# LARGE DEVIATIONS FOR INTERSECTION LOCAL TIMES IN CRITICAL DIMENSION 

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Let $\left(X_{t}, t \geq 0\right)$ be a continuous time simple random walk on $\mathbb{Z}^{d}(d \geq 3)$, and let $l_{T}(x)$ be the time spent by $\left(X_{t}, t \geq 0\right)$ on the site $x$ up to time $T$. We prove a large deviations principle for the $q$-fold self-intersection local time $I_{T}=\sum_{x \in \mathbb{Z}^{d}} l_{T}(x)^{q}$ in the critical case $q=\frac{d}{d-2}$. When $q$ is integer, we obtain similar results for the intersection local times of $q$ independent simple random walks.

## 1. Introduction.

Position of the problem. Let $\left(X_{t}, t \geq 0\right)$ be a continuous time simple random walk on $\mathbb{Z}^{d}$, whose generator is denoted by $\Delta$ [where $\Delta f(x) \triangleq \sum_{y \sim x}(f(y)-$ $f(x))]$. Let

$$
l_{T}(x)=\int_{0}^{T} \delta_{x}\left(X_{s}\right) d s
$$

The quantity of interest in this paper is the so called $q$-fold self-intersection local time

$$
I_{T}=\sum_{x \in \mathbb{Z}^{d}} l_{T}(x)^{q}
$$

When $q$ is integer, then

$$
I_{T}=q!\int_{0 \leq s_{1} \leq \cdots \leq s_{q} \leq T} \delta_{X_{s_{1}}=X_{s_{2}}=\cdots=X_{s_{q}}} d s_{1} \cdots d s_{q},
$$

which measures the amount of time the random walk spends on sites visited at least $q$-times. Quantities measuring how much a random walk does intersect itself, such as the range of the random walk, or the self-intersection local time, appear in many models in physics. Far from being exhaustive, we can cite the Polaron problem (see, for instance, $[18,30]$ ), models of polymers (see, for instance, [8, 38-40]), or models of diffusion in random environments [3, 4, 7, 11, 12, 24, 25]. Partly motivated by the understanding of these models, many studies have been devoted to such quantities for more than twenty years. To describe the known

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TABLE 1
Typical behavior of $I_{T}$ for $q=2$

| $\boldsymbol{d}$ | Order of $\boldsymbol{E}\left(\boldsymbol{I}_{\boldsymbol{T}}\right)$ | Convergence in law | References |
| :--- | :---: | :---: | :---: |
| $d=1$ | $T^{3 / 2}$ | $\frac{I_{T}}{T^{3} / 2} \xrightarrow{(d)} \gamma_{1}$ | $[9,10,13,33]$ |
| $d=2$ | $T \log (T)$ | $\frac{I_{T}-E\left(I_{T}\right)}{T} \xrightarrow{(d)} \underline{\gamma}_{1}$ | $[19,27,28,34,37]$ |
| $d \geq 3$ | $T$ | $\frac{I_{T}-E\left(I_{T}\right)}{\sqrt{\operatorname{var}\left(I_{T}\right)} \xrightarrow{(d)} \mathcal{N}(0,1),}$ | $[14,21,22]$ |
|  |  | $\operatorname{var}\left(I_{T}\right) \sim \begin{cases}\sigma(3) T \log (T), & \text { si } d=3, \\ \sigma(d) T, & \text { si } d \geq 4,\end{cases}$ |  |

results, we focus on $I_{T}$ in the case $q=2$, where the literature is more complete, and we refer the reader to the monograph [15] in preparation for a very complete exposition of the subject, including results on the range, or intersection local times of independent random walks.

Regarding the typical behavior of $I_{T}$ for large $T$, the results depend of course on the dimension $d$, and of the transience/recurrence of the random walk. They are summarized in Table 1, where $\gamma_{1}$ and $\underline{\gamma}_{1}$ are, respectively, the intersection local time and renormalized intersection local time of the Brownian motion up to time 1, and $\sigma(d)$ is a constant depending on the dimension $d$ :

Once we know the typical behavior, on can ask for untypical ones, that is, for the large and moderate deviations for $I_{T}$. In many models, such as the Polaron problem or polymers models, this is actually the question of interest. The table below is an attempt to summarize the results for $q=2$, achieved in recent years concerning this problem.

In Table 2, $\kappa_{c}(2, d)$ is the best constant $c$ in the Gagliardo-Nirenberg inequality:

$$
\forall d \leq 3, \exists c \in] 0, \infty\left[\text {, s.t. } \forall f: \mathbb{R}^{d} \mapsto \mathbb{R}, \quad\|f\|_{4} \leq c\|f\|_{2}^{1-d / 4}\|\nabla f\|_{2}^{d / 4},\right.
$$

TABLE 2
Large and moderate deviations results for $I_{T}$ for $q=2$

| $\boldsymbol{d}$ | $\boldsymbol{P}\left[\boldsymbol{I}_{\boldsymbol{T}}-\boldsymbol{E}\left(\boldsymbol{I}_{\boldsymbol{T}}\right) \geq \boldsymbol{b}_{\boldsymbol{T}}^{\mathbf{2}}\right]$ | Value of $\boldsymbol{b}_{\boldsymbol{T}}$ | References |
| :--- | :---: | :---: | :---: |
| $d \leq 2$ | $\exp \left(-\frac{2}{\kappa_{c}(2, d)^{8 / d}} T^{(d-4) / d} b_{T}^{4 / d}\right)$ | $T^{2-d / 2} \ll b_{T}^{2} \ll T^{2}$ | $[5,6,13,29,30]$ |
| $d=3$ | $\exp \left(-\frac{b_{T}^{4}}{2 \sigma(3) T \log (T)}\right)$ | $\sqrt{T \log (T)} \ll b_{T}^{2} \ll \sqrt{T \log (T)^{3 / 2}}$ | $[15]$ |
|  | $\exp \left(-\frac{2}{\kappa_{c}(2, d)^{8 / d}} T^{(d-4) / d} b_{T}^{4 / d}\right)$ | $\sqrt{T \log (T)^{3 / 2}} \ll b_{T}^{2} \ll T^{2}$ | $[1,15]$ |
| $d=4$ | $\exp \left(-\frac{b_{T}^{4}}{2 \sigma(4) T}\right)$ | $\sqrt{T} \ll b_{T}^{2} \leq \sqrt{T \log \log T}$ | $[23]$ |
| $d \geq 5$ | $\exp \left(-\frac{b_{T}^{4}}{2 \sigma(d) T}\right)$ | $\sqrt{T} \ll b_{T}^{2} \leq \sqrt{T \log \log T}$ | $[223]$ |
|  | $\exp \left(-c(d) b_{T}\right)$ | $T \leq b_{T}^{2} \ll T^{2}$ | $[2,4]$ |

while $c(d)$ is an explicit constant related to discrete variational inequalities.
So the picture is now almost complete, except for the dimensions $d \geq 4$. Note the coexistence of two different regimes in dimensions $d=3$ and $d \geq 5$. The first one is an extension of the central limit theorem describing the typical behavior, the second one corresponds to the same pattern than in dimension $d \leq 2$. To understand it, we give some heuristics in the general case for $q$, where we want to control $P\left[I_{T}-E\left(I_{T}\right) \geq b_{T}^{q}\right]$. For $I_{T}$ to be atypically high, one possible strategy for the random walk is to remain during a time $\tau \leq T$, in a box of size $R$. If $\tau \gg R^{2}$, this event has a probability of order $\exp \left(-\tau / R^{2}\right)$. If $\tau \gg R^{d}$, one can expect that on the box of size $R$, the local time $l_{\tau}(x)$ is now of order $\tau / R^{d}$, so that $I_{T}$ has increased of an amount of order $\tau^{q} / R^{d(q-1)}=b_{T}^{q}$. Hence, $\tau=b_{T} R^{d / q^{\prime}}$ where $q^{\prime}$ is the conjugate exponent of $q$. Therefore, this strategy has a probability of order $\exp \left(-b_{T} R^{d / q^{\prime}-2}\right)$. The best choice for $R$ is now the choice that maximizes $\exp \left(-b_{T} R^{d / q^{\prime}-2}\right)$, under the constraint $T \geq \tau \gg R^{\max (2, d)}$.

- If $d<2 q^{\prime}$ or equivalently $q<\frac{d}{(d-2)_{+}}$, the bigger is $R$, the bigger is $\exp \left(-b_{T} \times\right.$ $R^{d / q^{\prime}-2}$ ), so that the best strategy for the random walk to make $I_{T}$ of order $b_{T}^{q}$, is to remain all the time $T$ in a ball of radius of order $\left(T / b_{T}\right)^{q^{\prime} / d}$, leading to the result of Table 2 for $d \leq 2$ and the second regime in $d=3$.
- If $d>2 q^{\prime}$, the smaller is $R$, the bigger is $\exp \left(-b_{T} R^{d / q^{\prime}-2}\right)$, so that the best strategy for the random walk to make $I_{T}$ of order $b_{T}^{q}$, is now to remain during a time $\tau$ of order $b_{T}$ in a ball of radius $R$ of order 1 , leading to the second regime of Table 2 in $d \geq 5$.
- The case $d=2 q^{\prime}$ is critical. In that case $\exp \left(-b_{T} R^{d / q^{\prime}-2}\right)$ does not depend on $R$, so that whatever the order of $R, 1 \leq R \ll \sqrt{T / b_{T}}$, the strategy consisting to remain a time $\tau=b_{T} R^{2}$ in a ball of size $R$ has a probability of order $\exp \left(-b_{T}\right)$. The critical feature of $d=2 q^{\prime}$ is also reflected in the fact that the Gagliardo-Nirenberg inequality appearing in the results for $d<2 q^{\prime}$, is now replaced by the Sobolev inequality. For these reasons, there is no result concerning the large and moderate deviations of $I_{T}$ for $d=2 q^{\prime}$.

Main results. This paper is a contribution to the large and very large deviations for $I_{T}$ in the critical case $d=2 q^{\prime}$. By large deviations, we mean deviations of the order of the mean $E\left(I_{T}\right)$, and by very large, we mean deviations of order much larger than the order of the mean. When $q$ is an integer (i.e., when $d=3$ and $q=3$, or when $d=4$ and $q=2$ ), we obtain also similar results for the mutual intersection $Q_{T}$ of $q$ independent random walks ( $X_{t}^{(i)} ; t \geq 0,1 \leq i \leq q$ ), defined by:

$$
Q_{T}=\sum_{x \in \mathbb{Z}^{d}} \prod_{i=1}^{q} l_{T}^{(i)}(x)=\int_{0 \leq s_{1}, \ldots, s_{q} \leq T} \delta_{X_{s_{1}}^{(1)}=X_{s_{2}}^{(2)}=\cdots=X_{s_{q}}^{(q)}} d s_{1} \cdots d s_{q}
$$

where $l_{T}^{(i)}(x)=\int_{0}^{T} \delta_{x}\left(X_{s}^{(i)}\right) d s$. To state our main results, we introduce some notation. For any function $f: \mathbb{Z}^{d} \mapsto \mathbb{R},\|f\|_{p}$ is the $l_{p}$ norm of $f\left[\|f\|_{p}^{p}=\right.$
$\left.\sum_{x \in \mathbb{Z}^{d}}|f|^{p}(x)\right]$, and $\nabla f$ is the discrete gradient of $f$ [for all $j \in\{1, \ldots, d\}$, for all $\left.x \in \mathbb{Z}^{d}, \nabla_{j} f(x)=f\left(x+e_{j}\right)-f(x)\right]$.

