# ( $p-1$ )th Roots of Unity $\bmod p^{n}$, Generalized Heilbronn Sums, Lind-Lehmer Constants, and Fermat Quotients 

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#### Abstract

For $n \geq 3$, we obtain an improved estimate for the generalized Heilbronn sum $\sum_{x=1}^{p-1} e_{p^{n}}\left(y x x^{p^{n-1}}\right)$ and use it to show that any interval $\mathcal{I}$ of points in $\mathbb{Z}_{p^{n}}$ of length $|\mathcal{I}| \gg p^{1.825}$ for $n=2$, $|\mathcal{I}| \gg p^{2.959}$ for $n=3$, and $|\mathcal{I}| \geq p^{n-3.269(34 / 151)^{n}+o(1)}$ for $n \geq 4$ contains a $(p-1)$ th root of unity. As a consequence, we derive an improved estimate for the Lind-Lehmer constant for the Abelian group $\mathbb{Z}_{p}^{n}$ and improved estimates for Fermat quotients.


## 1. Introduction

Let $p$ be a prime, $n \in \mathbb{N}, \mathbb{Z}_{p^{n}}^{*}$ be the group of units $\bmod p^{n}$, and $G_{n} \subset \mathbb{Z}_{p^{n}}^{*}$ be the subgroup of $(p-1)$ th roots of unity,

$$
G_{n}:=\left\{x \in \mathbb{Z}_{p^{n}}^{*}: x^{p-1}=1\right\}=\left\{x^{p^{n-1}} \quad\left(\bmod p^{n}\right): 1 \leq x \leq p-1\right\}
$$

For $y \in \mathbb{Z}$, let $S_{n}(y)$ denote the generalized Heilbronn sum

$$
S_{n}(y):=\sum_{x \in G_{n}} e_{p^{n}}(y x)=\sum_{x=1}^{p-1} e_{p^{n}}\left(y x^{p^{n-1}}\right)
$$

where $e_{p^{n}}(\cdot)=e^{\frac{2 \pi i}{p^{n}}}$, and let

$$
H_{n}=\max _{p^{n} \nmid y}\left|S_{n}(y)\right| .
$$

Our interest here is in estimating $H_{n}$ and studying the distribution of points in $G_{n}$. In particular, we wish to determine how large $M$ must be so that any interval

$$
\begin{equation*}
\mathcal{I}:=\{a+1, \ldots, a+M\} \subset \mathbb{Z}_{p^{n}} \tag{1.1}
\end{equation*}
$$

of length $M$ is guaranteed to contain an element of $G_{n}$. Equivalently, we wish to determine an upper bound on the maximal gap between consecutive $(p-1)$ th roots of unity. It is well known that an estimate for $H_{n}$ leads to a corresponding estimate on the size of the gap. We make this explicit in Corollary 3.1, where we prove that any interval of length $|\mathcal{I}| \geq 3 p^{n-1} H_{n}$ contains an element of $G_{n}$.

The current best estimate for $H_{2}$ is due to Shkredov [17, Thm. 15],

$$
\begin{equation*}
H_{2} \ll p^{\frac{5}{6}} \log ^{\frac{1}{6}} p \tag{1.2}
\end{equation*}
$$

[^0]improving earlier bounds of Heath-Brown [7], Heath-Brown and Konyagin [8], and Shkredov [16], and we make no further improvement here. For $n \geq 3$, Malykhin [14, Cor. 1] obtained $H_{n} \ll_{n} p^{1-\frac{3.906}{5^{n}}}$ for $n \geq 3$. Bourgain and Chang [1, Cor. 4.4] also obtained a nontrivial bound of the type $H_{n} \ll p^{1-\delta_{n}}$ for some undetermined constant $\delta_{n}>0$, as a special case of their very general exponential sum estimate over subgroups of $\mathbb{Z}_{m}^{*}$ with $m$ composite. Here, we use the bound for $\mathrm{H}_{2}$ in (1.2) and a recent energy estimate of Shkredov, Solodkova, and Vyugin [18] to refine the estimate of Malykhin, obtaining in Theorem 8.1 and Corollary 8.1
\[

$$
\begin{align*}
& H_{3} \ll p^{1-\frac{29}{702}+o(1)}=p^{0.95868 \ldots+o(1)}  \tag{1.3}\\
& H_{n} \ll p^{1-3.269\left(\frac{34}{151}\right)^{n}+o(1)} \quad \text { for } n \geq 4 \tag{1.4}
\end{align*}
$$
\]

The same estimate for $H_{3}$ was also obtained recently by Shteinikov [21, Thm. 13] in a similar manner.

From Corollary 3.1 we immediately deduce the following result for $n \geq 3$.
Theorem 1.1. Any interval $\mathcal{I} \subset \mathbb{Z}_{p^{n}}$ of length as further given in (1.5) contains an element of $G_{n}$

$$
|\mathcal{I}| \geq \begin{cases}p^{2-\frac{575}{3276}+o(1)} & \text { if } n=2  \tag{1.5}\\ p^{3-\frac{29}{702}+o(1)} & \text { if } n=3 \\ p^{n-3.269\left(\frac{34}{151}\right)^{n}+o(1)} & \text { if } n \geq 4\end{cases}
$$

To be precise, for $n=2$, the $o(1)$ is an undetermined function of $p$ that goes to 0 as $p \rightarrow \infty$, whereas for $n \geq 3, o(1)=c_{n} \log \log p / \log p$ for some effectively computable constant $c_{n}$. The estimate given for the case $n=2$ does not follow from Theorem 3.1, but requires instead a method of Konyagin and Shparlinski [10] given in Section 4; the proof for $n=2$ is given in Section 5. As a consequence of the theorem, we obtain an improved estimate for the Lind-Lehmer constant for the Abelian group $\mathbb{Z}_{p}^{n}$ (Sect. 2) and improved estimates for Fermat quotients (Sect. 6).

