# UNIFORMLY PERFECT SETS AND DISTORTION OF HOLOMORPHIC FUNCTIONS 

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#### Abstract

We investigate the uniform perfectness on a boundary point of a hyperbolic open set and distortion of a holomorphic function from the unit disk $\Delta$ into a hyperbolic domain with a uniformly perfect boundary point, especially of a universal covering map of such a domain from $\Delta$, and we obtain similar results to celebrated Koebe's Theorems on univalent functions.


## §1. Uniformly perfect points

We begin by recalling the basic knowledge of the hyperbolic metric on a hyperbolic domain $\Omega$ in the complex plane $\mathbf{C}$, that is, $\mathbf{C} \backslash \Omega$ contains at least two points. On an arbitrary hyperbolic domain $\Omega$, we have the hyperbolic metric $\lambda_{\Omega}(z)|d z|$ with Gaussian curvature -4 . The hyperbolic metrics of the unit disk $\Delta$ and the upper half plane $\mathbf{H}=\{\operatorname{Im} z>0\}$ are respectively

$$
\lambda_{\Delta}(z)|d z|=\frac{|d z|}{1-|z|^{2}} \text { and } \lambda_{\mathbf{H}}(z)|d z|=\frac{|d z|}{2 \operatorname{Im} z}
$$

The density $\lambda_{\Omega}(w)$ of the hyperbolic metric on a hyperbolic domain $\Omega$ is then defined as follows. Let $f(z)$ be a holomorphic universal covering map from $\Delta$ onto $\Omega$. Then the density $\lambda_{\Omega}(w)$ is determined by

$$
\begin{equation*}
\lambda_{\Omega}(f(z))\left|f^{\prime}(z)\right|=\frac{1}{1-|z|^{2}} \tag{1}
\end{equation*}
$$

Noting that $f(z)$ is locally homeomorphic, we can solve $\lambda_{\Omega}(w)$ from equation (1). The determination of $\lambda_{\Omega}$ is independent of the choices of holomorphic covering maps of $\Omega$ from $\Delta$ because of invariance of the hyperbolic metric $|d z| /\left(1-|z|^{2}\right)$ under Möbius transformation from $\Delta$ onto itself. Then the

[^0]hyperbolic metric is conformally invariant. By $\lambda_{0,1}(z)$ we denote the density of the hyperbolic metric on $\mathbf{C} \backslash\{0,1\}$. From [8] and [9], we have
\[

$$
\begin{equation*}
\lambda_{0,1}(z) \geq \frac{1}{2|z|(|\log | z| |+\kappa)} \tag{2}
\end{equation*}
$$

\]

where $\kappa=\Gamma(1 / 4)^{4} /\left(4 \pi^{2}\right)$. Next, by $\bmod (A)$ we denote the modulus of an annulus $A$. Let $A=\{z ; r<|z-a|<R\}, 0<r<R$. A calculation implies that whenever $|z-a|=\sqrt{r R}$, we have

$$
\begin{equation*}
\lambda_{A}(z)=\frac{\pi}{2 \sqrt{r R} \bmod (A)} \tag{3}
\end{equation*}
$$

(see [4]).
Throughout, let $W$ be a hyperbolic open set in the complex plane, that is, $\mathbf{C} \backslash W$ is closed and contains at least two points. We can define the hyperbolic metric on $W$ as the hyperbolic metric on each connected component of $W$. By $\lambda_{W}(z)$ we denote the density of the hyperbolic metric on $W$. For $a \notin W \cup\{\infty\}$, put

$$
C(a, W):=\inf \left\{\lambda_{W}(z)|z-a| ; z \in W\right\}
$$

If $C(a, W)>0$, then $a$ is called a uniformly perfect point with respect to $W$.

For any $z_{0} \in W$, put $c\left(z_{0}, W\right):=\lambda_{W}\left(z_{0}\right) \delta_{W}\left(z_{0}\right)$, where $\delta_{W}\left(z_{0}\right):=$ $\operatorname{dist}\left(z_{0}, \partial W\right)$ throughout denotes the euclidean distance from $z_{0}$ to $\partial W$. Then

$$
\left\{z ;\left|z-z_{0}\right|<\frac{c\left(z_{0}, W\right)}{\lambda_{W}\left(z_{0}\right)}\right\} \subset W
$$

Now we introduce a domain constant

$$
C_{W}:=\inf \{c(z, W) ; z \in W\}
$$

In general, $0 \leq C_{W} \leq \frac{1}{2}$ (see [7]). If every component of $W$ is simply connected, from Koebe $\frac{1}{4}$ Theorem, we easily prove $\frac{1}{4} \leq C_{W}$. And $C_{W}=\frac{1}{2}$ if and only if every component of $W$ is convex (see [7]). $\partial W$ is called uniformly perfect, provided that $C_{W}>0$. There exist many mutually equivalent conditions of uniform perfectness of a closed set (see [19] and [7]).

Proposition 1. $C_{W}=\inf _{a \in \partial W \backslash\{\infty\}}\{C(a, W)\}$.