Proposition 1. For $d \geq 3$, let $\left.C_{S}(d) \in\right] 0 ;+\infty[$ be the best constant in the discrete Sobolev's inequality

$$
\forall f \in l^{2 d /(d-2)}\left(\mathbb{Z}^{d}\right) \quad\|f\|_{2 d /(d-2)} \leq C_{S}(d)\|\nabla f\|_{2}
$$

1. Exponential moments for $I_{T}$.

Let $d \geq 3$, and let $q=\frac{d}{d-2}$.

$$
\begin{equation*}
\text { If } T^{1 / q} \ll b_{T}, \forall \theta \in\left[0 ; \frac{1}{C_{S}^{2}(d)}\left[\quad \limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right]=0\right.\right. \tag{1}
\end{equation*}
$$

$$
\begin{equation*}
\text { If } b_{T} \ll T, \forall \theta>\frac{1}{C_{S}^{2}(d)} \quad \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right]=+\infty \tag{2}
\end{equation*}
$$

2. Exponential moments for $Q_{T}$.

Assume that $d=4$ and $q=2$, or $d=3$ and $q=3$.
(3) If $T^{1 / q} \ll b_{T}, \forall \theta \in\left[0 ; \frac{q}{C_{S}^{2}(d)}\left[\quad \limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]=0\right.\right.$.
(4) If $b_{T} \ll T, \forall \theta>\frac{q}{C_{S}^{2}(d)} \quad \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]=+\infty$.

From Proposition 1, it is straightforward to obtain very large deviations upper bounds for $I_{T}$ and $Q_{T}$. However, due to the degenerate form of the log-Laplace of $I_{T}^{1 / q}$, the corresponding lower bounds are not a direct consequence of Proposition 1 . These lower bounds are actually the main statement of the following theorem.

THEOREM 2 (Very large deviations).

1. Very large deviations for $I_{T}$.

Assume that $d \geq 3, q=\frac{d}{d-2}$, and $T \gg b_{T} \gg T^{1 / q}$.

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[I_{T} \geq b_{T}^{q}\right]=-\frac{1}{C_{S}^{2}(d)} \tag{5}
\end{equation*}
$$

2. Very large deviations for $Q_{T}$.

Assume that $d=4$ and $q=2$, or $d=3$ and $q=3$, and that $T \gg b_{T} \gg T^{1 / q}$.

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[Q_{T} \geq b_{T}^{q}\right]=-\frac{q}{C_{S}^{2}(d)} \tag{6}
\end{equation*}
$$

Concerning the large deviations, our result is less precise since the lower and upper bounds are different. To state it, we recall that for $d \geq 3$ and $q>1$, $\lim _{T \rightarrow \infty} \frac{1}{T} E\left[I_{T}\right]$ exists in $\mathbb{R}^{+}$[when $q$ is integer, this limit is equal to $q!G_{d}(0)^{q-1}$, where $G_{d}$ is the Green kernel of the simple random walk on $\left.\mathbb{Z}^{d}\right]$.

THEOREM 3 (Large deviations for $I_{T}$ ). Assume that $d \geq 3, q=\frac{d}{d-2}$. There exists a constant $c(d)>0$ such that $\forall y>c(d)$

$$
\begin{align*}
-\frac{y^{1 / q}}{C_{S}^{2}(d)} & \leq \liminf _{T \rightarrow \infty} \frac{1}{T^{1 / q}} \log P\left[I_{T} \geq T y\right] \\
& \leq \limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} \log P\left[I_{T} \geq T y\right]=-\frac{1}{c(d)} y^{1 / q} \tag{7}
\end{align*}
$$

REMARK 1. Unfortunately, our proof does not allow to obtain the result for all $y>\lim _{T \rightarrow \infty} \frac{E\left(I_{T}\right)}{T}$.

REMARK 2. As in Theorem 2, we could obtain similar results for $Q_{T}$. However, such a result would not correspond to a large deviations result for $Q_{T}$, since $E\left(Q_{T}\right)$ is of order $\log (T)$ for $d \geq 3$ and $q=d /(d-2)$. Concerning $Q_{T}$, we should also mention that papers [31] and [35] give moderate deviations estimates $P\left[Q_{T}-E\left(Q_{T}\right) \geq \log (T) b_{T}\right]$ for scales $b_{T}$ up to $\log \log \log (T)$.

Sketch of the proof. The proof of the lower bounds is easy and relies heavily on the large deviations results for $\frac{l_{T}}{T}$ proved by Donsker and Varadhan. Namely, let $\mathcal{F}=\left\{\mu: \mathbb{Z}^{d} \mapsto \mathbb{R}^{+} ; \sum_{x \in \mathbb{Z}^{d}} \mu(x)=1\right\} . \mathcal{F}$ is endowed with the weak topology of probability measures. By the results of Donsker and Varadhan [17], $l_{T} / T$ satisfy a restricted large deviations principle in $\mathcal{F}$ (by "restricted," it is meant that the large deviations upper bound is only true for compact sets), with rate function $\mathcal{I}(\mu)=\|\nabla \sqrt{\mu}\|_{2}^{2}$. Now, for any $M$ satisfying $M b_{T} \leq T, \frac{I_{T}}{b_{T}^{q}} \geq \frac{I_{M b_{T}}}{b_{T}^{q}}=M^{q}\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q}$. Moreover, the function $\mu \in \mathcal{F} \mapsto\|\mu\|_{q}=$ $\sup \left\{\sum_{x} \mu(x) f(x) ; f\right.$ compactly supported, $\left.\|f\|_{q^{\prime}}=1\right\}$ is lower semicontinuous in weak topology. The large deviations lower bound for $\frac{l_{M b_{T}}}{M b_{T}}$ [with the change of variable $\mu(x)=g^{2}(x)$ ], leads therefore to

$$
\begin{align*}
& \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[I_{T}>b_{T}^{q}\right]  \tag{8}\\
& \quad \geq-M \inf \left\{\|\nabla g\|_{2}^{2} ; g \text { such that }\|g\|_{2}=1 \text { and }\|g\|_{2 q}^{2}>\frac{1}{M}\right\}
\end{align*}
$$

for all $M<\liminf \frac{T}{b_{T}}$. For $b_{T} \ll T$, all the values of $M$ are allowed, and taking the supremum in $M$ in (8) leads to the lower bound in (5). Actually, this argument remains valid for any scale $b_{T}$ such that $1 \ll b_{T} \ll T$ (see Proposition 11).

For the very large deviations upper bound for $I_{T}$, the results of Donsker and Varadhan are not sufficient, since on one hand, the large deviations upper bound for $l_{T} / T$ is only true for compact sets of $\mathcal{F}$, and on the other hand, the function $\mu \in \mathcal{F} \mapsto\|\mu\|_{q}$ is not continuous. We present now the main ingredients of the proof of the upper bound (1). First of all, it is easy to see that $I_{T} \leq I_{T}(R)$, the intersection local time of the random walk folded on the torus of radius $R$. Now, the main tool in the proof is the mysterious Dynkin isomorphism theorem, according to which the law of the local times of a symmetric recurrent Markov process stopped at an independent exponential time, is related to the law of the square of a Gaussian process whose covariance function is the Green kernel of the stopped Markov process. This allows us to control the exponential moments of $I_{T}^{1 / q}$, with the exponential moments of $N_{T}(R)=\frac{1}{2}\left(\sum_{x \in \mathbb{T}_{R}} Z_{x}^{2 q}\right)^{1 / q}=\frac{1}{2}\|Z\|_{2 q, R}^{2}$ where:

- $\mathbb{T}_{R}$ is the torus of radius $R$;
- $\left(Z_{x}, x \in \mathbb{T}_{R}\right)$ is a centered Gaussian process whose covariance function is given by $G_{R, \lambda}(x, y)$, the Green kernel of the simple random walk on $\mathbb{T}_{R}$, stopped at an independent exponential time with parameter $\lambda \sim b_{T} / T$, (Lemmas 4, 5 and 6);
- $\|\cdot\|_{2 q, R}$ denotes the norm in $l^{2 q}\left(\mathbb{T}_{R}\right)$.

We can now rely on concentration inequalities for norms of Gaussian processes. Let $M_{R, T}$ denote the median of $\|Z\|_{2 q, R}$. For small $\alpha$,

$$
\exp \left[\frac{\theta}{2}\|Z\|_{2 q, R}^{2}\right] \leq \exp \left[\frac{\theta(1+\alpha)}{2}\left(\|Z\|_{2 q, R}-M_{R, T}\right)^{2}\right] \exp \left[\frac{\theta(1+\alpha)}{2 \alpha} M_{R, T}^{2}\right]
$$

By concentration inequalities, the tail behavior of $\|Z\|_{2 q, R}-M_{R, T}$ is that of a centered Gaussian variable with variance

$$
\rho=\sup \left\{\left\langle f, G_{R, \lambda} f\right\rangle ;\|f\|_{(2 q)^{\prime}, R}=1\right\} .
$$

Therefore, for $\theta<\frac{1}{(1+\alpha) \rho}$,

$$
\exp \left[\frac{\theta(1+\alpha)}{2}\left(\|Z\|_{2 q, R}-M R, T\right)^{2}\right] \leq \frac{1}{\sqrt{1-\theta(1+\alpha) \rho}}
$$

Besides, one can prove that $M_{R, T}$ is of order $R^{d /(2 q)}$ as soon as $\lambda R^{d} \gg 1$, and that $\rho \sim \frac{1}{C_{S}^{2}(d)}$ if $\lambda R^{2} \gg 1$. We therefore obtain the result in (1), if $R$ is chosen so that $b_{T} \gg R^{d / q}$ and $\lambda R^{2} \sim \frac{b_{T}}{T} R^{2} \gg 1$. The best choice for $R$ is now to take $R^{d / q}=T / R^{2}$, i.e., $R=T^{1 / d}$ since $q=\frac{d}{d-2}$, leading to $b_{T} \gg T^{1 / q}$.

An open question. The large, very large and moderate deviations for $I_{T}$ and $Q_{T}$ in the subcritical case (i.e., $d \leq 2$, or $d=3$ and $q<\frac{d}{d-2}$ ) are linked to Gagliardo-Nirenberg inequality in a continuous setting (i.e., for functions $f$ from $\mathbb{R}^{d}$ to $\mathbb{R}$ ), while the same problem in supercritical case $d \geq 3$ and $q>\frac{d}{d-2}$, is linked to functional inequality in a discrete setting. One can therefore think that in
the critical case $q=\frac{d}{d-2}$, the moderate deviations of $I_{T}-E\left[I_{T}\right]$ are at least up to some scale, related to the Sobolev inequality in a continuous setting. However, since the best constants in the discrete and continuous Sobolev inequality are the same, this would not change the statement. Therefore, we do believe that in the critical case $d=2 q^{\prime}$, there are only two regimes of deviations from the mean:

$$
P\left[I_{T}-E\left(I_{T}\right) \geq b_{T}^{q}\right] \asymp \begin{cases}\exp \left(-\frac{b_{T}^{2 q}}{2 \sigma(d) T}\right), & \text { for } \sqrt{T} \ll b_{T}^{q} \ll T^{q /(2 q-1)} \\ \exp \left(-\frac{1}{C_{S}^{2}(d)} b_{T}\right), & \text { for } T^{q /(2 q-1)} \ll b_{T}^{q} \ll T^{q}\end{cases}
$$

We do not know how to prove this result. Actually, the same question is also open in the supercritical case (with $\frac{1}{C_{S}^{2}(d)}$ replaced by the constant $c(d)$ given in [2]).

The paper is organized as follows. Section 2 is devoted to the proof of exponential moments lower bounds (2) and (4). In Section 3, we prove the exponential moments upper bounds (1) and (3). In Section 4, we give the proof of the large and very large deviations lower bounds. With Proposition 1, this ends the proof of Theorem 2. Finally, Section 5 is devoted to the proof of the upper bound in (7), which ends the proof of Theorem 3.
2. Exponential moments lower bound. This section is devoted to the proof of the lower bounds (2) and (4) in Proposition 1.