## 2. The Lind-Lehmer Constant for Finite Abelian Groups

Our interest in the distribution of elements of $G_{n}$ was originally motivated by the problem of determining the Lind-Lehmer constant for the group $\mathbb{Z}_{p}^{n}$.

For a polynomial $F(x)=a_{0} \prod_{i=1}^{n}\left(x-\alpha_{i}\right) \in \mathbb{C}[x]$, we define the traditional Mahler measure $M(F)=\left|a_{0}\right| \prod_{i=1}^{n} \max \left\{1,\left|\alpha_{i}\right|\right\}$ and the logarithmic Mahler measure $m(F)=\log M(F)$. Famously, Lehmer [11] asked whether there exists a constant $c>0$ such that, for any polynomial $F$ in $\mathbb{Z}[x]$, either $m(F)=0$ or $m(F)>c$. By Jensen's formula we can write

$$
m(F)=\int_{0}^{1} \log \left|F\left(e^{2 \pi i x}\right)\right| d x
$$

allowing us to generalize the concept of Mahler measure to $F \in \mathbb{C}\left[x_{1}, \ldots, x_{n}\right]$ :

$$
\begin{equation*}
m(F):=\int_{0}^{1} \cdots \int_{0}^{1} \log \left|F\left(e^{2 \pi i x_{1}}, \ldots, e^{2 \pi i x_{n}}\right)\right| d x_{1} \cdots d x_{n} \tag{2.1}
\end{equation*}
$$

Since (see, e.g., Boyd [4])

$$
m\left(F\left(x_{1}, x_{2}, \ldots, x_{n}\right)\right)=\lim _{k \rightarrow+\infty} m\left(F\left(x, x^{k}, x^{k^{2}}, \ldots, x^{k^{n-1}}\right)\right),
$$

the infimum of positive measures over polynomials in $\mathbb{Z}\left[x_{1}, \ldots, x_{n}\right]$ reduces to the classical one-variable Lehmer problem.

Lind [13], viewing (2.1) as an integral over the group $\mathbb{R} / \mathbb{Z} \times \cdots \times \mathbb{R} / \mathbb{Z}$ and $F\left(e^{2 \pi i x_{1}}, \ldots, e^{2 \pi i x_{n}}\right)$ as a linear sum of characters on that group, generalized the concept of Mahler measure to an arbitrary compact Abelian group $G$ with normalized Haar measure $\mu$ and dual group of characters $\hat{G}$, defining, for an $f$ in $\mathbb{Z}[\hat{G}]$,

$$
m_{G}(f)=\int_{G} \log |f| d \mu
$$

Analogously to the Lehmer problem, we can ask what is the smallest positive measure for that group and define the Lind-Lehmer constant

$$
\lambda(G):=\inf \left\{m_{G}(f): f \in \mathbb{Z}[\hat{G}], m_{G}(f)>0\right\} .
$$

For example, for a finite Abelian group

$$
G=\mathbb{Z}_{m_{1}} \times \cdots \times \mathbb{Z}_{m_{n}}
$$

and $F \in \mathbb{C}\left[x_{1}, \ldots, x_{n}\right]$, we can define, as a natural counterpart to (2.1), the measure

$$
m_{G}(F)=\frac{1}{|G|} \sum_{j_{1}=1}^{m_{1}} \ldots \sum_{j_{n}=1}^{m_{n}} \log \left|F\left(e^{2 \pi i j_{1} / m_{1}}, \ldots, e^{2 \pi i j_{n} / m_{n}}\right)\right|,
$$

and $\lambda(G)$ will be the minimum positive measure $m_{G}(F)$ over the $F \in \mathbb{Z}\left[x_{1}, \ldots\right.$, $\left.x_{n}\right]$.

In [5] the latter two authors showed that

$$
\lambda\left(\mathbb{Z}_{2}^{n}\right)=\frac{1}{2^{n}} \log \left(2^{n}-1\right)
$$

and, for an odd prime $p$, that

$$
\lambda\left(\mathbb{Z}_{p}^{n}\right)=\frac{1}{p^{n}} \log \mathcal{M}_{n}
$$

where

$$
\mathcal{M}_{n}:=\min \left\{2 \leq a \leq p^{n}-1: a \in G_{n}\right\} .
$$

Thus, an upper bound on the Lehmer constant $\lambda\left(\mathbb{Z}_{p}^{n}\right)$ will follow at once from any limitation on the size of an interval not containing an element of $G_{n}$. In the next section we relate this to bounds on the Heilbronn sums; in particular, we show that