Proof. Obviously, for any $a \in \partial W \backslash\{\infty\}, C(a, W) \geq C_{W}$. So we only need to prove that

$$
\begin{equation*}
C_{W} \geq \inf _{a \in \partial W \backslash\{\infty\}}\{C(a, W)\} \tag{4}
\end{equation*}
$$

For any $n>0$, there exists a $z_{n} \in W$ such that $C_{W}+\frac{1}{n}>\lambda_{W}\left(z_{n}\right) \delta_{W}\left(z_{n}\right)$ and for $z_{n}$ we have $a_{n} \in \partial W \backslash\{\infty\}$ such that $\left|z_{n}-a_{n}\right|=\delta_{W}\left(z_{n}\right)$. Therefore,

$$
C_{W}+\frac{1}{n}>\lambda_{W}\left(z_{n}\right)\left|z_{n}-a_{n}\right| \geq C\left(a_{n}, W\right) \geq \inf _{a \in \partial W \backslash\{\infty\}}\{C(a, W)\}
$$

From this (4) follows.
Hence when $\partial W$ is uniformly perfect, any finite point on $\partial W$ is a uniformly perfect one with respect to $W$. An annulus $A$ is said to separate $a$ from $\infty$ if the bounded component of $\mathbf{C} \backslash A$ contains $a$. Below we introduce two domain constants and a notation. For $a \notin W \cup\{\infty\}$, define
$\operatorname{Mod}_{a}^{0}(W):=\sup \{\bmod (A) ; A$ is a round annulus in $W$ centered at $a\}$,
$\operatorname{Mod}_{a}(W):=\sup \{\bmod (A) ; A$ is a (topological) annulus in $W$

$$
\text { and separates } a \text { from } \infty\}
$$

where conventionally $\operatorname{Mod}_{a}^{0}(W)=0\left(\operatorname{Mod}_{a}(W)=0\right)$ if $W$ does not contain any round annuli centered at $a$ (any annuli which separate $a$ from $\infty$ ), and

$$
\beta_{W}(z ; a):=\inf \left\{\left|\log \frac{|z-a|}{|b-a|}\right| ; b \in \partial W\right\} .
$$

Since a round annulus in $W$ centered at $a$ obviously separates $a$ from $\infty$, we have $\operatorname{Mod}_{a}(W) \geq \operatorname{Mod}_{a}^{0}(W)$. We shall establish an inequality concerning $C(a, W)$ and $\operatorname{Mod}_{a}^{0}(W)$. To this end, we first prove the following result.

Lemma. For $a \in \partial W \backslash\{\infty\}$, we have

$$
\begin{equation*}
\operatorname{Mod}_{a}^{0}(W)=2 \sup _{z \in W} \beta_{W}(z ; a) \tag{5}
\end{equation*}
$$

Proof. For $z_{0} \in W$ with $\beta_{W}\left(z_{0} ; a\right) \neq 0$, it is clear that $\{|z-a|=$ $\delta\} \cap \partial W=\emptyset$, where $\delta=\left|z_{0}-a\right|$. Then there must exist in $W$ a round annulus $A=\{z ; r<|z-a|<R\}$ such that $\partial A \cap \partial W \neq \emptyset$ and $\delta=\sqrt{r R}$. For $b \in \partial A \cap \partial W$, then it is easy to see that

$$
\begin{equation*}
\beta_{W}(z ; a)=|\log | \frac{z-a}{b-a}| |=\frac{1}{2} \log \frac{R}{r}=\frac{1}{2} \bmod (A) \tag{6}
\end{equation*}
$$

whenever $|z-a|=\sqrt{r R}$, especially,

$$
2 \beta_{W}\left(z_{0} ; a\right)=\bmod (A) \leq \operatorname{Mod}_{a}^{0}(W)
$$

This inequality still holds for $z_{0} \in W$ with $\beta_{W}\left(z_{0} ; a\right)=0$. Therefore

$$
\begin{equation*}
2 \sup _{z \in W} \beta_{W}(z ; a) \leq \operatorname{Mod}_{a}^{0}(W) \tag{7}
\end{equation*}
$$

To get (5) we need to prove the converse inequality. We may assume that $\operatorname{Mod}_{a}^{0}(W)>0$, then there exists a sequence of round annuli

$$
A_{n}=\left\{z ; r_{n}<|z-a|<R_{n}\right\} \subset W
$$

such that $\partial A_{n} \cap \partial W \neq \emptyset$ and

$$
\bmod \left(A_{n}\right)+\frac{1}{n}>\operatorname{Mod}_{a}^{0}(W)
$$

Applying (6) to $A_{n}$ gives $2 \beta_{W}(z ; a)=\bmod \left(A_{n}\right)$ whenever $|z-a|=\sqrt{r_{n} R_{n}}$. Thus

$$
\begin{equation*}
2 \sup _{z \in W} \beta_{W}(z ; a)+\frac{1}{n}>\operatorname{Mod}_{a}^{0}(W) \tag{8}
\end{equation*}
$$

(5) immediately follows by combining (8) with (7).

We can prove by applying (2) and the method in [4] the following theorem , which is essentially due to Beardon and Pommerenke [4](see [20] and [23]).

Theorem A. For $a \in \partial W \backslash\{\infty\}$, we have

$$
\begin{equation*}
\frac{1}{2\left(\beta_{W}(z ; a)+\kappa\right)} \leq \lambda_{W}(z)|z-a| \leq \frac{\pi}{4 \beta_{W}(z ; a)}, z \in W \tag{9}
\end{equation*}
$$

Combining Theorem A with Lemma immediately shows the following result.

Proposition 2. For $a \in \partial W \backslash\{\infty\}$, we have

$$
\begin{equation*}
\frac{1}{\operatorname{Mod}_{a}^{0}(W)+2 \kappa} \leq C(a, W) \leq \frac{\pi}{2 \operatorname{Mod}_{a}^{0}(W)} \tag{10}
\end{equation*}
$$

Observe the domain

$$
\Omega_{0}:=\mathbf{C} \backslash \bigcup_{n=1}^{\infty}\left[r_{n}, r_{n}^{2}\right]
$$

where $r_{n}$ is chosen to satisfy $r_{n+1}>r_{n}^{3}>0$ and $r_{n} \rightarrow+\infty$. It is easy to see that $C_{\Omega_{0}}=0$ and from Proposition 2 for any $a \in \partial \Omega_{0} \backslash\{\infty\}, C\left(a, \Omega_{0}\right)=0$. Hence in order to consider the local structure of $\partial W$ at a boundary point $a$, we introduce the quantity

$$
C(a, W ; R):=\inf \left\{\lambda_{W}(z)|z-a| ; z \in W \cap\{|z-a|<R\}\right\}
$$

where $R$ is a positive constant. For a fixed $a, C(a, W ; R)$ decreases as $R$ increases, hence we easily prove that

$$
C(a, W)=\lim _{R \rightarrow+\infty} C(a, W ; R)
$$

Then for $a \in \partial W \backslash\{\infty\}$, if $\{a\}$ is not a component of $\partial W$, it is easy to see from Proposition 2 that $C(a, W ; R)>0$. However, this condition is not necessary to $C(a, W ; R)>0$.