Lower bound for $I_{T}$. Fix $M>0$. Since $b_{T} \ll T$, for $T$ sufficiently large [ $T \geq$ $\left.T_{0}(M)\right] M b_{T} \leq T$, and $I_{T} \geq I_{M b_{T}}$. For any $f$ such that $\|f\|_{q^{\prime}}=1$,

$$
\begin{equation*}
E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \geq E\left[\exp \left(\theta I_{M b_{T}}^{1 / q}\right)\right] \geq E\left[\exp \left(\theta \sum_{x} f(x) l_{M b_{T}}(x)\right)\right] \tag{9}
\end{equation*}
$$

It is a standard result that the occupation measure of $X$ satisfies a weak large deviations principle in $\mathcal{F}$, in $\tau$-topology (i.e., the topology defined by duality with bounded measurable functions), with rate function $\mathcal{J}(\mu)=\|\nabla \sqrt{\mu}\|^{2}$ (see, for instance, Theorem 5.3.10, page 210 in [16]). Since $f$ is bounded by 1 as soon as $\|f\|_{q^{\prime}}=1$, the function $\mu \in \mathcal{F} \mapsto \sum_{x \in \mathbb{Z}^{d}} f(x) \mu(x)$ is continuous in $\tau$-topology and the large deviations lower bound for $\frac{1}{M b_{T}} \int_{0}^{M b_{T}} \delta_{X_{s}} d s$ (written with the change of variable $g=\sqrt{\mu})$ yields: $\forall \theta \geq 0, \forall M>0, \forall f \in l_{q^{\prime}}\left(\mathbb{Z}^{d}\right)$ such that $\|f\|_{q^{\prime}}=1$,

$$
\begin{equation*}
\liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \geq M \sup _{g,\|g\|_{2}=1}\left\{\theta \sum_{x} f(x) g^{2}(x)-\|\nabla g\|_{2}^{2}\right\} . \tag{10}
\end{equation*}
$$

Assume now that $\theta>\frac{1}{C_{S}^{2}(d)}=\inf \frac{\|\nabla f\|_{2}^{2}}{\|f\|_{2 q}^{2}}$ for $q=\frac{d}{d-2}$. Since the infimum can be reduced to the infimum over compactly supported functions $f$, we can find $g_{0}$ with compact support in $\mathbb{Z}^{d}$, such that $\theta>\frac{\left\|\nabla g_{0}\right\|_{2}^{2}}{\left\|g_{0}\right\|_{2 q}^{2}}$. Dividing $g_{0}$ by its $l_{2}$-norm if
necessary, we can moreover assume that $\left\|g_{0}\right\|_{2}=1$. We now take $f=\frac{g_{0}^{2(q-1)}}{\left\|g_{0}\right\|_{2 q}^{2(q-1)}}$ (note that $\|f\|_{q^{\prime}}=1$ ), $g=g_{0}$ in (10). $\forall M>0$,

$$
\begin{aligned}
\liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] & \geq M\left(\theta \sum_{x} f(x) g^{2}(x)-\|\nabla g\|_{2}^{2}\right) \\
& =M\left(\theta \frac{\sum_{x} g_{0}^{2 q}(x)}{\left\|g_{0}\right\|_{2 q}^{2(q-1)}}-\left\|\nabla g_{0}\right\|_{2}^{2}\right) \\
& =M\left(\theta\left\|g_{0}\right\|_{2 q}^{2}-\left\|\nabla g_{0}\right\|_{2}^{2}\right)
\end{aligned}
$$

But $\theta\left\|g_{0}\right\|_{2 q}^{2}-\left\|\nabla g_{0}\right\|_{2}^{2}>0$, so that (2) is proved by sending $M$ to infinity.
Lower bound for $Q_{T}$. Fix $M>0$. Since $b_{T} \ll T$, for $T$ sufficiently large $[T \geq$ $\left.T_{0}(M)\right] M b_{T} \leq T$, and $Q_{T} \geq Q_{M b_{T}} . \forall \theta \geq 0$, and $\forall m \in \mathbb{N}$,

$$
\begin{aligned}
E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right] & \geq E\left[\exp \left(\theta Q_{M b_{T}}^{1 / q}\right)\right] \\
& \geq \frac{\theta^{q m}}{(q m)!} E\left[Q_{M b_{T}}^{m}\right] \\
& =\frac{\theta^{q m}}{(q m)!} \sum_{x_{1}, \ldots, x_{m}} E\left[\prod_{j=1}^{q} \prod_{i=1}^{m} l_{M b_{T}}^{(j)}\left(x_{i}\right)\right] \\
& =\frac{\theta^{q m}}{(q m)!} \sum_{x_{1}, \ldots, x_{m}} E\left[\prod_{i=1}^{m} l_{M b_{T}}\left(x_{i}\right)\right]^{q} \\
& \geq \frac{\theta^{q m}}{(q m)!}\left[\sum_{x_{1}, \ldots, x_{m}} f\left(x_{1}\right) \cdots f\left(x_{m}\right) E\left[\prod_{i=1}^{m} l_{M b_{T}}\left(x_{i}\right)\right]\right]^{q}
\end{aligned}
$$

for any $f \in l_{q^{\prime}}\left(\mathbb{Z}^{d}\right)$, such that $\|f\|_{q^{\prime}}=1$. Therefore, $\forall \theta \geq 0$, and $\forall m \in \mathbb{N}$,

$$
\begin{equation*}
E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]^{1 / q} \geq \frac{\theta^{m}}{((q m)!)^{1 / q}} E\left[\left(\sum_{x} f(x) l_{M b_{T}}(x)\right)^{m}\right] \tag{11}
\end{equation*}
$$

It follows from Stirling's formula that there exists $C>0$ such that $\forall m \in \mathbb{N}$, $\frac{1}{((q m)!)^{1 / q}} \geq C \frac{1}{q^{m} m!}$. Hence, $\forall \theta \geq 0$, and $\forall m \in \mathbb{N}$,

$$
\begin{equation*}
E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]^{1 / q} \geq C \frac{1}{m!} E\left[\left(\frac{\theta}{q} \int_{0}^{M b_{T}} f\left(X_{s}\right) d s\right)^{m}\right] \tag{12}
\end{equation*}
$$

Summing over $m$, we have thus proved that for $T \geq T_{0}(M), \forall \theta \geq 0, \forall f \in l_{q^{\prime}}\left(\mathbb{Z}^{d}\right)$ such that $\|f\|_{q^{\prime}}=1$,

$$
E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]^{1 / q} \geq C E\left[\exp \left(\frac{\theta}{q} \int_{0}^{M b_{T}} f\left(X_{s}\right) d s\right)\right]
$$

At this point, the proof is the same as the proof of the lower bound for $I_{T}$.
3. Exponential moments upper bounds. In this section, we obtain an upper bound for the exponential moments of $I_{T}^{1 / q}$ and $Q_{T}^{1 / q}$.

Step 1. Comparison with the SILT of the random walk on the torus, stopped at an exponential time.

LEMMA 4. Let $\alpha>0$, and let $\tau$ be an exponential random variable with $p a-$ rameter $\lambda=\alpha \frac{b_{T}}{T}$, independent of the random walk $\left(X_{s}, s \geq 0\right)$. Let $R \in \mathbb{N}^{*}$, and let us denote by $X_{s}^{(R)}=X_{s} \bmod (R)$ the simple random walk on $\mathbb{T}_{R}$, the d-dimensional discrete torus of radius $R$. Finally, let $l_{\tau}^{(R)}(x)=\int_{0}^{\tau} \delta_{x}\left(X_{s}^{(R)}\right) d s$, and $I_{R, \tau}=\sum_{x \in \mathbb{T}_{R}}\left(l_{\tau}^{(R)}(x)\right)^{q}$. Then, $\forall \theta>0, \forall \alpha>0, \forall R>0, \forall T>0$,

$$
\begin{equation*}
E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \leq e^{\alpha b_{T}} E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right] \tag{13}
\end{equation*}
$$

Proof.

$$
\begin{aligned}
I_{T} & =\sum_{x \in \mathbb{Z}^{d}} l_{T}^{q}(x)=\sum_{x \in \mathbb{T}_{R}} \sum_{k \in \mathbb{Z}^{d}} l_{T}^{q}(x+k R) \\
& \leq \sum_{x \in \mathbb{T}_{R}}\left(\sum_{k \in \mathbb{Z}^{d}} l_{T}(x+k R)\right)^{q}=\sum_{x \in \mathbb{T}_{R}} l_{R, T}^{q}(x)=I_{R, T} .
\end{aligned}
$$

Therefore,

$$
\begin{aligned}
E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \exp \left(-\alpha b_{T}\right) & \leq E\left[\exp \left(\theta I_{R, T}^{1 / q}\right)\right] P[\tau \geq T] \\
& \leq E\left[\exp \left(\theta I_{R, T}^{1 / q}\right) \mathbb{1}_{\tau \geq T}\right] \\
& \leq E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right]
\end{aligned}
$$

where the first inequality comes from the choice of $\lambda=\alpha \frac{b_{T}}{T}$, and the second one from independence of $\tau$ and $X$.

Step 2. The Eisenbaum isomorphism theorem. There are various versions of isomorphism theorems in the spirit of the Dynkin isomorphism theorem. We use here the following version due to Eisenbaum [20] (see also Corollary 8.1.2, page 364 in [32]).

THEOREM 5 (Eisenbaum). Let $\alpha$ and $\tau$ be as in Lemma 4. Let us define for all $x, y \in \mathbb{T}_{R}, G_{R, \lambda}(x, y)=E_{x}\left[\int_{0}^{\tau} \delta_{y}\left(X_{s}^{(R)}\right) d s\right]$. Let $\left(Z_{x}, x \in \mathbb{T}_{R}\right)$ be a centered Gaussian process with covariance matrix $G_{R, \lambda}$, independent of $\tau$ and of the random walk $\left(X_{s}, s \geq 0\right)$. For $s \neq 0$, consider the process $S_{x}:=l_{\tau}^{(R)}(x)+\frac{1}{2}\left(Z_{x}+s\right)^{2}$. Then, for all measurable and bounded function $F: \mathbb{R}^{\mathbb{T}_{R}} \mapsto \mathbb{R}$,

$$
\begin{equation*}
E\left[F\left(\left(S_{x} ; x \in \mathbb{T}_{R}\right)\right)\right]=E\left[F\left(\left(\frac{1}{2}\left(Z_{x}+s\right)^{2} ; x \in \mathbb{T}_{R}\right)\right)\left(1+\frac{Z_{0}}{s}\right)\right] \tag{14}
\end{equation*}
$$

Step 3. Comparison between exponential moments of $I_{T}$ and exponential moments for $\sum_{x} Z_{x}^{2 q}$.

Theorem 5 allows one to control exponential moments of $I_{R, \tau}^{1 / q}$ by exponential moments of $\left(\sum_{x \in \mathbb{T}_{R}} Z_{x}^{2 q}\right)^{1 / q}$.

Lemma 6. For any $\alpha>0$ and $R>0$, let $\tau$ and $\left(Z_{x}, x \in \mathbb{T}_{R}\right)$ be defined as in Lemma 5. $\forall \alpha>0, \forall \theta>0, \forall \gamma>\theta, \forall \varepsilon \in] 0 ; \min \left(1, \sqrt{\frac{\gamma}{\theta}-1}\right)[, \forall R>0, \forall T>0$, there exists a constant $C(\varepsilon) \in] 0 ; \infty[$ depending only on $\varepsilon$, such that

$$
\begin{align*}
& E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right] \\
& \leq 1+  \tag{15}\\
& \quad C(\varepsilon) \frac{\theta}{\gamma-\theta(1+\varepsilon)^{2}}\left(1+\frac{\sqrt{T} R^{d / 2 q}}{\sqrt{\alpha} b_{T}}\right) \\
& \quad \times \frac{E\left[\exp \left(\gamma / 2\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq 2 \sqrt{2 b_{T} \varepsilon}\right]} \exp \left(\gamma \varepsilon^{2} b_{T}\right),
\end{align*}
$$

where $\|\cdot\|_{p, R}$ is the $l_{p}$ norm of functions on $\mathbb{T}_{R}$.