$$
\mathcal{M}_{n} \leq 3 p^{n-1} H_{n}
$$

## 3. Using Estimates for $H_{n}$ to Estimate Gap Sizes

In this section we use the standard method to obtain a basic theorem relating the distribution of elements of $G_{n}$ to the estimation of the Heilbronn sum. In fact, the result we obtain can be stated for any subgroup $G$ of $\mathbb{Z}_{p^{n}}^{*}$. Set

$$
\Phi_{G}=\max _{p^{n} \nmid y}\left|\sum_{x \in G} e_{p^{n}}(y x)\right| .
$$

Theorem 3.1. For any prime power $p^{n}$ and subgroup $G$ of $\mathbb{Z}_{p^{n}}^{*}$, any interval $\mathcal{I} \subset \mathbb{Z}_{p^{n}}$ of length $|\mathcal{I}| \geq 2\left(\Phi_{G} /|G|\right) p^{n}$ contains an element of $G$.

Applying the theorem to $G_{n}$ and using the fact that $\left|G_{n}\right|=p-1 \geq \frac{2}{3} p$ for odd $p$, we obtain the following corollary. (The statement is trivial for $p=2$.)

Corollary 3.1. For any prime power $p^{n}$, any interval $\mathcal{I} \subset \mathbb{Z}_{p^{n}}$ of length $|\mathcal{I}| \geq$ $3 p^{n-1} H_{n}$ contains an element of $G_{n}$.

Proof of Theorem 3.1. Let $\alpha: \mathbb{Z}_{p^{n}} \rightarrow \mathbb{R}$ be a real-valued function supported on an interval $\mathcal{I}$ as given in (1.1). If we can show that $\sum_{x \in G} \alpha(x)>0$, then it follows that $G \cap \mathcal{I}$ is nonempty. To this end, we let $\alpha(x)=\sum_{y=1}^{p^{n}} a(y) e_{p^{n}}(y x)$ be the Fourier expansion of $\alpha$, where for any $y, a(y)=p^{-n} \sum_{x=1}^{p^{n}} e_{p^{n}}(-y x) \alpha(x)$. Also, for any integer $y$, put

$$
S(y):=\sum_{x \in G} e_{p^{n}}(y x)
$$

Then

$$
\begin{align*}
\sum_{x \in G} \alpha(x) & =\sum_{x \in G} \sum_{y=1}^{p^{n}} a(y) e_{p^{n}}(y x) \\
& =p^{-n}|G| \sum_{x=1}^{p^{n}} \alpha(x)+\sum_{y=1}^{p^{n}-1} a(y) S(y):=M_{\alpha}+E_{\alpha}, \tag{3.1}
\end{align*}
$$

say. We call $M_{\alpha}$ the main term of (3.1), and $E_{\alpha}$ the error term.
The simplest way to bound the error term $E_{\alpha}$ is just to say

$$
\begin{equation*}
\left|E_{\alpha}\right| \leq \sum_{y=1}^{p^{n}-1}|a(y) S(y)| \leq \Phi_{G} \sum_{y=1}^{p^{n}-1}|a(y)| \tag{3.2}
\end{equation*}
$$

We apply this estimate to the weighted function $\alpha=1_{\mathcal{J}} * 1_{\mathcal{K}}$, where

$$
\mathcal{J}=\{1,2, \ldots,\lceil M / 2\rceil\}, \quad \mathcal{K}=\{a, \ldots, a+\lfloor M / 2\rfloor\}
$$

Here, $1_{\mathcal{J}}$ and $1_{\mathcal{K}}$ are the characteristic functions of the intervals $\mathcal{J}$ and $\mathcal{K}$, say with Fourier coefficients $a_{\mathcal{J}}(y)$ and $a_{\mathcal{K}}(y)$ respectively, and $*$ denotes convolution. We note that $\alpha$ is supported on $\mathcal{I}$,

$$
M_{\alpha}=p^{-n}|G| \sum_{x=1}^{p^{n}} \alpha(x)=p^{-n}|G||\mathcal{J}||\mathcal{K}|
$$

and that

$$
a(y)=p^{n} a_{\mathcal{J}}(y) a_{\mathcal{K}}(y)
$$

Thus, by the Cauchy-Schwarz inequality and Parseval identity,

$$
\begin{aligned}
\sum_{y=1}^{p^{n}}|a(y)| & =p^{n} \sum_{y=1}^{p^{n}}\left|a_{\mathcal{J}}(y)\right|\left|a_{\mathcal{K}}(y)\right| \leq p^{n}\left(\sum_{y=1}^{p^{n}}\left|a_{\mathcal{J}}(y)\right|^{2}\right)^{1 / 2}\left(\sum_{y=1}^{p^{n}}\left|a_{\mathcal{K}}(y)\right|^{2}\right)^{1 / 2} \\
& =p^{n} p^{-n}\left(\sum_{x=1}^{p^{n}}\left|1_{\mathcal{J}}(x)\right|^{2}\right)^{1 / 2}\left(\sum_{x=1}^{p^{n}}\left|1_{\mathcal{K}}(x)\right|^{2}\right)^{1 / 2}=|\mathcal{J}|^{1 / 2}|\mathcal{K}|^{1 / 2}
\end{aligned}
$$

and so the main term $M_{\alpha}$ in (3.1) exceeds the error term $E_{\alpha}$, provided that

$$
p^{-n}|G||\mathcal{J}||\mathcal{K}|>\Phi_{G}|\mathcal{J}|^{1 / 2}|\mathcal{K}|^{1 / 2},
$$

that is,

$$
|\mathcal{J}||\mathcal{K}|>\left(\Phi_{G} /|G|\right)^{2} p^{2 n}
$$

Since $|\mathcal{J}||\mathcal{K}|=\lceil M / 2\rceil(1+\lfloor M / 2\rfloor)>M^{2} / 4$, we see that it suffices to have $M \geq$ $2\left(\Phi_{G} /|G|\right) p^{n}$, establishing the theorem.