Set

$$
L_{W}(\gamma)=\int_{\gamma} \lambda_{W}(z)|d z|, \gamma \subset W
$$

It is the hyperbolic length of $\gamma$ on $W$. For any annulus $A$, the hyperbolic length of the core curve, denoted by $\operatorname{Core}(A)$, of $A$ is

$$
L_{A}(\operatorname{Core}(A))=\frac{\pi^{2}}{\bmod (A)}
$$

Let $\Gamma_{W}(a)$ be the set of all the closed curves winding around $a \in \partial W \backslash\{\infty\}$ in $W$. Define for $a \in \partial W \backslash\{\infty\}$

$$
I(a, W):=\inf \left\{L_{W}(\gamma) ; \gamma \in \Gamma_{W}(a)\right\}
$$

where conventionally $I(a, W)=\infty$ if $\Gamma_{W}(a)=\emptyset$, and

$$
I_{W}:=\inf \{I(a, W) ; a \in \partial W \backslash\{\infty\}\}
$$

Proposition 3. For $a \in \partial W \backslash\{\infty\}$, we have

$$
\begin{equation*}
I(a, W) \leq \frac{\pi^{2}}{\operatorname{Mod}_{a}(W)} \leq I(a, W) \exp (I(a, W)) \tag{11}
\end{equation*}
$$

Proof. For an annulus $A$ in $W$ which separates $a$ from $\infty$, we clearly have

$$
\frac{\pi^{2}}{\bmod (A)}=L_{A}(\operatorname{Core}(A)) \geq L_{W}(\operatorname{Core}(A)) \geq I(a, W)
$$

and therefore the left-hand side of (11) follows from arbitrary choice of $A$.
It remains to show the right-hand side of (11). From the definition of $I(a, W)$, there exists a sequence of closed curves $\left\{\gamma_{n}\right\}$ in $\Gamma_{W}(a)$ such that

$$
L_{W}\left(\gamma_{n}\right)<I(a, W)+\frac{1}{n}
$$

For each $n>0$, we have the geodesic $\alpha_{n}$ homotopic to $\gamma_{n}$ in $W$ such that $L_{W}\left(\gamma_{n}\right) \geq L_{W}\left(\alpha_{n}\right) . \alpha_{n} \in \Gamma_{W}(a)$ is obvious. By the collar lemma (see [14]), there exists a collar $A_{n}$ of width $\omega_{n}$ around the geodesic $\alpha_{n}$ in $W$, that is, $A_{n}=\left\{z \in W ; d_{W}\left(z, \alpha_{n}\right)<\omega_{n} / 2\right\}$, where $d_{W}\left(z, \alpha_{n}\right)$ denotes the hyperbolic distance of $z$ from $\alpha_{n}$, such that $A_{n}$ is homeomorphic to a round annulus and $\sinh \omega_{n} \sinh L_{W}\left(\alpha_{n}\right)=1$. From the proof of Theorem 5.2 and Corollary 5.3 of [19] (see [13]), it follows that

$$
\begin{equation*}
\frac{\pi^{2}}{\bmod \left(A_{n}\right)} \leq L_{W}\left(\alpha_{n}\right) \exp \left\{L_{W}\left(\alpha_{n}\right)\right\} \tag{12}
\end{equation*}
$$

so that

$$
\frac{\pi^{2}}{\operatorname{Mod}_{a}(W)} \leq\left(I(a, W)+\frac{1}{n}\right) \exp \left(I(a, W)+\frac{1}{n}\right)
$$

This implies the right-hand side of (11).
Remark. The similar inequalities concerning $C_{\Omega}, I_{\Omega}$ and $\operatorname{Mod}(\Omega)=$ $\sup \left\{\operatorname{Mod}_{a}(\Omega) ; a \in \partial \Omega\right\}$ have been established, see [19], for a hyperbolic domain $\Omega$. From (10) and (11) we immediately have the following result.

Theorem 1. For $a \in \partial W \backslash\{\infty\}$, the following statements are mutually equivalent.
(I) $a$ is a uniformly perfect point with respect to $W$;
(II) $C(a, W)>0$;
(III) $I(a, W)>0$;
(IV) $\operatorname{Mod}_{a}^{0}(W)<\infty$;
(V) $\operatorname{Mod}_{a}(W)<\infty$.

Proof. Obviously, we only need to imply (V) by (IV). Suppose that $\operatorname{Mod}_{a}(W)=\infty$, then there exists a sequence of annuli $\left\{A_{n}\right\}$ such that each $A_{n}$ separates $a$ from $\infty$ and $\bmod \left(A_{n}\right) \rightarrow \infty(n \rightarrow \infty)$, and furthermore we have a sequence of round annuli $\left\{B_{n}\right\}$ centered at $a$ such that $\bmod \left(B_{n}\right)=$ $\bmod \left(A_{n}\right)+O(1) \rightarrow \infty(n \rightarrow \infty)$. This implies $\operatorname{Mod}_{a}^{0}(W)=\infty$, which contradicts (IV).