Proof. By independence of $\left(Z_{x}, x \in \mathbb{T}_{R}\right)$ and $\left(X_{s}, s \geq 0\right), \forall s \neq 0, \forall y>0$, $\forall \varepsilon>0$,

$$
\begin{align*}
& P\left[\sum_{x \in \mathbb{T}_{R}} \frac{\left(Z_{x}+s\right)^{2 q}}{2^{q}} \geq b_{T}^{q} \varepsilon^{q}\right] P\left[I_{R, \tau} \geq b_{T}^{q} y^{q}\right] \\
& \quad=P\left[\sum_{x \in \mathbb{T}_{R}} \frac{\left(Z_{x}+s\right)^{2 q}}{2^{q}} \geq b_{T}^{q} \varepsilon^{q} ; \sum_{x \in \mathbb{T}_{R}}\left(l_{\tau}^{(R)}(x)\right)^{q} \geq b_{T}^{q} y^{q}\right]  \tag{16}\\
& \quad \leq P\left[\sum_{x \in \mathbb{T}_{R}} S_{x}^{q} \geq b_{T}^{q}\left(y^{q}+\varepsilon^{q}\right)\right] \\
& \quad=E\left[\left(1+\frac{Z_{0}}{s}\right) \mathbb{1}_{\sum_{x \in \mathbb{T}_{R}}\left(Z_{x}+s\right)^{2 q} / 2^{q} \geq b_{T}^{q}\left(y^{q}+\varepsilon^{q}\right)}\right] \quad \text { by Theorem } 5 .
\end{align*}
$$

Hence, using Markov inequality,

$$
\begin{align*}
E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right]=1+ & \int_{0}^{\infty} \theta b_{T} e^{\theta b_{T} y} P\left[I_{R, \tau} \geq b_{T}^{q} y^{q}\right] d y \\
\leq 1+ & \frac{E\left[\left(1+Z_{0} / s\right) \exp \left(\gamma / 2\|Z+s \mathbb{1}\|_{2 q, R}^{2}\right)\right]}{P\left[\|Z+s \mathbb{1}\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}\right]}  \tag{17}\\
& \times \int_{0}^{\infty} \theta b_{T} e^{\theta b_{T} y} e^{-b_{T} \gamma\left(y^{q}+\varepsilon^{q}\right)^{1 / q}} d y .
\end{align*}
$$

Now, $\forall \varepsilon>0, \forall \theta>0, \forall \gamma>\theta, \forall T>0$,

$$
\begin{equation*}
\int_{0}^{\infty} \theta b_{T} e^{\theta b_{T} y} e^{-b_{T} \gamma\left(y^{q}+\varepsilon^{q}\right)^{1 / q}} d y \leq \int_{0}^{\infty} \theta b_{T} e^{\theta b_{T} y} e^{-b_{T} \gamma y} d y=\frac{\theta}{\gamma-\theta} \tag{18}
\end{equation*}
$$

Regarding the denominator in (17),

$$
\begin{align*}
P\left[\|Z+s \mathbb{1}\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}\right] & \geq P\left[\|Z\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}+\|s \mathbb{1}\|_{2 q, R}\right]  \tag{19}\\
& =P\left[\|Z\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}+|s| R^{d / 2 q}\right] . \tag{20}
\end{align*}
$$

On the other hand, $\forall \varepsilon>0$,
$\|Z+s \mathbb{1}\|_{2 q, R}^{2} \leq\left(\|Z\|_{2 q, R}+\|s \mathbb{1}\|_{2 q, R}\right)^{2} \leq\|Z\|_{2 q, R}^{2}(1+\varepsilon)+\left(1+\frac{1}{\varepsilon}\right)\|s \mathbb{\mathbb { 1 }}\|_{2 q, R}^{2}$, so that

$$
\begin{align*}
& E\left[\left(1+\frac{Z_{0}}{s}\right) \exp \left(\frac{\gamma}{2}\|Z+s \mathbb{1}\|_{2 q, R}^{2}\right)\right] \\
& \leq E\left[\left(1+\frac{Z_{0}}{s}\right) \exp \left(\frac{\gamma}{2}(1+\varepsilon)\|Z\|_{2 q, R}^{2}\right)\right] \exp \left(\frac{\gamma}{2} \frac{1+\varepsilon}{\varepsilon} s^{2} R^{d / q}\right)  \tag{21}\\
& \leq E\left[\left|1+\frac{Z_{0}}{s}\right|^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)} E\left[\exp \left(\frac{\gamma}{2}(1+\varepsilon)^{2}\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)} \\
& \times \exp \left(\frac{\gamma}{2} \frac{1+\varepsilon}{\varepsilon} s^{2} R^{d / q}\right)
\end{align*}
$$

$Z_{0}$ being a centered Gaussian variable with variance $G_{R, \lambda}(0,0) \leq E(\tau)=1 / \lambda$, for all $\varepsilon>0$, there exists a constant $C(\varepsilon)$ depending only on $\varepsilon$ such that

$$
\begin{equation*}
E\left[\left|1+\frac{Z_{0}}{s}\right|^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)} \leq C(\varepsilon)\left(1+\sqrt{\frac{T}{\alpha b_{T}}} \frac{1}{s}\right) \tag{22}
\end{equation*}
$$

Putting (17), (18), (20), (21) and (22) together, we have thus proved that $\forall \theta>0$, $\forall \gamma>\theta, \forall \varepsilon>0, \forall R>0, \forall T>0, \forall s \neq 0$,

$$
\begin{align*}
& E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right] \\
& \leq 1+ \\
& \quad C(\varepsilon) \frac{\theta}{\gamma-\theta}\left(1+\sqrt{\frac{T}{\alpha b_{T}}} \frac{1}{s}\right)  \tag{23}\\
& \\
& \times \frac{E\left[\exp \left(\gamma(1+\varepsilon)^{2} / 2\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}+|s| R^{d / 2 q}\right]} \\
& \\
& \quad \times \exp \left(\frac{\gamma}{2} \frac{1+\varepsilon}{\varepsilon} s^{2} R^{d / q}\right) .
\end{align*}
$$

Choose $s=\sqrt{2 b_{T}} \varepsilon^{3 / 2} R^{-d / 2 q}$ in (23). $\forall \theta>0, \forall \gamma>\theta, \forall \varepsilon>0, \forall R>0, \forall T>0$,

$$
\begin{align*}
& E\left[\exp \left(\theta I_{R, \tau}^{1 / q}\right)\right] \\
& \leq 1+  \tag{24}\\
& \quad C(\varepsilon) \frac{\theta}{\gamma-\theta}\left(1+\frac{\sqrt{T} R^{d / 2 q}}{\sqrt{\alpha} b_{T} \varepsilon^{3 / 2}}\right) \\
& \quad \times \frac{E\left[\exp \left(\gamma(1+\varepsilon)^{2} / 2\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq \sqrt{2 b_{T} \varepsilon}(1+\varepsilon)\right]} \exp \left(\gamma \varepsilon^{2}(1+\varepsilon) b_{T}\right)
\end{align*}
$$

(15) is now obtained by the change of variable $\gamma \rightsquigarrow \gamma /(1+\varepsilon)^{2}$.

Step 4. Large deviations for $\|Z\|_{2 q, R}$.
Lemma 7. For any $\alpha>0$ and $R>0$, let $\tau$ and $\left(Z_{x}, x \in \mathbb{T}_{R}\right)$ be defined as in Lemma 5. Let $\rho_{1}(\alpha, R, T):=\inf \left\{\sum_{x, y \in \mathbb{T}_{R}} f_{x} G_{R, \lambda}^{-1}(x, y) f_{y} ; f\right.$ such that $\left.\sum_{x \in \mathbb{T}_{R}} f_{x}^{2 q}=1\right\}$.

1. $\forall \alpha>0, \forall R>0, \forall T>0, \alpha \frac{b_{T}}{T} \leq \rho_{1}(\alpha, R, T) \leq 2 d+\alpha \frac{b_{T}}{T}$.
2. $\forall \alpha>0, \forall \varepsilon>0, \forall R>0, \forall T>0$,

$$
\begin{equation*}
P\left[\|Z\|_{2 q, R} \geq \sqrt{b_{T} \varepsilon}\right] \geq \frac{1-1 /\left(b_{T} \varepsilon \rho_{1}(\alpha, R, T)\right)}{\sqrt{2 \pi b_{T} \varepsilon \rho_{1}(\alpha, R, T)}} \exp \left(-\frac{b_{T} \varepsilon \rho_{1}(\alpha, R, T)}{2}\right) \tag{25}
\end{equation*}
$$

3. $\exists C(q)$ such that $\forall \alpha>0, \forall R>0, \forall T>0, \forall \gamma<\rho_{1}(\alpha, R, T), \forall \varepsilon>0$ such that $\gamma(1+\varepsilon)<\rho_{1}(\alpha, R, T)$,

$$
\begin{align*}
E\left[\exp \left(\frac{\gamma}{2}\|Z\|_{2 q, R}^{2}\right)\right] \leq & \frac{2}{\sqrt{1-\gamma(1+\varepsilon) /\left(\rho_{1}(\alpha, R, T)\right)}} \\
& \times \exp \left(C(q) \gamma \frac{1+\varepsilon}{\varepsilon} R^{d / q} G_{R, \lambda}(0,0)\right) \tag{26}
\end{align*}
$$

Proof. 1. Since $G_{R, \lambda}=(\lambda \operatorname{Id}-\triangle)^{-1}$,

$$
\rho_{1}(\alpha, R, T)=\inf \left\{\lambda\|f\|_{2, R}^{2}-(f, \Delta f) ; f \text { such that }\|f\|_{2 q, R}=1\right\}
$$

Taking $f=\delta_{0}$, we obtain that $\rho_{1}(\alpha, R, T) \leq \lambda+2 d=\alpha \frac{b_{T}}{T}+2 d$. For the lower bound, note that if $\|f\|_{2 q, R}=1$, for all $x \in \mathbb{T}_{R},\left|f_{x}\right| \leq 1$, so that $\|f\|_{2, R}^{2} \geq$ $\sum_{x \in \mathbb{T}_{R}} f_{x}^{2 q}=1$. Therefore, $\rho_{1}(\alpha, R, T) \geq \lambda$.
2. For all $\left(f_{x}, x \in \mathbb{T}_{R}\right)$, such that $\sum_{x}\left|f_{x}\right|^{2 q /(2 q-1)}=1$,

$$
P\left[\|Z\|_{2 q, R} \geq \sqrt{b_{T} \varepsilon}\right] \geq P\left[\sum_{x \in \mathbb{T}_{R}} f_{x} Z_{x} \geq \sqrt{b_{T} \varepsilon}\right]
$$

$\sum_{x \in \mathbb{T}_{R}} f_{x} Z_{x}$ is a real centered Gaussian variable, with variance

$$
\sigma_{\alpha, R, T}^{2}(f)=\sum_{x, y \in \mathbb{T}_{R}} G_{R, \lambda}(x, y) f_{x} f_{y}
$$

Therefore, for all $\left(f_{x}, x \in \mathbb{T}_{R}\right)$, such that $\sum_{x}\left|f_{x}\right|^{2 q /(2 q-1)}=1$,

$$
\begin{aligned}
P\left[\|Z\|_{2 q, R} \geq \sqrt{b_{T} \varepsilon}\right] & \geq \frac{\sigma_{\alpha, R, T}(f)}{\sqrt{2 \pi} \sqrt{b_{T} \varepsilon}}\left(1-\frac{\sigma_{\alpha, R, T}^{2}(f)}{b_{T} \varepsilon}\right) \exp \left(-\frac{b_{T} \varepsilon}{2 \sigma_{\alpha, R, T}^{2}(f)}\right) \\
& \geq \frac{\sigma_{\alpha, R, T}(f)}{\sqrt{2 \pi} \sqrt{b_{T} \varepsilon}}\left(1-\frac{\rho_{2}(\alpha, R, T)}{b_{T} \varepsilon}\right) \exp \left(-\frac{b_{T} \varepsilon}{2 \sigma_{\alpha, R, T}^{2}(f)}\right)
\end{aligned}
$$

where $\rho_{2}(\alpha, R, T):=\sup \left\{\sigma_{\alpha, R, T}^{2}(f) ; f\right.$ such that $\left.\sum_{x \in \mathbb{T}_{R}}\left|f_{x}\right|^{2 q /(2 q-1)}=1\right\}$.
Take the supremum over $f$, to obtain $\forall \alpha>0, \forall R>0, \forall T>0$,

$$
\begin{align*}
P\left[\|Z\|_{2 q, R} \geq \sqrt{b_{T} \varepsilon}\right] \geq & \frac{\sqrt{\rho_{2}(\alpha, R, T)}}{\sqrt{2 \pi b_{T} \varepsilon}}\left(1-\frac{\rho_{2}(\alpha, R, T)}{b_{T} \varepsilon}\right) \\
& \times \exp \left(-\frac{b_{T} \varepsilon}{2 \rho_{2}(\alpha, R, T)}\right) \tag{27}
\end{align*}
$$