## 4. Improving the Error Estimate

We can improve the estimate of the error term in certain cases using a method of Konyagin and Shparlinski [10, Chap. 7]. The same method was also used for related problems in [3] and [2]. Let $q=p^{n}$, and $G$ be any subgroup of $\mathbb{Z}_{q}^{*}$. Partition $\mathbb{Z}_{q}^{*}$ into the different cosets of $G$ :

$$
\mathbb{Z}_{q}^{*}=G y_{1} \cup G y_{2} \cup \cdots \cup G y_{L},
$$

where $L=\left(p^{n}-p^{n-1}\right) /|G|$. Fix a parameter $h<p$, to be determined later, and let

$$
N_{i}:=\#\left\{y \in G y_{i}: 0<|y| \leq h\right\}
$$

and

$$
\phi_{i}:=\left|S\left(y_{i}\right)\right| .
$$

It is plain that $\phi_{i}$ just depends on the coset $G y_{i}$ and not on the representative $y_{i}$. Let

$$
\alpha=1_{\mathcal{J}_{1}} * 1_{\mathcal{J}_{2}} * \cdots * 1_{\mathcal{J}_{k}}
$$

where the $\mathcal{J}_{i}$ are intervals of length $m=\left\lfloor\frac{M}{k}\right\rfloor$, chosen so that $\alpha$ is supported on $\mathcal{I}$. Then the Fourier coefficients of $\alpha$ satisfy

$$
a(0)=q^{-1} m^{k}
$$

and for any $y \neq 0$ with $|y| \leq q / 2$, we have

$$
\begin{equation*}
|a(y)|=\frac{1}{q} \frac{\left|\sin ^{k}(\pi y m / q)\right|}{\left|\sin ^{k}(\pi y / q)\right|} \leq \min \left\{\frac{m^{k}}{q}, \frac{q^{k-1}}{2^{k}|y|^{k}}\right\} \tag{4.1}
\end{equation*}
$$

Thus, to estimate the error term in (3.1), we write

$$
\begin{aligned}
\left|E_{\alpha}\right| & =\left|\sum_{y=1}^{q-1} a(y) S(y)\right|=\left|\sum_{0<|y| \leq q / 2} a(y) S(y)\right| \\
& \leq \sum_{0<|y| \leq h}|a(y)||S(y)|+\sum_{h<|y| \leq q / 2}|a(y)||S(y)|=\Sigma_{1}+\Sigma_{2}
\end{aligned}
$$

say. Noting that, for $0<|y| \leq h<p$, we must have $y \in \mathbb{Z}_{q}^{*}$, we obtain

$$
\begin{equation*}
\Sigma_{1} \leq \frac{m^{k}}{q} \sum_{0<|y|<h}|S(y)|=\frac{m^{k}}{q} \sum_{i=1}^{L} \sum_{\substack{0<|y|<h \\ y \in G y_{i}}} \phi_{i}=\frac{m^{k}}{q} \sum_{i=1}^{L} N_{i} \phi_{i} \tag{4.2}
\end{equation*}
$$

whereas for $\Sigma_{2}$, by the definition of $\Phi_{G}$ and (4.1) we have

$$
\begin{aligned}
\Sigma_{2} & \leq \max _{y \neq 0}|S(y)| \sum_{h \leq|y| \leq q / 2} \frac{q^{k-1}}{2^{k}|y|^{k}} \leq \Phi_{G} \frac{q^{k-1}}{2^{k-1}}\left(\frac{1}{h^{k}}+\frac{1}{(k-1) h^{k-1}}\right) \\
& \leq \frac{\Phi_{G} q^{k-1}(k+h-1)}{2^{k-1} h^{k}(k-1)}
\end{aligned}
$$

We succeed with this method provided that $\Sigma_{1} \leq \frac{1}{2} M_{\alpha}$ and $\Sigma_{2}<\frac{1}{2} M_{\alpha}$, with $M_{\alpha}$ the main term in (3.1),

$$
M_{\alpha}=q^{-1}|G| \sum_{x} \alpha(x)=q^{-1}|G| m^{k}
$$

Thus, it suffices to have

$$
\frac{\Phi_{G} q^{k-1}(k+h-1)}{2^{k-1} h^{k}(k-1)}<\frac{m^{k}|G|}{2 q} \quad \text { and } \quad \frac{m^{k}}{q} \sum_{i=1}^{L} N_{i} \phi_{i} \leq \frac{|G| m^{k}}{2 q}
$$

or, equivalently,

$$
m>\left(\frac{4 \Phi_{G}(k+h-1)}{|G|(k-1)}\right)^{\frac{1}{k}} \frac{q}{2 h} \quad \text { and } \quad \sum_{i=1}^{L} N_{i} \phi_{i} \leq \frac{|G|}{2}
$$