Remark. From Theorem 1, it is easy to see that $C(a, W)=0$ if and only if there exists a sequence of annuli $\left\{A_{n}\right\}$ in $W$ such that for each $n, A_{n}$ separates $a$ from $\infty$ and $\bmod \left(A_{n}\right) \rightarrow \infty$ as $n \rightarrow \infty$. And we can also require either $\sup \left\{|z-a| ; z \in A_{n}\right\} \rightarrow 0$ or $\operatorname{dist}\left(a, A_{n}\right) \rightarrow \infty$ as $n \rightarrow \infty$.

Next, we discuss variation of the domain constant $C_{\Omega}$ of a hyperbolic domain $\Omega$ produced under a covering map. It is well-known that $C_{\Omega}$ is quasiinvariant under a conformal mapping. It was indeed proved in [12] that if $\Omega_{0}$ and $\Omega_{1}$ are conformally equivalent, then

$$
\frac{1}{B} C_{\Omega_{1}} \leq C_{\Omega_{0}} \leq B C_{\Omega_{1}}
$$

where $B=\left|1+i \operatorname{coth} \frac{\pi}{3}\right|=2.4335 \ldots$. Define

$$
\begin{aligned}
& r_{\Omega}:=\sup \left\{r ; \text { the hyperbolic disk }\left\{z ; d_{\Omega}(z, q)<r\right\}\right. \text { is } \\
& \text { simply connected for all } q \in \Omega\},
\end{aligned}
$$

where $d_{\Omega}(z, q)$ throughout denotes the hyperbolic distance from $z$ to $q$ on $\Omega$. Then $I_{\Omega}=2 r_{\Omega}$ (see [11]). Let $p(z)$ be a covering map from $\Omega$ onto $p(\Omega)$. From the Principle of Hyperbolic Metric (see below Theorem B), we easily deduce $I_{\Omega} \geq I_{p(\Omega)}$, so that $r_{\Omega} \geq r_{p(\Omega)}$. Thus the same argument as in [12] can show the following

Proposition 4. Let $\Omega$ be a hyperbolic domain and $p(z)$ be a covering map from $\Omega$ onto $p(\Omega)$. Then

$$
C_{p(\Omega)} \leq B C_{\Omega}
$$

It is clear that the inequality $C_{\Omega} \leq B C_{p(\Omega)}$ does not generally hold, since an arbitrary hyperbolic domain must have a universal covering map from $\Delta$.

## §2. Distortion theorems

Distortion theorems concerning univalent analytic functions on $\Delta$ are well-known and play an important role in study of Complex Analysis. In this section, we mainly discuss distortion of holomorphic functions and universal covering maps from $\Delta$ in terms of uniform perfectness of image domains. The following is the Principle of Hyperbolic Metric (see Chapter III. 3 of Nevanlinna[16] and also [15], this principle is sometimes called the SchwarzPick lemma), which is a start of our discussion in this section.

Theorem B. Let $f(z)$ be holomorphic in $\Delta$ and $\Omega$ be a hyperbolic domain such that $f(\Delta) \subseteq \Omega$. Then

$$
\lambda_{\Omega}(f(z))\left|f^{\prime}(z)\right| \leq \lambda_{\Delta}(z), \text { for } z \in \Delta
$$

with equality if and only if $f$ is a covering map of $\Omega$ from $\Delta$.
By applying the Principle of Hyperbolic Metric, we first of all establish a distortion theorem about a function holomorphic in $\Delta$.

Theorem 2. Let $f(z)$ be holomorphic in $\Delta$ and $\Omega$ be a hyperbolic domain such that $f(\Delta) \subseteq \Omega$. If for some $a \in \partial \Omega \backslash\{\infty\}, c=2 C(a, \Omega)>0$, then for $z \in \Delta$ we have

$$
\begin{equation*}
|f(0)-a|\left(\frac{1-|z|}{1+|z|}\right)^{1 / c} \leq|f(z)-a| \leq|f(0)-a|\left(\frac{1+|z|}{1-|z|}\right)^{1 / c} \tag{13}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|f^{\prime}(z)\right| \leq \frac{2|f(0)-a|}{c} \frac{(1+|z|)^{1 / c-1}}{(1-|z|)^{1 / c+1}} \tag{14}
\end{equation*}
$$

If, in addition, $C_{\Omega}>0$ and $f^{\prime}(0) \neq 0$, we have

$$
\begin{equation*}
\left\{w ;|w-f(0)|<C_{\Omega}\left|f^{\prime}(0)\right|\right\} \subset \Omega \tag{15}
\end{equation*}
$$

Proof. Applying the Principle of Hyperbolic Metric to $f(z)$ gives

$$
\begin{equation*}
\lambda_{\Omega}(f(z))\left|f^{\prime}(z)\right| \leq \frac{1}{1-|z|^{2}}, \quad z \in \Delta \tag{16}
\end{equation*}
$$

Then from the definition of $C(a, \Omega)$ we get

$$
\begin{equation*}
\frac{c}{2} \frac{\left|f^{\prime}(z)\right|}{|f(z)-a|} \leq \lambda_{\Omega}(f(z))\left|f^{\prime}(z)\right| \leq \frac{1}{1-|z|^{2}} \tag{17}
\end{equation*}
$$

Integrating the left-hand and right-hand sides of (17) along the segment $[0, z]$ gives

$$
c\left|\log \frac{|f(z)-a|}{|f(0)-a|}\right| \leq \log \frac{1+|z|}{1-|z|}
$$

From this (13) follows, and by combining (17) with (13), we deduce (14).
Since $0<C_{\Omega} \leq \lambda_{\Omega}(f(0)) \delta_{\Omega}(f(0))$, from (16) we obtain

$$
C_{\Omega}\left|f^{\prime}(0)\right| \leq \delta_{\Omega}(f(0))
$$

This immediately implies (15).
Theorem 2 follows.
We remark on Theorem 2. When $f(\Delta)$ is simply connected with $f(0)=$ 0 and $f^{\prime}(0)=1$, we have

$$
\left\{w ;|w|<\frac{1}{4}\right\} \subset f(\Delta)
$$

This result generalizes Koebe $\frac{1}{4}$ Theorem, since we do not assume that $f(z)$ is univalent. When $f(\Delta)$ is convex with $f(0)=0$ and $f^{\prime}(0)=1$, we have $\left\{w ;|w|<\frac{1}{2}\right\} \subset f(\Delta)$.