We are now going to prove that $\forall \alpha>0, \forall R>0, \forall T>0$,

$$
\begin{equation*}
\rho_{2}(\alpha, R, T)=\frac{1}{\rho_{1}(\alpha, R, T)} \tag{28}
\end{equation*}
$$

Indeed,

$$
\begin{aligned}
\left(G_{R, \lambda} h, h\right) & =\left(G_{R, \lambda} h, G_{R, \lambda}^{-1} G_{R, \lambda} h\right) \geq \rho_{1}(\alpha, R, T)\left\|G_{R, \lambda} h\right\|_{2 q, R}^{2} \\
& \geq \rho_{1}(\alpha, R, T) \frac{\left(G_{R, \lambda} h, h\right)^{2}}{\|h\|_{2 q /(2 q-1), R}^{2}}
\end{aligned}
$$

where the first inequality follows from the definition of $\rho_{1}(\alpha, R, T)$, and the second one from Hölder's inequality. Therefore, for all $h,\left(G_{R, \lambda} h, h\right) \leq$ $\frac{1}{\rho_{1}(\alpha, R, T)}\|h\|_{2 q /(2 q-1), R}^{2}$. Taking the supremum over $h$ yields $\rho_{2}(\alpha, R, T) \leq$ $\frac{1}{\rho_{1}(\alpha, R, T)}$. For the opposite inequality, take $f_{0}$ achieving the infimum in the definition of $\rho_{1}(\alpha, R, T)$. Applying the Lagrange multipliers method, it is easy to see that $f_{0}$ satisfies the equation $G_{R, \lambda}^{-1} f_{0}=\rho_{1}(\alpha, R, T) f_{0}^{2 q-1}$. Hence, $\left\|G_{R, \lambda}^{-1} f_{0}\right\|_{2 q /(2 q-1), R}=\rho_{1}(\alpha, R, T)\left\|f_{0}^{2 q-1}\right\|_{2 q /(2 q-1), R}=\rho_{1}(\alpha, R$, $T)\left\|f_{0}\right\|_{2 q, R}^{2 q-1}=\rho_{1}(\alpha, R, T)$. Moreover, $\left(G_{R, \lambda}^{-1} f_{0}, f_{0}\right)=\rho_{1}(\alpha, R, T)$ and

$$
\rho_{2}(\alpha, R, T) \geq \frac{\left(G_{R, \lambda}^{-1} f_{0}, G_{R, \lambda} G_{R, \lambda}^{-1} f_{0}\right)}{\left\|G_{R, \lambda}^{-1} f_{0}\right\|_{2 q /(2 q-1), R}^{2}} \geq \frac{\rho_{1}(\alpha, R, T)}{\rho_{1}(\alpha, R, T)^{2}}=\frac{1}{\rho_{1}(\alpha, R, T)},
$$

which ends the proof of (28) and of (25).
3. Let $M_{R, T}$ denote the median of $\|Z\|_{2 q, R}$. For $\gamma<\rho_{1}(\alpha, R, T)$, and $\varepsilon>0$ such that $\gamma(1+\varepsilon)<\rho_{1}(\alpha, R, T)$,

$$
\begin{aligned}
E\left[\exp \left(\frac{\gamma}{2}\|Z\|_{2 q, R}^{2}\right)\right] \leq & E\left[\exp \left(\frac{\gamma(1+\varepsilon)}{2}\left(\|Z\|_{2 q, R}-M_{R, T}\right)^{2}\right)\right] \\
& \times \exp \left(\frac{\gamma}{2} \frac{1+\varepsilon}{\varepsilon} M_{R, T}^{2}\right)
\end{aligned}
$$

But $M_{R, T}=\operatorname{median}\left(\left(\sum_{x} Z_{x}^{2 q}\right)^{1 / 2 q}\right)=\left(\operatorname{median}\left(\sum_{x} Z_{x}^{2 q}\right)\right)^{1 / 2 q}$. Moreover, it is easy to see that for any positive r.v. $X$, median $(X) \leq 2 E(X)$. Hence, using the fact that $Z_{x}$ is a centered Gaussian variable with variance $G_{R, \lambda}(0,0)$,

$$
M_{R, T}^{2} \leq 2^{1 / q} E\left[\sum_{x \in \mathbb{T}_{R}} Z_{x}^{2 q}\right]^{1 / q}=2^{1 / q} R^{d / q} G_{R, \lambda}(0,0) E\left(V^{2 q}\right)^{1 / q}
$$

where $V \sim \mathcal{N}(0,1)$.
On the other hand,

$$
\begin{aligned}
& E\left[\exp \left(\frac{\gamma(1+\varepsilon)}{2}\left(\|Z\|_{2 q, R}-M_{R, T}\right)^{2}\right)\right] \\
& \quad \quad=1+\int_{0}^{\infty} \frac{\gamma(1+\varepsilon)}{2} e^{\gamma(1+\varepsilon) u / 2} P\left[\left|\|Z\|_{2 q, R}-M_{R, T}\right| \geq \sqrt{u}\right] d u
\end{aligned}
$$

We now use the concentration inequalities for norms of Gaussian processes (see, for instance, Lemma 3.1 in [26]): $\forall u>0$,

$$
P\left[\left|\|Z\|_{2 q, R}-M_{R, T}\right| \geq \sqrt{u}\right] \leq 2 P\left(V \geq \sqrt{\rho_{1}(\alpha, R, T) u}\right)
$$

Therefore, since $\gamma(1+\varepsilon)<\rho_{1}(\alpha, R, T)$,

$$
\begin{aligned}
& E\left[\exp \left(\frac{\gamma(1+\varepsilon)}{2}\left(\|Z\|_{2 q, R}-M_{R, T}\right)^{2}\right)\right] \\
& \quad \leq-1+2 E\left[\exp \left(\frac{\gamma(1+\varepsilon)}{2 \rho_{1}(\alpha, R, T)} V^{2}\right)\right] \\
& \quad=-1+\frac{2}{\sqrt{1-\gamma(1+\varepsilon) /\left(\rho_{1}(\alpha, R, T)\right)}} .
\end{aligned}
$$

Step 5. An upper bound for exponential moments of $I_{T}$ and $Q_{T}$.
Lemma 8. Assume that $\log (T) \ll b_{T} \leq T$, and that $R$ depends on $T$ in such $a$ way that $\forall \alpha>0, b_{T} \gg R^{d / q} G_{R, \lambda}(0,0)$. For all $\alpha>0$, set

$$
\begin{aligned}
\rho_{1}(\alpha) & =\liminf _{T \rightarrow \infty} \rho_{1}(\alpha, R, T) \\
& =\operatorname{liminfinf}_{T \rightarrow \infty}\left\{\alpha \frac{b_{T}}{T}\|f\|_{2, R}^{2}+\|\nabla f\|_{2, R}^{2} ; f \text { such that }\|f\|_{2 q, R}=1\right\} \\
\rho_{1} & =\limsup _{\alpha \rightarrow 0} \rho_{1}(\alpha) .
\end{aligned}
$$

1. For any $\theta \in\left[0, \rho_{1}\left[, \lim \sup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right]=0\right.\right.$.
2. For any $\theta \in\left[0, q \rho_{1}[\right.$,

$$
\limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]=0
$$

Proof. Point 2 is a straightforward consequence of 1 , since

$$
Q_{T}^{1 / q}=\left(\sum_{x} \prod_{i=1}^{q} l_{T}^{(i)}(x)\right)^{1 / q} \leq\left(\prod_{i=1}^{q}\left\|l_{T}^{(i)}\right\|_{q}\right)^{1 / q} \leq \frac{1}{q} \sum_{i=1}^{q}\left\|l_{T}^{(i)}\right\|_{q}
$$

where the last inequality comes from the concavity of the log function. Hence,

$$
E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right] \leq E\left[\exp \left(\frac{\theta}{q}\left\|l_{T}\right\|_{q}\right)\right]^{q}=E\left[\exp \left(\frac{\theta}{q} I_{T}^{1 / q}\right)\right]^{q}
$$

We thus focus on step 1 of Lemma 8. Let $\alpha>0$, and $\theta<\rho_{1}(\alpha)$ be fixed. Take $\gamma$ such that $\theta<\gamma<\rho_{1}(\alpha)$. Take then $\left.\varepsilon \in\right] 0 ; \min \left(\sqrt{\frac{\gamma}{\theta}-1}, 1\right)[$ such that

$$
\theta<\gamma<\gamma(1+2 \varepsilon)<\rho_{1}(\alpha)
$$

For $T$ sufficiently large $\left(T \geq T_{0}\right), \rho_{1}(\alpha, R, T) \geq \gamma(1+2 \varepsilon)$. Lemmas 4 and 6 lead to

$$
\begin{align*}
e^{-\alpha b_{T}} E\left[e^{\theta I_{T}^{1 / q}}\right] \leq 1+ & C(\varepsilon) \frac{\theta}{\gamma-\theta(1+\varepsilon)^{2}}\left(1+\frac{\sqrt{T} R^{d / 2 q}}{\sqrt{\alpha} b_{T}}\right) \\
& \times \frac{E\left[\exp \left(\gamma / 2\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq \sqrt{8 b_{T} \varepsilon}\right]} \exp \left(\gamma \varepsilon^{2} b_{T}\right) . \tag{29}
\end{align*}
$$

By Lemma 7, for $b_{T} \leq T$, and $T \geq T_{0}, \rho_{1}(\alpha, R, T) \geq \gamma(1+2 \varepsilon)$, and

$$
\begin{aligned}
& P\left[\|Z\|_{2 q, R} \geq \sqrt{8 b_{T} \varepsilon}\right] \\
& \quad \geq \frac{1}{\sqrt{16 \pi b_{T} \varepsilon(2 d+\alpha)}}\left(1-\frac{1}{8 b_{T} \varepsilon \rho_{1}(\alpha, R, T)}\right) \exp \left(-4 b_{T} \varepsilon(2 d+\alpha)\right) \\
& \quad \geq \frac{1}{\sqrt{16 \pi b_{T} \varepsilon(2 d+\alpha)}}\left(1-\frac{1}{8 b_{T} \varepsilon \gamma(1+2 \varepsilon)}\right) \exp \left(-4 b_{T} \varepsilon(2 d+\alpha)\right)
\end{aligned}
$$

Moreover, for $T \geq T_{0}$, (26) of Lemma 7 yields

$$
\begin{aligned}
& E\left[\exp \left(\frac{\gamma}{2}\|Z\|_{2 q, R}^{2}\right)\right]^{1 /(1+\varepsilon)} \\
& \quad \leq\left(2 \sqrt{\frac{1+2 \varepsilon}{\varepsilon}}\right)^{1 /(1+\varepsilon)} \exp \left(C(q) \frac{\gamma}{\varepsilon} R^{d / q} G_{R, \lambda}(0,0)\right)
\end{aligned}
$$

Therefore, for $R^{d / q} G_{R, \lambda}(0,0) \ll b_{T}$, and $b_{T} \gg \log (T)$,

$$
\limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \leq \alpha+4 \varepsilon(2 d+\alpha)+\gamma \varepsilon^{2} .
$$

Sending $\varepsilon$ to 0 , we thus obtain that $\forall \alpha>0, \forall \theta<\rho_{1}(\alpha)$,

$$
\begin{equation*}
\limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \leq \alpha . \tag{30}
\end{equation*}
$$

Take now $\theta<\rho_{1}=\lim \sup _{\alpha \rightarrow 0} \rho_{1}(\alpha)$. Let $\left(\alpha_{n}\right)$ be a sequence converging to 0 , such that $\lim _{n \rightarrow \infty} \rho_{1}\left(\alpha_{n}\right)=\rho_{1}$. For sufficiently large $n, \rho_{1}\left(\alpha_{n}\right)>\theta$, and by (30),

$$
\limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right] \leq \alpha_{n} .
$$

Point 1 is now proved by letting $n$ go to infinity.
Step 6. Study of $\rho_{1}$ and $G_{R, \lambda}(0,0)$.
By Lemma 8 and (2), we know that if $R$ is such that $b_{T} \gg R^{d / q} G_{R, \lambda}(0,0)$, then $\rho_{1} \leq \frac{1}{C_{S}^{2}(d)}$. It could however happen that $\rho_{1}=0$. It remains thus to determine the values of $R$ for which $\rho_{1}>0$, and to study the behavior of $G_{R, \lambda}(0,0)$.