Taking $k=\lceil\log p\rceil$ and observing that

$$
\left(\frac{4 \Phi_{G}(k+h-1)}{|G|(k-1)}\right)^{\frac{1}{k}} \leq\left(\frac{4(k+h-1)}{k-1}\right)^{\frac{1}{k}} \leq\left[4\left(1+\frac{p}{\lfloor\log p\rfloor}\right)\right]^{\frac{1}{\lfloor\log p\rceil}}<6
$$

(the maximum value of the latter expression, $5.2915 \ldots$, occurring at $p=7$ ), we see that the first condition holds provided that $m \geq \frac{3 q}{h}$. Thus, we arrive at the following generalization and refinement of [10, Lemma 7.1], which was stated for the case of subgroups of $\mathbb{Z}_{p}^{*}$.

Proposition 4.1. Suppose that $q=p^{n}$ is a prime power, $G$ is a subgroup of $\mathbb{Z}_{q}^{*}$, and that $h<p$ is such that $\sum_{i=1}^{L} N_{i} \phi_{i}<\frac{|G|}{2}$. Then any interval of length $M \geq$ $\left\lceil\frac{3 q}{h}\right\rceil\lceil\log p\rceil$ contains a point in $G$.

In comparison, the result of [10, Lemma 7.1] for $n=1$ requires $M \gg_{\varepsilon} p^{1+\varepsilon} / h$ for the same conclusion.

We can estimate the sum $\sum_{i=1}^{L} N_{i} \phi_{i}$ using the Hölder inequality:

$$
\begin{equation*}
\sum_{i=1}^{L} N_{i} \phi_{i} \leq\left(\sum_{i=1}^{L} N_{i}\right)^{\frac{1}{2}}\left(\sum_{i} N_{i}^{2}\right)^{\frac{1}{4}}\left(\sum_{i=1}^{L} \phi_{i}^{4}\right)^{\frac{1}{4}} \tag{4.3}
\end{equation*}
$$

Now

$$
\begin{aligned}
& \sum_{i=1}^{L} N_{i}=\sum_{i=1}^{L} \sum_{\substack{y \in G y_{i} \\
|y| \leq h}} 1=\sum_{\substack{y \in \mathbb{Z}_{q}^{*} \\
|y| \leq h}} 1 \leq 2 h \\
& \sum_{i=1}^{L} N_{i}^{2}=\sum_{i=1}^{L} \#\left\{(y, z): y, z \in G y_{i},|y| \leq h,|z| \leq h\right\}=N(h)
\end{aligned}
$$

where

$$
N(h):=\#\{(y, z): y / z \in G,|y| \leq h,|z| \leq h\}
$$

and

$$
\begin{aligned}
\sum_{i=1}^{L} \phi_{i}^{4} & =\sum_{i=1}^{L}\left|\sum_{x \in G} e_{q}\left(y_{i} x\right)\right|^{4}=\frac{1}{|G|} \sum_{y \in \mathbb{Z}_{q}^{*}}\left|\sum_{x \in G} e_{q}(y x)\right|^{4} \\
& \leq \frac{1}{|G|} \sum_{y \in \mathbb{Z}_{q}}\left|\sum_{x \in G} e_{q}(y x)\right|^{4}=\frac{q}{|G|} T_{2}(G)
\end{aligned}
$$

where $T_{2}(G)$ is the additive energy of $G$,

$$
T_{2}(G):=\#\left\{\left(x_{1}, x_{2}, y_{1}, y_{2}\right): x_{i}, y_{i} \in G, x_{1}+x_{2}=y_{1}+y_{2}\right\}
$$

Thus, by (4.3) we have

$$
\begin{equation*}
\sum_{i=1}^{L} N_{i} \phi_{i} \leq(2 h)^{\frac{1}{2}} N(h)^{\frac{1}{4}}(q /|G|)^{\frac{1}{4}} T_{2}(G)^{\frac{1}{4}} \tag{4.4}
\end{equation*}
$$

In order to proceed further, we need good estimates for $N(h)$ and for $T_{2}(G)$. Bourgain, Konyagin, and Shparlinski [3, Thm. 1] established that, for any nonnegative integer $q$, subgroup $G$ of $\mathbb{Z}_{q}^{*}$, and positive integer $\nu$,

$$
N(h) \leq h q^{\frac{1}{4 v(v+1)}+o(1)}+h^{2} q^{-\frac{1}{2 v}+o(1)}
$$

where the $o(1)$ indicates a function that tends to zero as $q \rightarrow \infty$. The optimal choice for our application is $v=6$, where we have

$$
\begin{equation*}
N(h) \leq h q^{\frac{1}{168}+o(1)}+h^{2} q^{-\frac{1}{12}+o(1)} \tag{4.5}
\end{equation*}
$$

In the next section we apply this estimate to the subgroup $G_{2}$ of $(p-1)$ th roots of unity in $\mathbb{Z}_{p^{2}}{ }^{2}$.

