the index form is positive definite (cf. [2]). However, we have

$$\begin{aligned} I(\mathcal{J}, \mathcal{J}) &= \langle -S_X(-u_1)V + S_X(u_0)V, V \rangle \\ &= \langle S_{-X}(u_1)V, V \rangle \\ &= 0, \end{aligned}$$

which is a contradiction.  $\square$

In [13], the author showed that if  $f: M \rightarrow S(1)$  is a helical immersion of a connected complete Riemannian manifold  $M$  into a unit sphere  $S(1)$ , then  $\iota \circ f: M \rightarrow E$  is a helical immersion of even order, where  $\iota: S(1) \rightarrow E$  is the inclusion. We therefore have the following.

**COROLLARY 4.5.** *Every connected complete noncompact Riemannian manifold does not admit a helical immersion into a sphere.*

Moreover, we obtain the following from Theorems 3.3 and 4.4.

**COROLLARY 4.6.** *Let  $M$  be a connected complete submanifold with geodesic normal sections in  $E^m$ . If  $M$  is noncompact, then it is a totally geodesic submanifold.*

Now we explain helical immersions into a sphere which were given by Tsukada [18]. Let  $M$  be a compact rank one symmetric space. Let  $V_k$  be the  $k$ th eigenspace of the Laplace operator on  $M$  and let  $\dim V_k = m(k) + 1$ . We define an inner product  $\langle \cdot, \cdot \rangle$  on  $V_k$  by  $\langle \phi, \psi \rangle = \int_M \phi \psi \, dx$ , where  $dx$  denotes the canonical measure of  $M$ . Taking an orthonormal base  $\{\phi_0, \dots, \phi_{m(k)}\}$  in  $V_k$ , we define a map  $\Phi_k: M \rightarrow E^{m(k)+1}$  via  $\Phi_k(x) = (\phi_0(x), \dots, \phi_{m(k)}(x))$ . Then, under a suitable homothety on  $M$ ,  $\Phi_k$  becomes an isometric immersion. Furthermore, it is verified that  $\Phi_k(M)$  is contained in a hypersphere  $S^{m(k)}$  in  $E^{m(k)+1}$  and that  $\Phi_k: M \rightarrow S^{m(k)}$  is minimal and helical. The isometric immersion  $\Phi_k$  is called the  $k$ th *standard minimal immersion* into  $S^{m(k)}$  (cf. [1], [20]). Tsukada defined a helical immersion  $\Phi_{k_1, \dots, k_r}$  of  $M$  into  $S^{m(k_1) + \dots + m(k_r) + r - 1}$  by

$$\begin{aligned} \Phi_{k_1, \dots, k_r}(x) &= (c_1 \Phi_{k_1}(x), \dots, c_r \Phi_{k_r}(x)) \\ &\in \mathbf{R}^{m(k_1) + \dots + m(k_r) + r}, \quad c_1, \dots, c_r > 0. \end{aligned}$$

In Corollary 3.5 ([18, p. 281]) he showed the following.

**THEOREM T.** *Let  $f: M \rightarrow S$  be a helical immersion of a compact rank one symmetric space into a sphere. Assume that  $f$  is full. Then there exist nonnegative integers  $k_1, \dots, k_r$  such that  $f$  is equivalent to  $\Phi_{k_1, \dots, k_r}$ , where  $k_1, \dots, k_r$  are distinct and may contain zero (when  $k = 0$ ,  $\Phi_k$  is considered as a nonzero constant map).*

We shall apply Theorem T to a helical imbedding  $f: M \rightarrow E^m$  of a compact Riemannian manifold  $M$  whose dimension is two or odd.

**THEOREM 4.7.** *Let  $f: M \rightarrow E^m$  be a helical imbedding. Suppose that  $M$  is compact and that  $\dim M = 2$  or odd integer. Then  $M$  is isometric to a sphere or real projective space and  $f$  is equivalent to  $\iota \circ \Phi_{k_1, \dots, k_r}$ , where  $k_1, \dots, k_r$  are certain nonnegative integers and  $\iota: S \rightarrow E^m$  is the inclusion map.*

*Proof.* By Theorem 2.4 and Berger's theorem [1, p. 236], we see that  $M$  is isometric to a sphere or real projective space (see also Theorem 7.23 [1, p. 186]). Thus we have only to prove that  $f$  is a helical immersion into a hypersphere  $S$  of  $E^m$ . Let  $C_f$  be the centroid of  $f$ :

$$C_f = \frac{1}{\text{vol}(M)} \int_M f \, dx,$$

which will become the center of  $S$ . Put  $r^2(x) = \|f(x) - C_f\|^2$  for  $x \in M$ . In order to prove that  $r^2$  is constant, we compute  $V \cdot r^2$  for any  $V \in T_x M$ . We have

$$\begin{aligned} \frac{1}{2} V \cdot r^2 &= \langle V, f(x) - C_f \rangle \\ &= \frac{1}{\text{vol}(M)} \left\langle V, \int_M (f(x) - f(y)) \, dy \right\rangle \\ &= \frac{1}{\text{vol}(M)} \int_M \langle V, f(x) - f(y) \rangle \, dy. \end{aligned}$$

Let  $L$ ,  $dX$ , and  $\theta(s, X)$  be (respectively) the diameter of  $M$ , the canonical measure on  $U_x M$ , and the value of  $\sqrt{\det g_s}$  at  $X \in U_x M$ . Then we obtain

$$(4.3) \quad \frac{1}{2} \text{vol}(M) V \cdot r^2 = - \int_0^L \int_{U_x M} f_1(s) \langle V, X \rangle \theta(s, X) \, ds \, dX,$$

where we have used Lemma 2.2. Since  $M$  is isometric to a sphere or real projective space,  $\theta(s, X)$  is independent of  $X \in U_x M$ . Thus the right-hand side of (4.3) vanishes. We have proved that  $V \cdot r^2 = 0$  for every  $V \in T_x M$ , and hence  $r^2$  is constant.  $\square$

**COROLLARY 4.8.** *Let  $M$  be a compact submanifold with geodesic normal sections in  $E^m$ . If  $\dim = 2$  or odd, then we have the same conclusion for the inclusion map  $M \rightarrow E^m$  as Theorem 4.7.*

Corollaries 4.6 and 4.8 generalize results obtained in [3], [4], and [19] (see, e.g., [19, Corollary 3]).

**REMARK.** Chen and Verheyen conjectured that each submanifold with geodesic normal sections in  $E^m$  is an open part of an  $n$ -plane of  $E^m$  or is contained in

a hypersphere of  $E^m$ . Perhaps  $C_f$  will be the center of such sphere. For instance, if  $M$  is a D'Atri space (i.e.,  $\theta(s, X) = \theta(s, -X)$ ), then the right-hand side of (4.3) vanishes. However, it seems difficult to show that if  $f: M \rightarrow E^m$  is a helical immersion then  $M$  is a D'Atri space.

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