Lemma 9 [Behavior of $\left.\rho_{1}(\alpha, R, T)\right] . \quad$ Let $d \geq 3$, and $q=\frac{d}{d-2}$. Let $\rho_{1}$ be defined as in Lemma 8.

1. Assume that $R$ depends on $T$ in such a way that $\forall \alpha>0, \lambda R^{2} \gg 1$. Then $\rho_{1} \geq$ $\frac{1}{C_{s}^{2}(d)}$.
2. Assume that $R$ depends on $T$ in such a way that $\left.\lim _{T \rightarrow \infty} \lambda R^{2}=l(\alpha) \in\right] 0$; $+\infty\left[\right.$. Then there exists a constant $C$ such that $\forall \alpha>0, \rho_{1}(\alpha)>C \min (1, l(\alpha))$.

Proof. Let $f_{0} \in l_{2 q}\left(\mathbb{T}_{R}\right)$ achieve the minimum in the definition of $\rho_{1}(\alpha$, $R, T) . f_{0}$ is viewed as a periodic function on $\mathbb{Z}^{d}$, and by definition

$$
\rho_{1}(\alpha, R, T)=\lambda\left\|f_{0}\right\|_{2, R}^{2}+\left\|\nabla f_{0}\right\|_{2, R}^{2} ; \quad\left\|f_{0}\right\|_{2 q, R}=1
$$

Let $0<r<R$, and define

$$
\mathcal{C}_{r, R}=\bigcup_{i=1}^{d}\left\{x \in \mathbb{Z}^{d} ; 0 \leq x_{i} \leq r \text { or } R-r \leq x_{i} \leq R\right\}
$$

Then one can find $a \in \mathbb{Z}^{d}$ such that $\sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x-a) \leq \frac{2 d r}{R}$. Indeed, on one hand,

$$
\begin{aligned}
\sum_{a \in[0, R]^{d}} \sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x-a) & =\sum_{x \in \mathcal{C}_{r, R}} \sum_{a \in[0, R]^{d}} f_{0}^{2 q}(x-a) \\
& =\sum_{x \in \mathcal{C}_{r, R}} \sum_{x \in \mathbb{T}_{R}} f_{0}^{2 q}(x)=\operatorname{card}\left(\mathcal{C}_{r, R}\right) \leq 2 d r R^{d-1}
\end{aligned}
$$

On the other hand,

$$
\sum_{a \in[0, R]^{d}} \sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x-a) \geq R^{d} \inf _{a \in[0 ; R]^{d}} \sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x-a)
$$

Set $f_{0, a}(x) \triangleq f_{0}(x-a) . f_{0, a}$ is a periodic function of period $R$. Note that $\left\|\nabla f_{0, a}\right\|_{2, R}=\left\|\nabla f_{0}\right\|_{2, R},\left\|f_{0, a}\right\|_{2 q, R}=\left\|f_{0}\right\|_{2 q, R}$, and that $\left\|f_{0, a}\right\|_{2, R}=\left\|f_{0}\right\|_{2, R}$. We can therefore assume without loss of generality, that $f_{0}$ achieving the minimum in the definition of $\rho_{1}(\alpha, R, T)$, satisfies also

$$
\sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x) \leq \frac{2 d r}{R}
$$

Let $\psi: \mathbb{Z}^{d} \mapsto[0,1]$ a truncature function satisfying

$$
\begin{cases}\psi(x)=0, & \text { if } x \notin[0 ; R]^{d} \\ \psi(x)=1, & \text { if } x \in[0 ; R]^{d} \backslash \mathcal{C}_{r, R} ; \\ \left|\nabla_{i} \psi(x)\right| \leq \frac{1}{r}, & \forall x \in \mathbb{Z}^{d}, \forall i \in\{1, \ldots, d\}\end{cases}
$$

Fix $\varepsilon>0$, and take $r=\frac{\varepsilon R}{2 d}$. By definition, for $q=\frac{d}{d-2}$,

$$
\frac{1}{C_{s}^{2}(d)} \leq \frac{\left\|\nabla\left(\psi f_{0}\right)\right\|_{2}^{2}}{\left\|\psi f_{0}\right\|_{2 q}^{2}}
$$

Regarding the denominator,

$$
\begin{equation*}
\left\|\psi f_{0}\right\|_{2 q}^{2 q} \geq \sum_{x \in[0 ; R]^{d}} f_{0}^{2 q}(x)-\sum_{x \in \mathcal{C}_{r, R}} f_{0}^{2 q}(x) \geq 1-\frac{2 d r}{R}=1-\varepsilon \tag{31}
\end{equation*}
$$

It remains to control $\left\|\nabla\left(\psi f_{0}\right)\right\|_{2}$,

$$
\begin{aligned}
\left\|\nabla\left(\psi f_{0}\right)\right\|_{2}^{2}= & \sum_{x \in[0 ; R]^{d}} \sum_{i=1}^{d}\left(\nabla_{i} \psi(x) f_{0}\left(x+e_{i}\right)+\psi(x) \nabla_{i} f_{0}(x)\right)^{2} \\
= & \sum_{x \in[0 ; R]^{d}} \sum_{i=1}^{d}\left(\nabla_{i} \psi(x)\right)^{2} f_{0}^{2}\left(x+e_{i}\right)+\psi^{2}(x)\left(\nabla_{i} f_{0}(x)\right)^{2} \\
& +2 \sum_{x \in[0 ; R]^{d}} \sum_{i=1}^{d} \nabla_{i} \psi(x) \psi(x) f_{0}\left(x+e_{i}\right) \nabla_{i} f_{0}(x) \\
\leq & \frac{d}{r^{2}}\left\|f_{0}\right\|_{2, R}^{2}+\left\|\nabla f_{0}\right\|_{2, R}^{2}+\frac{2 \sqrt{d}}{r}\left\|f_{0}\right\|_{2, R}\left\|\nabla f_{0}\right\|_{2, R} \\
\leq & \left\|\nabla f_{0}\right\|_{2, R}^{2}(1+\varepsilon)+\frac{d}{r^{2}}\left\|f_{0}\right\|_{2, R}^{2}(1+1 / \varepsilon) . \\
\leq & (1+\varepsilon) \max \left(1, \frac{d}{\lambda r^{2} \varepsilon}\right) \rho_{1}(\alpha, R, T) .
\end{aligned}
$$

It follows from (31) and (32) that $\forall \varepsilon \in] 0 ; 1[, \forall \alpha>0, \forall T>0$,

$$
\begin{equation*}
\frac{1}{C_{S}^{2}(d)} \leq \frac{1+\varepsilon}{(1-\varepsilon)^{1 / q}} \max \left(1, \frac{4 d^{3}}{\varepsilon^{3}} \frac{1}{\lambda R^{2}}\right) \rho_{1}(\alpha, R, T) \tag{33}
\end{equation*}
$$

Case 1. Since $R$ is such that $b_{T} \gg \frac{T}{R^{2}}, \forall \varepsilon>0, \forall \alpha>0, \rho_{1}(\alpha) \geq \frac{1}{C_{S}^{2}(d)} \frac{(1-\varepsilon)^{1 / q}}{1+\varepsilon}$. Hence, letting $\varepsilon$ go to $0, \forall \alpha>0, \rho_{1}(\alpha) \geq \frac{1}{C_{S}^{2}(d)}$, so that $\rho_{1} \geq \frac{1}{C_{S}^{2}(d)}$.

Case 2. Take $\varepsilon=1 / 2$ in (33), and let $l(\alpha)=\lim _{T \rightarrow \infty} \lambda R^{2}$. Then $\forall \alpha>0$,

$$
\rho_{1}(\alpha) \geq \frac{2^{1-1 / q}}{3} \frac{1}{C_{s}^{2}(d)} \min \left(1, \frac{l(\alpha)}{32 d^{3}}\right) \geq C \min (l(\alpha), 1) .
$$

Lemma 10 [Behavior of $G_{R, \lambda}(0,0)$ ]. Assume that $d \geq 3$, that $\lambda \ll 1$, and that $R$ depends on $T$ in such a way that $\lambda R^{d} \gg 1$. Then $\lim _{T \rightarrow \infty} G_{R, \lambda}(0,0)=$ $G_{d}(0,0)$, where $G_{d}(0,0)$ is the expected amount of time the simple random walk on $\mathbb{Z}^{d}$ spends on site 0 .

Proof. Let $p_{t}^{R}(x, y)$ be the transition probability of $X_{t}^{(R)}$. Then

$$
G_{R, \lambda}(0,0)=\int_{0}^{\infty} \exp (-\lambda t) p_{t}^{R}(0,0) d t
$$

It follows from Nash inequality (see, for instance, Theorems 2.3.1 and 3.3.15 in [36]) that there exists a constant $C(d)$ such that $\forall R>0, \forall t>0$,

$$
\left|p_{t}^{R}(0,0)-\frac{1}{R^{d}}\right| \leq \frac{C(d)}{t^{d / 2}}
$$

Therefore, $\forall S>0$,

$$
\begin{aligned}
& \int_{S}^{+\infty} \exp (-\lambda t) p_{t}^{R}(0,0) d t \\
& \leq \frac{1}{R^{d}} \int_{0}^{\infty} \exp (-\lambda t) d t+\int_{S}^{+\infty} \frac{C(d)}{t^{d / 2}} d t \\
& \quad \leq \frac{1}{\lambda R^{d}}+\frac{C(d)}{S^{d / 2-1}}
\end{aligned}
$$

Thus, when $\lambda R^{d} \gg 1$, and $S \gg 1$,

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \int_{S}^{+\infty} \exp (-\lambda t) p_{t}^{R}(0,0) d t=0 \tag{34}
\end{equation*}
$$

For the values of $t$ less than $S$,

$$
\begin{aligned}
p_{t}^{R}(0,0) & =P_{0}\left(X_{t}^{(R)}=0\right) \\
& \leq P_{0}\left[X_{t}^{(R)}=0 ; \sup _{s \leq S}\left\|X_{s}\right\| \leq \frac{R}{2}\right]+P_{0}\left[\sup _{s \leq S}\left\|X_{s}\right\| \geq \frac{R}{2}\right]
\end{aligned}
$$

$$
\begin{aligned}
& =P_{0}\left[X_{t}=0 ; \sup _{s \leq S}\left\|X_{s}\right\| \leq \frac{R}{2}\right]+P_{0}\left[\sup _{s \leq S}\left\|X_{s}\right\| \geq \frac{R}{2}\right] \\
& \leq P_{0}\left[X_{t}=0\right]+C(d) \exp \left(-\frac{R^{2}}{C(d) S}\right)
\end{aligned}
$$

The third equality comes from the fact that as long as $X$ does not exit a ball of radius $R / 2$, then $X$ and $X^{(R)}$ are the same. The fourth one follows from standard results on simple random walks. Thus,

$$
\int_{0}^{S} \exp (-\lambda t) p_{t}^{R}(0,0) d t \leq \int_{0}^{\infty} p_{t}(0,0) d t+C(d) S \exp \left(-\frac{R^{2}}{C(d) S}\right)
$$