## 5. Proof of the Case $n=2$ of Theorem 1.1

Inserting the bound for $N(h)$ into (4.5) and the current record breaking bound for $T_{2}\left(G_{2}\right)$ of Shkredov, Solodkova, and Vyugin [18, Thm. 24],

$$
\begin{equation*}
T_{2}\left(G_{2}\right) \ll p^{\frac{32}{13}} \log ^{\frac{14}{13}} p \ll p^{2.46153 \ldots+o(1)} \tag{5.1}
\end{equation*}
$$

from (4.4) we obtain

$$
\begin{align*}
\sum_{i=1}^{L} N_{i} \phi_{i} & \ll h^{\frac{1}{2}}\left(h^{\frac{1}{4}} p^{\frac{1}{336}+o(1)}+h^{\frac{1}{2}} p^{-\frac{1}{24}+o(1)}\right) p^{\frac{1}{4}}\left(p^{\frac{32}{13}} \log ^{\frac{14}{13}} p\right)^{\frac{1}{4}} \\
& \leq h^{\frac{3}{4}} p^{\frac{3793}{4368}+o(1)}+h p^{\frac{257}{312}+o(1)} \tag{5.2}
\end{align*}
$$

Thus, Proposition 4.1 applies, provided that $h \ll p^{\frac{575}{3276}+o(1)}$, and so we see that any interval of length $|\mathcal{I}| \geq p^{\frac{5977}{2276}+o(1)}=p^{1.82448 \ldots+o(1)}$ contains a $p$ th power, proving the case $n=2$ of Theorem 1.1.

Remark 5.1. It is conjectured [3] that, for $\varepsilon>0$ and $h<p^{n-1}$,

$$
\begin{equation*}
N(h) \ll_{\varepsilon} h q^{\varepsilon} \tag{5.3}
\end{equation*}
$$

See also an analogous conjecture in [10, Quest. 7.8] for the case of prime moduli. Such a bound follows from GRH as we demonstrate in the following proposition. If we use the conjectured upper bound on $N(h)$ in the previous argument, then we would obtain the improvement $|\mathcal{I}| \geq p^{\frac{49}{27}+\varepsilon}=p^{1.81481 \ldots+\varepsilon}$.

Proposition 5.1. On the assumption of GRH, we have that, for $h<q$,

$$
N(h) \ll_{\varepsilon} \frac{h^{2}}{p^{n-1}}+h q^{\varepsilon}
$$

Proof. We have

$$
\begin{aligned}
N(h) & =\frac{1}{p^{n-1}} \sum_{|y| \leq h} \sum_{|z| \leq h} \sum_{\substack{\chi^{p^{n-1}}=\chi_{0}}} \chi(y / z) \\
& \ll \frac{h^{2}}{p^{n-1}}+\frac{1}{p^{n-1}} \sum_{\substack{p^{p^{n-1}=\chi_{0}} \\
\chi \neq \chi_{0}}}\left|\sum_{y=1}^{h} \chi(y)\right|^{2} \\
& \ll \varepsilon \frac{h^{2}}{p^{n-1}}+\frac{1}{p^{n-1}} p^{n-1}\left(h^{1 / 2} q^{\varepsilon}\right)^{2},
\end{aligned}
$$

the latter inequality being a consequence of GRH, as noted by Montgomery and Vaughan [15].

Remark 5.2. The estimate for $n=2$ has strong parallels with the following result of Shteinikov [21, Thm. 10] for subgroups of $\mathbb{Z}_{p}^{*}$. We restate his result in the notation of this paper.

Theorem 5.1. Let $G$ be a subgroup of $\mathbb{Z}_{p}^{*}$ of order $|G| \geq \sqrt{p}$. Then any interval $\mathcal{I}$ of length $|\mathcal{I}| \geq p^{\frac{5977}{5552}+o(1)}$ contains an element of $G$.

The square root threshold needed for applying the theorem, in the context of subgroups of $\mathbb{Z}_{p^{n}}^{*}$, is satisfied by $G_{2}$ when $n=2$, where $\left|G_{2}\right|=(p-1)$ is roughly $\sqrt{p^{2}}$, but fails for $G_{n}$ with $n>2$. This is why we were able to obtain the improvement for $n=2$ but not for $n>2$. The proof in [21] follows a similar line of argument as our proof before for $n=2$. Indeed, its main appeal is to the result of Konyagin and Shparlinski [10, Lemma 7.1] (analogous to our Prop. 4.1) and to the estimate of Bourgain, Konyagin, and Shparlinski in (4.5) (with $q=p$ ).

## 6. Fermat Quotients

For prime power $p^{n}$ with $n \geq 2$ and integer $u$ with $p \nmid u$, we define the Fermat quotient $q_{p^{n-1}}(u)$ to be the unique integer with $0 \leq q_{p^{n-1}}(u) \leq p^{n-1}-1$ and

$$
q_{p^{n-1}}(u) \equiv \frac{u^{p-1}-1}{p} \quad\left(\bmod p^{n-1}\right)
$$

It is plain that $q_{p^{n-1}}$ is constant on any coset of $G_{n}$ and that it takes on distinct values on distinct cosets of $G_{n}$. Thus, the Fermat quotients take on all values from 0 to $p^{n-1}-1$ as $u$ runs through a complete residue system mod $p^{n}$. Following Shparlinski [19], we define $\Lambda_{p^{n-1}}$ to be the minimal value $L$ such that, on any interval of length $L, q_{p^{n-1}}(u)$ takes on a full spectrum of values from 0 to $p^{n-1}-1$,

$$
\begin{aligned}
\Lambda_{p^{n-1}}:= & \min \{L: \forall K \in \mathbb{Z}, \text { we have } \\
& \left.\#\left\{q_{p^{n-1}}(K+1), \ldots, q_{p^{n-1}}(K+L)\right\}=p^{n-1}\right\} .
\end{aligned}
$$