Theorem 3. Let $f(z)$ be a universal covering map of $\Omega$ from $\Delta$. If $d=2 C_{\Omega}>0$, then

$$
\begin{equation*}
\frac{d}{2}\left|f^{\prime}(0)\right| \frac{(1-|z|)^{1 / d-1}}{(1+|z|)^{1 / d+1}} \leq\left|f^{\prime}(z)\right| \leq \frac{2}{d}\left|f^{\prime}(0)\right| \frac{(1+|z|)^{1 / d-1}}{(1-|z|)^{1 / d+1}} \tag{18}
\end{equation*}
$$

and

$$
\begin{equation*}
|f(z)-f(0)| \leq\left|f^{\prime}(0)\right|\left\{\left(\frac{1+|z|}{1-|z|}\right)^{1 / d}-1\right\} \tag{19}
\end{equation*}
$$

Proof. For any $z \in \Delta$, there exists a point $a_{z} \in \partial \Omega$ such that $\delta_{\Omega}(f(z))=$ $\left|f(z)-a_{z}\right|$. From (15) it is easy to see that

$$
\left|f(0)-a_{z}\right| \geq \frac{d}{2}\left|f^{\prime}(0)\right|
$$

Noting $C\left(a_{z}, \Omega\right) \geq C_{\Omega}$ and using (13), we have

$$
\left|f(z)-a_{z}\right| \geq\left|f(0)-a_{z}\right|\left(\frac{1-|z|}{1+|z|}\right)^{1 / d}
$$

An application of the Principle of Hyperbolic Metric yields

$$
\begin{equation*}
\lambda_{\Omega}(f(z))\left|f^{\prime}(z)\right|=\frac{1}{1-|z|^{2}} \tag{20}
\end{equation*}
$$

It is well-known that

$$
\begin{equation*}
\lambda_{\Omega}(f(z)) \delta_{\Omega}(f(z)) \leq 1 \tag{21}
\end{equation*}
$$

Combining the above inequalities shows

$$
\begin{aligned}
\left|f^{\prime}(z)\right| & \geq \frac{1}{1-|z|^{2}} \delta_{\Omega}(f(z)) \\
& =\frac{1}{1-|z|^{2}}\left|f(z)-a_{z}\right| \\
& \geq \frac{d}{2}\left|f^{\prime}(0)\right| \frac{(1-|z|)^{1 / d-1}}{(1+|z|)^{1 / d+1}}
\end{aligned}
$$

This is the left-hand side of (18). It is clear from (21) and (20) that

$$
\left|f(0)-a_{0}\right|=\delta_{\Omega}(f(0)) \leq \frac{1}{\lambda_{\Omega}(f(0))}=\left|f^{\prime}(0)\right|
$$

Thus from (14) the right-hand side of (18) follows.
In order to prove (19), we note the elementary formula

$$
\begin{equation*}
\int_{0}^{t} \frac{(1+x)^{\alpha-1}}{(1-x)^{\alpha+1}} d x=\frac{1}{2 \alpha}\left(\frac{1+t}{1-t}\right)^{\alpha}-\frac{1}{2 \alpha} \tag{22}
\end{equation*}
$$

where $\alpha$ is a non-zero real constant. For $z \in \Delta$, using the right-hand side of (18) we have

$$
|f(z)-f(0)|=\left|\int_{0}^{z} f^{\prime}(\zeta) d \zeta\right| \leq \frac{2}{d}\left|f^{\prime}(0)\right| \int_{0}^{|z|} \frac{(1+x)^{1 / d-1}}{(1-x)^{1 / d+1}} d x
$$

Thus applying (22) to the last integration on the above inequality implies (19).

Remark. (A) In Theorem 3, when $\Omega$ is simply connected, we have that $d=2 C_{\Omega} \geq 1 / 2$ and $f$ is a conformal mapping, and then it follows from (18) that

$$
\frac{1}{4}\left|f^{\prime}(0)\right| \frac{1-|z|}{(1+|z|)^{3}} \leq\left|f^{\prime}(z)\right| \leq 4\left|f^{\prime}(0)\right| \frac{1+|z|}{(1-|z|)^{3}}
$$

and from (19) that

$$
|f(z)-f(0)| \leq\left|f^{\prime}(0)\right| \frac{4|z|}{(1-|z|)^{2}}
$$

Comparing them with the corresponding inequalities in Koebe Distortion Theorem for a conformal mapping from $\Delta$ onto $\Omega$, then we have reason to ask whether the coefficients $d / 2$ and $2 / d$ respectively in both the sides of (18) are necessary.
(B) The lower bound corresponding to (19) for $|f(z)-f(0)|$ does not exist unless $f(z)$ is conformal. This is because $f(z)$ can take $f(0)$ at other point in $\Delta$ than zero if $f(z)$ is not univalent.

Another distortion theorem on a universal covering map can be established by another way.