On the other hand, $p_{t}^{R}(0,0)=P_{0}\left(X_{t}^{(R)}=0\right) \geq p_{t}(0,0)$, so that

$$
\begin{aligned}
\int_{0}^{S} \exp (-\lambda t) p_{t}^{R}(0,0) d t & \geq \int_{0}^{S} p_{t}(0,0) d t-\int_{0}^{S}(1-\exp (-\lambda t)) d t \\
& =\int_{0}^{S} p_{t}(0,0) d t+\frac{\exp (-\lambda S)-1+\lambda S}{\lambda}
\end{aligned}
$$

Hence, if $S$ is chosen so that $S \gg 1, S \ll R^{2} /(\log (R))^{1+\varepsilon}$, and $\lambda S^{2} \ll 1$,

$$
\begin{equation*}
\lim _{T \rightarrow \infty} \int_{0}^{S} \exp (-\lambda t) p_{t}^{R}(0,0) d t=\int_{0}^{\infty} p_{t}(0,0) d t=G_{d}(0,0) \tag{35}
\end{equation*}
$$

Now, for $\lambda \ll 1$, and $\lambda R^{d} \gg 1$ (which implies $R \gg 1$ ), one can always choose $S$ such that $1 \ll S \ll \min \left(R^{2} /(\log (R))^{1+\varepsilon}, 1 / \sqrt{\lambda}\right)$. For such a choice of $S$, it follows from (34) and (35) that

$$
\lim _{T \rightarrow \infty} G_{R, \lambda}(0,0)=G_{d}(0,0)<\infty \quad \text { for } d \geq 3
$$

## Step 7. End of proof of Proposition 1.

Choose $R$ such that

$$
\frac{T}{R^{2}} \ll b_{T}, \quad b_{T} \gg R^{d / q}
$$

Then, on one hand, $\forall \alpha>0, \lambda b_{T} \ll R^{2}$, and $\rho_{1} \geq \frac{1}{C_{S}^{2}(d)}$ by 1 . of Lemma 9. On the other hand, $\lambda R^{d}=\alpha \frac{b_{T}}{T} R^{d} \gg \alpha \frac{b_{T}}{T} R^{2} \gg 1$. Hence, by Lemma $10, G_{R, \lambda}(0,0) \simeq$ $G_{d}(0,0)$ and it follows from Lemma 8 that $\rho_{1} \leq \frac{1}{C_{S}^{2}(d)}$. Therefore, for such a choice of $R, \rho_{1}=\frac{1}{C_{s}^{2}(d)}$ and

$$
\begin{aligned}
& \forall \theta \in\left[0 ; \frac{1}{C_{s}^{2}(d)}\left[\quad \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta I_{T}^{1 / q}\right)\right]=0,\right.\right. \\
& \forall \theta \in\left[0 ; \frac{q}{C_{S}^{2}(d)}\left[\quad \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log E\left[\exp \left(\theta Q_{T}^{1 / q}\right)\right]=0 .\right.\right.
\end{aligned}
$$

The best choice for $R$ corresponds to $T / R^{2}=R^{d / q}=R^{d-2}$, i.e., $R^{d}=T$, leading to $b_{T} \gg T^{1-2 / d}=T^{1 / q}$.
4. Large and very large deviations lower bounds. The aim of this section is to prove the lower bounds in Theorems 2 and 3. We have actually the following result.

Proposition 11. 1. Lower bound for $I_{T}$.
Assume that $d \geq 3, q=\frac{d}{d-2}$, and $T \gg b_{T} \gg 1$.

$$
\begin{equation*}
\liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[I_{T} \geq b_{T}^{q}\right] \geq-\frac{1}{C_{S}^{2}(d)} \tag{36}
\end{equation*}
$$

2. Lower bound for $Q_{T}$.

Assume that $d=4$ and $q=2$, or $d=3$ and $q=3$, and that $1 \ll b_{T} \ll T$.

$$
\begin{equation*}
\liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[Q_{T} \geq b_{T}^{q}\right] \geq-\frac{q}{C_{S}^{2}(d)} \tag{37}
\end{equation*}
$$

Proof of (36). Fix $M>0$. Let $T_{0}$ be such that for all $T \geq T_{0}, \frac{T}{b_{T}}>M$. For $T \geq T_{0}$,

$$
P\left[I_{T} \geq b_{T}^{q}\right] \geq P\left[I_{M b_{T}} \geq b_{T}^{q}\right] \geq P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q} \geq \frac{1}{M}\right]
$$

The function $\mu \in \mathcal{F} \mapsto\|\mu\|_{q}=\sup _{f ;\|f\|_{q^{\prime}}=1} \sum_{x} \mu(x) f(x)$ is lower semicontinuous in $\tau$-topology, so that $\forall t>0,\left\{\mu \in \mathcal{F},\|\mu\|_{q}>t\right\}$ is an open subset of $\mathcal{F}$. Therefore, $\forall \varepsilon>0$,

$$
\begin{aligned}
& \liminf _{T \rightarrow \infty} \frac{1}{M b_{T}} \log P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q} \geq \frac{1}{M}\right] \\
& \quad \geq \liminf _{T \rightarrow \infty} \frac{1}{M b_{T}} \log P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}>\frac{1-\varepsilon}{M}\right] \\
& \quad \geq-\inf \left\{\|\nabla f\|_{2}^{2} ;\|f\|_{2}=1,\|f\|_{2 q}^{2}>\frac{1-\varepsilon}{M}\right\} .
\end{aligned}
$$

We have thus proved that $\forall M>0, \forall \varepsilon>0$,

$$
\liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[I_{T} \geq b_{T}^{q}\right] \geq-M \rho_{3}\left(\frac{1-\varepsilon}{M}\right)
$$

where $\rho_{3}(y):=\inf \left\{\|\nabla f\|_{2}^{2} ;\|f\|_{2 q}^{2}>y,\|f\|_{2}=1\right\}$. To end the proof of (36), it remains to show that when $q=\frac{d}{d-2}, \forall y>0$,

$$
\begin{equation*}
\inf _{M>0} M \rho_{3}(y / M)=\frac{y}{C_{S}^{2}(d)} \tag{38}
\end{equation*}
$$

But, if $q=\frac{d}{d-2}, \forall y>0$,

$$
\begin{align*}
\inf _{M>0} M \rho_{3}(y / M) & =y \inf _{M>0} M \rho_{3}(1 / M)  \tag{39}\\
& =y \inf _{M>0} \inf _{f}\left\{M\|\nabla f\|_{2}^{2} ;\|f\|_{2}=1,\|f\|_{2 q}^{2}>\frac{1}{M}\right\}  \tag{40}\\
& =y \inf _{f ;\|f\|_{2}=1} \inf _{M>0}\left\{M\|\nabla f\|_{2}^{2} ; M>\frac{1}{\|f\|_{2 q}^{2}}\right\}  \tag{41}\\
& =y \inf _{f ;\|f\|_{2}=1}\left\{\frac{\|\nabla f\|_{2}^{2}}{\|f\|_{2 q}^{2}}\right\} ;  \tag{42}\\
& =\frac{y}{C_{S}^{2}(d)} \tag{43}
\end{align*}
$$

Proof of (37). The proof of (37) cannot be done as the proof of (36), since the function $\left(\mu_{1}, \ldots, \mu_{q}\right) \mapsto \sum_{x \in \mathbb{Z}^{d}} \mu_{1}(x) \cdots \mu_{q}(x)$ is not lower semicontinuous in the product of $\tau$-topology.

Let $\varepsilon>0$ be fixed. Let $h$ be a function approaching the infimum in the definition of $C_{S}(d)$, i.e., $h$ is such that

$$
\|\nabla h\|_{2}^{2} \leq \frac{\|h\|_{2 q}^{2}}{C_{S}(d)^{2}}(1+\varepsilon), \quad q=\frac{d}{d-2}
$$

Dividing $h$ by its $l_{2}$-norm if necessary, we may and we do assume that $\|h\|_{2}=1$.
Set $\eta=2^{(q+1) / q} \varepsilon^{1 / q}$, and $M=\frac{1}{\left(2-(1+\eta)^{q}\right)^{1 / q}\|h\|_{2 q}^{2}}$ [ $\varepsilon$ is chosen small enough in order that $M$ is strictly positive; actually, one has to choose $\varepsilon<\varepsilon_{0}(q)=\left(2^{1 / q}-\right.$

1) ${ }^{q} 2^{-(q+1)}$. For $T$ large enough, $T \geq M b_{T}$, and

$$
P\left[Q_{T} \geq b_{T}^{q}\right] \geq P\left[Q_{M b_{T}} \geq b_{T}^{q}\right]
$$

Assume that $\forall i \in\{1, \ldots, q\},\left\|\frac{l_{M b_{T}}^{(i)}}{M b_{T}}-h^{2}\right\|_{q}<\eta\|h\|_{2 q}^{2}$. Then

$$
\begin{aligned}
& \left|\frac{Q_{M b_{T}}}{\left(M b_{T}\right)^{q}}-\|h\|_{2 q}^{2 q}\right| \\
& \quad=\left|\sum_{x \in \mathbb{Z}^{d}} \prod_{1}^{q} \frac{l_{M b_{T}}^{(i)}(x)}{M b_{T}}-h^{2 q}(x)\right| \\
& \left.\quad \leq \sum_{x \in \mathbb{Z}^{d}} \sum_{j=1}^{q}\left(\prod_{i=1}^{j-1} h^{2}(x)\right)\left|\frac{l_{M b_{T}}^{(j)}(x)}{M b_{T}}-h^{2}(x)\right| \prod_{l=j+1}^{q} \frac{l_{M b_{T}}^{(l)}(x)}{M b_{T}}\right) \\
& \quad \leq \sum_{j=1}^{q}\left\|\frac{l_{M b_{T}}^{(j)}}{M b_{T}}-h^{2}\right\|_{q}\|h\|_{2 q}^{2(j-1)} \prod_{l=j+1}^{q}\left\|\frac{l_{M b_{T}}^{(l)}}{M b_{T}}\right\|_{q}
\end{aligned}
$$

$$
\begin{aligned}
& \leq \eta\|h\|_{2 q}^{2 q} \sum_{j=1}^{q}(1+\eta)^{q-j}=\eta\|h\|_{2 q}^{2 q} \frac{(1+\eta)^{q}-1}{\eta} \\
& =\left[(1+\eta)^{q}-1\right]\|h\|_{2 q}^{2 q} .
\end{aligned}
$$

Therefore, $Q_{M b_{T}} \geq b_{T}^{q} M^{q}\|h\|_{2 q}^{2 q}\left(2-(1+\eta)^{q}\right)=b_{T}^{q}$, by the choice of $M$.
Hence, for $T$ large enough,

$$
\begin{align*}
P\left[Q_{T} \geq b_{T}^{q}\right] & \geq P\left[\forall i \in\{1, \ldots, q\},\left\|\frac{l_{M b_{T}}^{(i)}}{M b_{T}}-h^{2}\right\|_{q}<\eta\|h\|_{2 q}^{2}\right] \\
& =P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}-h^{2}\right\|_{q}<\eta\|h\|_{2 q}^{2}\right]^{q} . \tag{44}
\end{align*}
$$

But,

$$
\begin{aligned}
\left\|\frac{l_{M b_{T}}}{M b_{T}}-h^{2}\right\|_{q}^{q} & =\sum_{x \in \mathbb{Z}^{d}}\left(\frac{l_{M b_{T}}(x)}{M b_{T}}-h^{2}(x)\right)^{q} \\
& =\sum_{x \in \mathbb{Z}^{d}} \sum_{j=0}^{q}(-1)^{q-j} C_{j}^{q} \frac{l_{M b_{T}}^{j}(x)}{\left(M b_{T}\right)^{j}} h^{2(q-j)}(x) \\
& =\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q}+(-1)^{q}\|h\|_{2 q}^{2 q}-F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right),
\end{aligned}
$$

where the function $F_{q}$ is defined by $F_{q}(\mu)=\sum_{j=1}^{q-1}(-1)^{q+1-j} C_{j}^{q} \sum_{x} \mu^{j}(x) \times$ $h^{2(q-j)}(x)$. Hence, for $T$ large enough,

$$
\begin{equation*}
\left.\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q}<\left(1+\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right] \tag{46}
\end{equation*}
$$

$$
\begin{align*}
& P\left[Q_{T} \geq b_{T}^{q}\right]^{1 / q}  \tag{45}\\
& \quad \geq P\left[F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right)>\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q}+\left((-1)^{q}-\eta^{q}\right)\|h\|_{2 q}^{2 q}\right] \\
& \quad \geq P\left[F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right)>\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q}+\left((-1)^{q}-\eta^{q}\right)\|h\|_{2 q}^{2 q} ;\right.
\end{align*}
$$

$$
\begin{equation*}
\geq P\left[F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right)>\left(1+(-1)^{q}-\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right] \tag{47}
\end{equation*}
$$

$$
-P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q} \geq\left(1+\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right]
$$