A value $L$ is permissable if for any coset of $G_{n}$ and any interval $\mathcal{I}$ of length $L, \mathcal{I}$ contains an element of the coset. It is plain from the proof of Theorem 1.1 that the theorem holds identically with $G_{n}$ replaced with any coset of $G_{n}$. Thus we obtain the following:

Theorem 6.1. We have

$$
\Lambda_{p^{n-1}} \leq \begin{cases}p^{2-\frac{575}{3276}+o(1)} & \text { if } n=2 \\ p^{3-\frac{29}{792}+o(1)} & \text { if } n=3 \\ p^{n-3.269\left(\frac{34}{151}\right)^{n}+o(1)} & \text { if } n \geq 4\end{cases}
$$

The theorem improves on a result of Shparlinski, who obtained, for $n=2$, the estimate $\Lambda_{p} \leq p^{\frac{463}{252}+o(1)}$.

Of perhaps greater interest in the study of Fermat quotients is the determination of $\ell_{p}$, the minimal positive value of $u$ for which $q_{p}(u) \neq 0$. Lenstra [12] obtained the uniform upper bound $\ell_{p} \leq 4 \log ^{2} p$ for all primes $p$. This was improved by Bourgain, Ford, Konyagin, and Shparlinski [2] to $\ell_{p} \leq(\log p)^{\frac{463}{252}+o(1)}$ as $p \rightarrow$ $\infty$, by Shkredov [16] to $\ell_{p} \leq(\log p)^{\frac{7829}{4284}+o(1)}$, and by Shkredov, Solodkova, and Vyugin [18, Thm. 28] to $\ell_{p} \leq(\log p)^{\frac{5977}{3276}+o(1)}=(\log p)^{1.82448 \ldots+o(1)}$. Sharper estimates have been obtained that hold for almost all primes, $\ell_{p} \leq(\log p)^{\frac{5}{3}+\varepsilon}$ in [2] and $\ell_{p} \leq(\log p)^{\frac{3}{2}+\varepsilon}$ in [20]. Granville [6, Conj. 10] conjectured that $\ell_{p}=$ $o\left(\log ^{\frac{1}{4}} p\right)$. Lenstra [12] suggested that the truth may in fact be $\ell_{p} \leq 3$ for all $p$.

Here, we generalize the problem to any prime power $p^{n}$ with $n \geq 2$, defining $\ell_{p^{n-1}}$ to be the minimal positive integer $u$ such that $p^{n}$ is not a divisor of $u^{p-1}-1$, that is, $u \notin G_{n}$.

THEOREM 6.2. (i) We have $\ell_{p} \leq(\log p)^{2-\frac{575}{3276}+o(1)}$ as $p \rightarrow \infty$.
(ii) For $n \geq 2$, given an upper bound $H_{n} \leq p^{1-\varepsilon_{n}}$ on the Heilbronn sum, we have

$$
\ell_{p^{n-1}} \leq n(\log p)^{1+\frac{1-\varepsilon_{n}}{n-1}+o(1)}
$$

as $p^{n} \rightarrow \infty$.
We note that the upper bound in (ii) for $n=2$, using $H_{2} \ll p^{\frac{5}{6}+o(1)}$, is slightly weaker than the bound in part (i). The estimate in (i) is the result of [18] mentioned before. For the convenience of the reader, we include a proof here. The estimate in (ii) for $n=3$, using $H_{3} \leq p^{1-\frac{29}{702}+o(1)}$, was obtained by Shteinikov [21, Thm. 16]. For $n \geq 4$, using the estimate for $H_{n}$ in (1.4), from (ii) we obtain

$$
\begin{equation*}
\ell_{p^{n-1}} \leq n(\log p)^{1+\frac{1}{n-1}-\frac{3.269}{n-1}\left(\frac{34}{151}\right)^{n}+o(1)} . \tag{6.1}
\end{equation*}
$$

Proof. (i) The proof follows identically [2] (and its subsequent improvements), and so we sketch only the outline here. We start with the upper bound of [3, Lemma 12], which in the notation of Section 4 can be stated for any interval $\mathcal{I}$ of points in $\mathbb{Z}_{p^{n}}$ :

$$
\begin{equation*}
\left|G_{n} \cap \mathcal{I}\right| \ll \varepsilon \varepsilon \frac{(p-1)}{q}|\mathcal{I}|+\frac{|\mathcal{I}|}{q} \sum_{i=1}^{L} N_{i} \phi_{i} \tag{6.2}
\end{equation*}
$$

with $h=\min \left\{q^{1+\varepsilon} /|\mathcal{I}|, q / 2\right\}$. Using the upper bound in (5.2), we have, for $n=2$,

$$
\left|G_{2} \cap \mathcal{I}\right| \lll \varepsilon \frac{|\mathcal{I}|}{p^{2}}\left(p+h^{\frac{3}{4}} p^{\frac{3793}{4368}+o(1)}+h p^{\frac{257}{312}+o(1)}\right)
$$