Theorem 4. Let $f(z)$ be a universal covering map of $\Omega$ from $\Delta$. Assume that $d=2 C_{\Omega}>0$. Then

$$
\begin{equation*}
\left|f^{\prime}(0)\right| \frac{(1-|z|)^{2 / d-1}}{(1+|z|)^{2 / d+1}} \leq\left|f^{\prime}(z)\right| \leq\left|f^{\prime}(0)\right| \frac{(1+|z|)^{2 / d-1}}{(1-|z|)^{2 / d+1}} \tag{23}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\arg f^{\prime}(z)-\arg f^{\prime}(0)\right| \leq \frac{2}{d} \log \frac{1+|z|}{1-|z|} \tag{24}
\end{equation*}
$$

Proof. Let $F(z)$ be the universal covering map of $\Omega$ from $\Delta$ with $F(0)=$ 0 and $F^{\prime}(0)=1$ (Here we assume $0 \in \Omega$ for the moment). From the Principle of Hyperbolic Metric, we have

$$
\lambda_{\Omega}(F(z))\left|F^{\prime}(z)\right|=\lambda_{\Delta}(z)
$$

Taking the logarithm of the above equality and, then, differentiating it give

$$
\frac{\partial}{\partial w}\left[\log \lambda_{\Omega}(w)\right](F(z)) F^{\prime}(z)+\frac{1}{2} \frac{F^{\prime \prime}(z)}{F^{\prime}(z)}=\frac{\partial}{\partial z} \log \lambda_{\Delta}(z)=\frac{\bar{z}}{1-|z|^{2}}
$$

Thus

$$
\left|F^{\prime \prime}(0)\right|=2\left|\frac{\partial}{\partial w} \log \lambda_{\Omega}(0)\right|=\left|\nabla \log \lambda_{\Omega}(0)\right|
$$

By Theorem 4 in [17] and by noting $\lambda_{\Omega}(0)=\lambda_{\Delta}(0)=1$, we have

$$
\left|\nabla \log \lambda_{\Omega}(0)\right| \leq \frac{2}{\delta_{\Omega}(0)} \leq \frac{2}{C_{\Omega}}
$$

and therefore

$$
\begin{equation*}
\left|F^{\prime \prime}(0)\right| \leq \frac{4}{d} \tag{25}
\end{equation*}
$$

For each $z \in \Delta$ define

$$
g(\zeta):=\frac{f\left(\frac{\zeta+z}{1+\overline{z \zeta} \zeta}\right)-f(z)}{\left(1-|z|^{2}\right) f^{\prime}(z)}
$$

It is easy to see that $g(\zeta)$ is a universal covering map from $\Delta$ onto $L(\Omega)$, where $L(w)=(w-f(z)) /\left[\left(1-|z|^{2}\right) f^{\prime}(z)\right]$ is a linear transformation. Also $g(0)=0$ and $g^{\prime}(0)=1$. A simple calculation reveals

$$
g^{\prime \prime}(0)=\left(1-|z|^{2}\right) \frac{f^{\prime \prime}(z)}{f^{\prime}(z)}-2 \bar{z}
$$

Applying (25) to $g(\zeta)$ and noting $d=2 C_{\Omega}=2 C_{L(\Omega)}$ give

$$
\left|g^{\prime \prime}(0)\right|=\left|\left(1-|z|^{2}\right) \frac{f^{\prime \prime}(z)}{f^{\prime}(z)}-2 \bar{z}\right| \leq \frac{4}{d}
$$

Multiply both the sides of this inequality by $|z| /\left(1-|z|^{2}\right)$ to get

$$
\left|\frac{z f^{\prime \prime}(z)}{f^{\prime}(z)}-\frac{2|z|^{2}}{1-|z|^{2}}\right| \leq \frac{4}{d} \frac{|z|}{1-|z|^{2}}
$$

This implies

$$
\begin{equation*}
\frac{2|z|^{2}-\frac{4}{d}|z|}{1-|z|^{2}} \leq \operatorname{Re} \frac{z f^{\prime \prime}(z)}{f^{\prime}(z)} \leq \frac{2|z|^{2}+\frac{4}{d}|z|}{1-|z|^{2}} \tag{26}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|\operatorname{Im} \frac{z f^{\prime \prime}(z)}{f^{\prime}(z)}\right| \leq \frac{4}{d} \frac{|z|}{1-|z|^{2}} \tag{27}
\end{equation*}
$$

We note

$$
\operatorname{Re} \frac{z f^{\prime \prime}(z)}{f^{\prime}(z)}=|z| \frac{\partial}{\partial|z|} \log \left|f^{\prime}(z)\right|
$$

and

$$
\operatorname{Im} \frac{z f^{\prime \prime}(z)}{f^{\prime}(z)}=|z| \frac{\partial}{\partial|z|} \arg f^{\prime}(z)
$$

Thus (26) and (27) respectively yield

$$
\frac{2|z|-\frac{4}{d}}{1-|z|^{2}} \leq \frac{\partial}{\partial|z|} \log \left|f^{\prime}(z)\right| \leq \frac{2|z|+\frac{4}{d}}{1-|z|^{2}}
$$

and

$$
-\frac{4}{d} \frac{1}{1-|z|^{2}} \leq \frac{\partial}{\partial|z|} \arg f^{\prime}(z) \leq \frac{4}{d} \frac{1}{1-|z|^{2}}
$$

Integrating both the sides of the above two inequalities along the segment $[0, z]$ respectively implies (23) and (24).

The following is a consequence of Theorems 3 and 4, which generalizes the celebrated distortion theorem of a univalent analytic function on $\Delta$.