The second term is controlled by the large deviations upper bound for $I_{T}$, and we have

$$
\begin{align*}
& \limsup _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[\left\|\frac{l_{M b_{T}}}{M b_{T}}\right\|_{q}^{q} \geq\left(1+\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right]  \tag{48}\\
& \quad \leq-M \frac{\left(1+\eta^{q} / 2\right)^{1 / q}}{C_{S}^{2}(d)}\|h\|_{2 q}^{2}=-\frac{\left(1+\eta^{q} / 2\right)^{1 / q}}{\left(2-(1+\eta)^{q}\right)^{1 / q} C_{S}^{2}(d)},
\end{align*}
$$

by the choice of $M$.
On the other hand, the function $\mu \in \mathcal{F} \mapsto F_{q}(\mu)$ is lower semicontinuous in $\tau$-topology. Indeed:

- For $d=4$ and $q=2, F_{2}(\mu)=2 \sum_{x} \mu(x) h^{2}(x)$ is continuous.
- For $d=3$ and $q=3, F_{3}(\mu)=3 \sum_{x} \mu^{2}(x) h^{2}(x)-3 \sum_{x} \mu(x) h^{4}(x)=3 \times$ $\sup _{g ;\|g\|_{2}=1}\left\{\sum_{x} \mu(x) h(x) g(x)\right\}^{2}-3 \sum_{x} \mu(x) h^{4}(x)$ is lower semicontinuous.
Using the large deviations lower bound in $\mathcal{F}$ for $\frac{l_{M b_{T}}}{M b_{T}}$, we get that

$$
\begin{align*}
& \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right)>\left(1+(-1)^{q}-\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right]  \tag{49}\\
& \quad \geq-M \inf \left\{\|\nabla g\|_{2}^{2} ;\|g\|_{2}=1, F_{q}\left(g^{2}\right)>\left(1+(-1)^{q}-\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right\}
\end{align*}
$$

Note that:

- For $d=4$ and $q=2, F_{2}\left(h^{2}\right)=2\|h\|_{4}^{4}>\left(1+(-1)^{2}-\frac{\eta^{2}}{2}\right)\|h\|_{4}^{4}$.
- For $d=3$ and $q=3, F_{3}\left(h^{2}\right)=0>\left(1+(-1)^{3}-\frac{\eta^{3}}{2}\right)\|h\|_{6}^{6}$.

Therefore, in any case,

$$
\begin{align*}
& \liminf _{T \rightarrow \infty} \frac{1}{b_{T}} \log P\left[F_{q}\left(\frac{l_{M b_{T}}}{M b_{T}}\right)>\left(1+(-1)^{q}-\frac{\eta^{q}}{2}\right)\|h\|_{2 q}^{2 q}\right] \\
& \quad \geq-M\|\nabla h\|_{2}^{2}=-\frac{\|\nabla h\|_{2}^{2}}{\left(2-(1+\eta)^{q}\right)^{1 / q}\|h\|_{2 q}^{2}}  \tag{50}\\
& \quad \geq-\frac{1+\varepsilon}{C_{S}^{2}(d)\left(2-(1+\eta)^{q}\right)^{1 / q}}
\end{align*}
$$

by the choice of $M$ and $h$. Putting (47), (48) and (50) together, we get that

$$
\begin{equation*}
\frac{1}{q} \liminf _{T \rightarrow+\infty} \frac{1}{b_{T}} \log P\left[Q_{T} \geq b_{T}^{q}\right] \geq-\frac{\min \left(1+\varepsilon ;\left(1+\eta^{q} / 2\right)^{1 / q}\right)}{\left(2-(1+\eta)^{q}\right)^{1 / q} C_{S}^{2}(d)} \tag{51}
\end{equation*}
$$

But for $\varepsilon \in] 0 ; 1],(1+\varepsilon)^{q}=\sum_{k=0}^{q} C_{q}^{k} \varepsilon^{k} \leq 1+\varepsilon \sum_{k=1}^{q} C_{q}^{k}=1+\varepsilon\left(2^{q}-1\right)<$ $1+\varepsilon 2^{q}=1+\frac{\eta^{q}}{2}$. We have thus proved that $\left.\forall \varepsilon \in\right] 0 ; 1 \wedge \varepsilon_{0}(q)[$,

$$
\begin{equation*}
\liminf _{T \rightarrow+\infty} \frac{1}{b_{T}} \log P\left[Q_{T} \geq b_{T}^{q}\right] \geq-\frac{q(1+\varepsilon)}{C_{S}^{2}(d)\left(2-(1+\eta)^{q}\right)^{1 / q}} \tag{52}
\end{equation*}
$$

(37) is then obtained by letting $\varepsilon$ go to zero.
5. Large deviations upper bound. The only thing that remains to prove now is the upper bound in Theorem 3.

Let $\alpha>0$ and $A>0$ to be chosen later. We take here

$$
\lambda=\alpha \frac{T^{1 / q}}{T} ; \quad R^{d}=A T
$$

Let $\tau$ be an exponential time with parameter $\lambda$, independent on the random walk. Exactly as in (16), $\forall s>0, \forall \varepsilon>0$,

$$
\begin{aligned}
& \exp \left(-\alpha T^{1 / q}\right) P\left[I_{T} \geq T y\right] \\
& \leq P\left[I_{R, \tau} \geq T y\right] \\
& \leq \frac{E\left[\left(1+Z_{0} / s\right) ;\|Z+s \mathbb{1}\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q}(y+\varepsilon)^{1 / 2 q}\right]}{P\left[\|Z+s \mathbb{1}\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q} \varepsilon^{1 / 2 q}\right]} \\
& \leq E\left[\left(1+\frac{Z_{0}}{s}\right)^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)} \\
& \quad \times \frac{P\left[\|Z\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q}(y+\varepsilon)^{1 / 2 q}-s R^{d / 2 q}\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q} \varepsilon^{1 / 2 q}+s R^{d / 2 q}\right]} .
\end{aligned}
$$

We now choose $s R^{d / 2 q}=\sqrt{2} T^{1 / 2 q} \varepsilon^{1 / 2 q}$, i.e., $s=\sqrt{2} A^{-1 / 2 q} \varepsilon^{1 / 2 q}$.

$$
\begin{align*}
P\left[I_{T} \geq\right. & T y] \\
\leq & \exp \left(\alpha T^{1 / q}\right) E\left[\left(1+\frac{Z_{0}}{s}\right)^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)}  \tag{54}\\
& \quad \times \frac{P\left[\|Z\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q}\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}\right)\right]^{1 /(1+\varepsilon)}}{P\left[\|Z\|_{2 q, R} \geq 2 \sqrt{2} T^{1 / 2 q} \varepsilon^{1 / 2 q}\right]}
\end{align*}
$$

Using the fact that $Z_{0}$ is a centered Gaussian variable with variance $G_{R, \lambda}(0,0)$, we obtain that $\forall \varepsilon>0$,

$$
\begin{aligned}
E\left[\left(1+\frac{Z_{0}}{s}\right)^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)} & \leq C(\varepsilon)\left(1+\frac{\sqrt{G_{R, \lambda}(0,0)}}{s}\right) \\
& \leq C(\varepsilon)\left(1+\sqrt{G_{R, \lambda}(0,0)} A^{1 / 2 q}\right)
\end{aligned}
$$

But, $\lambda R^{d}=\alpha A T^{1 / q} \gg 1$, so that $\lim \sup _{T \rightarrow \infty} G_{R, \lambda}(0,0)<\infty$ by Lemma 10 . Therefore, $\forall \varepsilon>0, \forall \alpha>0, \forall A>0$,

$$
\limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} \log E\left[\left(1+\frac{Z_{0}}{s}\right)^{(1+\varepsilon) / \varepsilon}\right]^{\varepsilon /(1+\varepsilon)}=0
$$

Let us treat the numerator of the ratio appearing in the left-hand side of (54). Using again that

$$
\begin{aligned}
M_{R, T} & =\operatorname{median}\left(\|Z\|_{2 q, R}\right) \leq 2^{1 / 2 q} E\left[\sum_{x} Z_{x}^{2 q}\right]^{1 / 2 q} \\
& \leq C(q) R^{d / 2 q} G_{R, \lambda}(0,0)^{1 / 2} \\
& \sim C(q) A^{1 / 2 q} T^{1 / 2 q} G_{d}(0,0)^{1 / 2}
\end{aligned}
$$

we conclude that there exists a constant $C(q)$ such that $\forall \alpha>0, \forall A>0$, for $T$ large enough, $\forall \varepsilon>0$,

$$
\begin{aligned}
& P\left[\|Z\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q}\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}\right)\right] \\
& \quad \leq P\left[\|Z\|_{2 q, R}-M_{R, T} \geq \sqrt{2} T^{1 / 2 q}\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}-C(q) A^{1 / 2 q}\right)\right] \\
& \quad \leq 2 \exp \left(-T^{1 / q} \rho_{1}(\alpha, R, T)\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}-C(q) A^{1 / 2 q}\right)_{+}^{2}\right)
\end{aligned}
$$

But $\lambda R^{2}=\alpha A^{2 / d}$, and it follows from Lemma 9 that $\forall \alpha>0, \forall A>0$, for $\forall \varepsilon>0$,

$$
\begin{equation*}
\limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} \log P\left[\|Z\|_{2 q, R} \geq \sqrt{2} T^{1 / 2 q}\left((m+y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}\right)\right] \tag{56}
\end{equation*}
$$

$$
\leq-c(q) \min \left(1, \alpha A^{2 / d}\right)\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}-C(q) A^{1 / 2 q}\right)_{+}^{2}
$$

For the denominator in (54), using (27), (28) and part 1 of Lemma 7, we get that

$$
\begin{equation*}
\liminf _{T \rightarrow \infty} \frac{1}{T^{1 / q}} \log P\left[\|Z\|_{2 q, R} \geq 2 \sqrt{2} T^{1 / 2 q} \varepsilon^{1 / 2 q}\right] \geq-C(q) \varepsilon^{1 / q} \tag{57}
\end{equation*}
$$

We have thus proved that $\forall \alpha>0, \forall A>0$, for $\forall \varepsilon>0$,

$$
\begin{align*}
& \limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} P\left[I_{T} \geq T y\right] \\
& \leq \alpha+C(q) \varepsilon^{1 / q}-c(q) \min \left(1, \alpha A^{2 / d}\right)  \tag{58}\\
& \quad \times\left((y+\varepsilon)^{1 / 2 q}-\varepsilon^{1 / 2 q}-C(q) A^{1 / 2 q}\right)_{+}^{2}
\end{align*}
$$

We send $\varepsilon$ to zero and take $\alpha=A^{-2 / d}$, to obtain that $\forall A>0$,
(59) $\quad \limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} P\left[I_{T} \geq T y\right] \leq A^{-2 / d}-c(q)\left(y^{1 / 2 q}-C(q) A^{1 / 2 q}\right)_{+}^{2}$.

We now choose $A$ such that $C(q) A^{1 / 2 q}=\frac{1}{2} y^{1 / 2 q} . \forall y>0$,
(60) $\quad \limsup _{T \rightarrow \infty} \frac{1}{T^{1 / q}} P\left[I_{T} \geq T y\right] \leq-c(q)\left(y^{1 / q}-y^{-2 / d}\right) \leq-c(q) y^{1 / q}$
for $y^{-2 / d} \leq y^{1 / q} / 2$, that is, $y>2$.

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