Corollary 1. Assume that $K$ is a compact subset of hyperbolic domain $G$. Then for every covering map $f: G \rightarrow f(G)$ such that $C_{f(G)} \geq k>$ 0 , we have

$$
\begin{equation*}
\frac{1}{M} \leq \frac{\left|f^{\prime}(z)\right|}{\left|f^{\prime}(w)\right|} \leq M, \text { for } z, w \in K \tag{28}
\end{equation*}
$$

where $M$ are a positive constant depending on $K$ and $k$.
Proof. It suffices to prove the right-hand side of (28). Let $h$ be a universal covering map of $G$ from $\Delta$. Then $g=f(h): \Delta \rightarrow f(G)$ is a covering map. We can find a $r, 0<r<1$, such that $h\left(\Delta_{r}\right) \supset K, \Delta_{r}=\{|z|<r\}$. For a pair of $z$ and $w$ in $K$, there exist $z_{0}$ and $w_{0}$ in $\Delta_{r}$ such that $h\left(z_{0}\right)=z, h\left(w_{0}\right)=w$. From Proposition 4 it follows that $s=C_{G} \geq 0.42 C_{f(G)} \geq 0.42 k>0$. Applying Theorem 4 respectively to $h$ and $g$ gives

$$
\frac{\left|h^{\prime}\left(w_{0}\right)\right|}{\left|h^{\prime}\left(z_{0}\right)\right|} \leq \frac{(1+r)^{2 / s}}{(1-r)^{2 / s}}
$$

and

$$
\frac{\left|f^{\prime}(z) h^{\prime}\left(z_{0}\right)\right|}{\left|f^{\prime}(w) h^{\prime}\left(w_{0}\right)\right|}=\frac{\left|g^{\prime}\left(z_{0}\right)\right|}{\left|g^{\prime}\left(w_{0}\right)\right|} \leq \frac{(1+r)^{2 / k}}{(1-r)^{2 / k}}
$$

Combining the above inequalities implies the right-hand side of (28).
We can also establish the corresponding inequalities to (13) for half plane, angular domain and other special domains.

Theorem 5. Let $f(z)$ be holomorphic in $\mathbf{H}$ and $f(\mathbf{H}) \subseteq \Omega$. If for some $a \in \partial \Omega \backslash\{\infty\}, c=2 C(a, \Omega)>0$, then for any $0<\delta<\frac{\pi}{2}$, we have

$$
\begin{equation*}
|f(z)| \leq C_{0}\left(1+|z|^{1 / c}\right),\left|\arg z-\frac{\pi}{2}\right|<\delta \tag{29}
\end{equation*}
$$

where $C_{0}$ is a positive constant depending on $\delta$, a and a fixed point $z_{1}$ in $\mathbf{H}$ and $f\left(z_{1}\right)$.

Proof. It is well-known (see [3]) that for a fixed point $z_{1}$ in $\mathbf{H}$, we have

$$
\begin{equation*}
\sinh ^{2} d_{\mathbf{H}}\left(z, z_{1}\right)=\frac{\left|z-z_{1}\right|^{2}}{4 \operatorname{Im}[z] \operatorname{Im}\left[z_{1}\right]}=O(|z|) \tag{30}
\end{equation*}
$$

whenever $\left|\arg z-\frac{\pi}{2}\right|<\delta$ and $z \rightarrow \infty$.
On the other hand, recalling the definition of hyperbolic distance between two points we obtain

$$
\begin{aligned}
d_{\Omega}\left(\zeta, \zeta_{0}\right) & =\inf _{\gamma} \int_{\gamma} \lambda_{\Omega}(\zeta)|d \zeta| \\
& \geq \frac{c}{2} \inf _{\gamma} \int_{\gamma} \frac{|d \zeta|}{|\zeta-a|} \\
& \geq \frac{c}{2}|\log | \frac{\zeta-a}{\zeta_{0}-a}| |
\end{aligned}
$$

where the infimum is taken over all the curves $\gamma$ connecting $\zeta$ and $\zeta_{0}$ in $\Omega$. Noting $\sinh ^{2} x>e^{2 x} / 4-1 / 2$, this yields

$$
\begin{align*}
\sinh ^{2} d_{\Omega}\left(\zeta, \zeta_{0}\right) & \geq \sinh ^{2}\left\{\frac{c}{2} \log \left|\frac{\zeta-a}{\zeta_{0}-a}\right|\right\}  \tag{31}\\
& >\frac{1}{4}\left|\frac{\zeta-a}{\zeta_{0}-a}\right|^{c}-\frac{1}{2}, \text { for } \zeta, \zeta_{0} \in \Omega
\end{align*}
$$

Then the desired inequality (29) can be derived from $d_{\Omega}\left(f(z), f\left(z_{1}\right)\right) \leq$ $d_{\mathbf{H}}\left(z, z_{1}\right)$ and by combining (30) with (31).

Let $D\left(z_{0}, \theta, \delta\right):=\left\{z ;\left|\arg \left(z-z_{0}\right)-\theta\right|<\delta\right\}$ be an angular domain. Transformation

$$
w=M(z)=\left\{e^{-i(\theta-\delta)}\left(z-z_{0}\right)\right\}^{\frac{\pi}{2 \delta}}
$$

maps conformally $D\left(z_{0}, \theta, \delta\right)$ onto the upper half plane $\mathbf{H}$. And $w=$ $\exp \left(\frac{\pi}{R-r}(z-R i)\right)$ maps conformally the band domain $\{r<\operatorname{Im} z<R\}$ onto the upper half plane $\mathbf{H}$. Then from Theorem 5 the following results immediately follow.

Corollary 2. Let $f(z)$ be holomorphic in $D\left(z_{0}, \theta, \delta\right)$ and $f\left(D\left(z_{0}, \theta, \delta\right)\right)$ $\subseteq \Omega$. If for some $a \in \partial \Omega \backslash\{\infty\}, c=2 C(a, \Omega)>0$, then for any $0<\delta_{0}<\delta$, we have

$$
\begin{equation*}
|f(z)| \leq C_{0}\left(1+|z|^{\frac{\pi}{2 c \delta}}\right), \text { for } z \in D\left(z_{0}, \theta, \delta_{0}\right) \tag{32}
\end{equation*}
$$

where $C_{0}$ is a positive constant depending on $\delta_{0}, \delta$, a and a fixed point $z_{1}$ in $D\left(z_{0}, \theta, \delta_{0}\right)$ and $f\left(z_{1}\right)$.

Corollary 3. Let $f(z)$ be holomorphic in $E=\{r<\operatorname{Im} z<R\}$ and $f(E) \subseteq \Omega$. If for some $a \in \partial \Omega \backslash\{\infty\}, c=2 C(a, \Omega)>0$, then for any $0<\delta_{0}<(R-r) / 2$, we have

$$
\begin{equation*}
|f(z)| \leq C_{0} \exp \left(\frac{\pi}{(R-r) c}|z|\right), \text { for } z \in\left\{r+\delta_{0}<\operatorname{Im} z<R-\delta_{0}\right\} \tag{33}
\end{equation*}
$$

where $C_{0}$ is a positive constant depending on $\delta_{0}$, a and a fixed point $z_{1}$ in $E$ and $f\left(z_{1}\right)$.

Remark. The inequalities (29), (32) and (33) are sharp. For example, observe function $h(z)=\left\{e^{-i(\theta-\delta)}\left(z-z_{0}\right)\right\}^{\frac{\pi}{2 \delta}}$. It maps conformally $D\left(z_{0}, \theta, \delta\right)$ onto the upper half plane $\mathbf{H}$. Obviously, $h(z)$ satisfies the condition of Corollary 2 with $\Omega=\mathbf{H}$. In fact it is easy to see that for any $a \in\{\operatorname{Im} z=0\}$, $c=2 C(a, \mathbf{H})=1$. Thus

$$
|h(z)|=\left|z-z_{0}\right|^{\frac{\pi}{2 \delta}} \sim|z|^{\frac{\pi}{2 \delta} \frac{1}{c}}
$$

as $z \rightarrow \infty, z \in D\left(z_{0}, \theta, \delta\right)$.
Corollary 2 has an application in iteration theory of meromorphic functions. Let $f(z)$ be a transcendental meromorphic function in the complex plane. Let $f^{n}(z)$ denote the $n$-th iterate of $f: f^{1}(z)=f(z), f^{n}(z)=$ $f\left(f^{n-1}(z)\right)=f^{n-1}(f(z))$. Then $f^{n}(z)$ is defined for all $z \in \mathbf{C}$ except for a countable set of the poles of $f, f^{2}, \ldots, f^{n-1}$. Define Fatou set of $f(z)$ as $F(f):=\left\{z \in \mathbf{C} ;\left\{f^{n}\right\}\right.$ is defined and normal in some neighborhood of $\left.z\right\}$.
$F(f)$ is open and each $f^{n}(z)$ is analytic in $F(f)$. It is well-known that $F(f)$ is completely invariant, that is, $z \in F(f)$ if and only if $f(z) \in F(f)$, and thus for any connected component $U$ of $F(f)$, called a stable domain of $f$, $f^{n}(U)$ is contained in a component $U_{n}$ of $F(f)$. If for some $n, U_{n}=U$, then $U$ is called a periodic domain of $f$; If for $n \neq m, U_{n} \neq U_{m}$, then $U$ is called a wandering domain of $f$. We refer to [5] for more information.

THEOREM 6. Let $f$ be a meromorphic function and $U$ be a stable domain of $f$. Assume that there exist an angular domain $D\left(z_{0}, \theta, \delta\right) \subset U$ and an $a \notin U$ such that $C(a, U)>0$. Then for any positive integer $n$, we have

$$
\begin{equation*}
\left|f^{n}(z)\right| \leq C_{n}\left(1+|z|^{\frac{t \pi}{4 \delta}}\right), \text { for } z \in D\left(z_{0}, \theta, \delta_{0}\right) \tag{34}
\end{equation*}
$$

where $0<\delta_{0}<\delta$, $t=\max \{4,1 / C(a, U)\}$ and $C_{n}$ is a positive constant depending on $a, \delta_{0}, \delta, n$ and a fixed point $z_{1}$ in $U$ and $f^{n}\left(z_{1}\right)$.

Proof. If $U_{n}=U$, then $f^{n}$ satisfies the condition of Corollary 2 with $\Omega=U$; If $U_{n} \neq U$, then $U_{n} \cap U=\emptyset$, and $U_{n} \subset \mathbf{C} \backslash\left\{\arg \left(z-z_{0}\right)=\right.$ $\theta\}$. Noting the fact that $\mathbf{C} \backslash\left\{\arg \left(z-z_{0}\right)=\theta\right\}$ is simply connected and $C_{\mathbf{C} \backslash\left\{\arg \left(z-z_{0}\right)=\theta\right\}}=1 / 4$, we also have that $f^{n}$ satisfies the condition of Corollary 2 with $\Omega=\mathbf{C} \backslash\left\{\arg \left(z-z_{0}\right)=\theta\right\}$. Thus (34) follows from Corollary 2.

We remark on Theorem 6. (I) (34) with $t=4$ holds without the assumption of $C(a, \Omega)>0$ when $U$ is a wandering domain of $f$.
(II) When $U$ is simply connected, (34) with $t=1 / C_{U} \leq 4$ holds, which was established in [6] and [18] by different methods with $t=4$ for the case when $f$ is an entire function, for an unbounded stable domain of an entire function $f$ is simply connected (see [2]).

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