Taking $|\mathcal{I}|=\left\lfloor p^{2-\frac{575}{3276}+3 \varepsilon}\right\rfloor$, we have $h \ll p^{\frac{575}{3276}-\varepsilon}$ and

$$
\left|G_{2} \cap \mathcal{I}\right| \lll<\frac{|\mathcal{I}|}{p}
$$

Next, let $\mathcal{I}=[1, M]$ with $M=\left\lfloor p^{2-\frac{575}{3276}+3 \varepsilon}\right\rfloor$. Since $u^{p-1} \equiv 1\left(\bmod p^{2}\right)$ for all $u \leq \ell_{p}$, the same is true for all integers in $\mathcal{I}$ comprised of prime factors $\leq \ell_{p}$.

By [9, Thm. 2.1], the number of such integers is at least $M^{1-\log \log M / \log \ell_{p}}$, and thus

$$
M^{1-\log \log M / \log \ell_{p}} \ll M / p
$$

from which the theorem follows.
(ii) For $n \geq 3$, we follow the method of Section 3, taking (with $M$ even) $\mathcal{I}=$ $[1, M], \mathcal{J}=\left[-\frac{M}{2}+1, \frac{M}{2}\right], \alpha=1_{I} * 1_{J}$. Noting that $\alpha(x) \geq M / 2$ on $\mathcal{I}$, we obtain the upper bound

$$
\left|G_{n} \cap \mathcal{I}\right| \leq \frac{2}{M} \sum_{x \in G_{n}} \alpha(x) \leq \frac{2}{M}\left(p^{-n}\left|G_{n}\right| M^{2}+H_{n} M\right)<2 \frac{|\mathcal{I}|}{p^{n-1}}+2 H_{n}
$$

Say $H_{n} \leq p^{1-\varepsilon_{n}}$. Then with $M=\left\lceil p^{n-\varepsilon_{n}}\right\rceil$ we have $\left|G_{n} \cap \mathcal{I}\right| \leq 4 \frac{M}{p^{n-1}}$ and so, as before,

$$
M^{1-\log \log M / \log \ell_{p^{n-1}}} \leq 4 M / p^{n-1}
$$

from which we derive

$$
\ell_{p^{n-1}} \leq n(\log p)^{1+\frac{1-\varepsilon_{n}}{n-1}+o(1)}
$$

as $p^{n} \rightarrow \infty$.

## 7. Asymptotic Formula for $T_{k}\left(G_{n}\right)$

For $k \in \mathbb{N}$, let $G_{n}^{2 k}$ denote the Cartesian product of $G_{n}$ with itself $2 k$-times and

$$
\begin{aligned}
& T_{k}\left(G_{n}\right) \\
& \quad=\#\left\{(\mathbf{x}, \mathbf{y}) \in G_{n}^{2 k}: x_{1}+\cdots+x_{k}=y_{1}+\cdots+y_{k}\right\} \\
& \quad=\#\left\{(\mathbf{x}, \mathbf{y}) \in \mathbb{Z}^{2 k}: 1 \leq x_{i}, y_{i} \leq p-1, \sum_{i=1}^{k} x_{i}^{p^{n-1}} \equiv \sum_{i=1}^{k} y_{i}^{p^{n-1}} \quad\left(\bmod p^{n}\right)\right\}
\end{aligned}
$$

In particular, $T_{1}\left(G_{n}\right)=\left|G_{n}\right|$, and $T_{2}\left(G_{n}\right)$ denotes the additive energy of the group $G_{n}$. As noted by Malykhin [14], we have the elementary estimate,

$$
\begin{equation*}
T_{k}\left(G_{n}\right) \leq T_{k}\left(G_{n-1}\right) \tag{7.1}
\end{equation*}
$$

for any $k, n$ with $n \geq 2$. The estimate follows from the observation that if $1 \leq x_{i}$, $y_{i}<p$ are integers such that

$$
x_{1}^{p^{n-1}}+\cdots+x_{k}^{p^{n-1}} \equiv y_{1}^{p^{n-1}}+\cdots+y_{k}^{p^{n-1}} \quad\left(\bmod p^{n}\right)
$$

then, since $x_{i}^{p^{n-1}} \equiv x_{i}^{p^{n-2}}\left(\bmod p^{n-1}\right)$, we also have

$$
x_{1}^{p^{n-2}}+\cdots+x_{k}^{p^{n-2}} \equiv y_{1}^{p^{n-2}}+\cdots+y_{k}^{p^{n-2}} \quad\left(\bmod p^{n-1}\right)
$$

As noted in (5.1), Shkredov, Solodkova, and Vyugin established that $T_{2}\left(G_{2}\right) \ll$ $p^{\frac{32}{13}} \log { }^{\frac{14}{13}} p$. In the next section we obtain $T_{3}\left(G_{2}\right) \ll p^{\frac{161}{39}} \log ^{\frac{55}{39}} p$ and prove asymptotic results for $T_{k}\left(G_{n}\right)$. The key lemma needed for proving these is as follows.

Lemma 7.1. For any positive integers $n, k, l$ with $k \geq l$, we have

$$
T_{k}\left(G_{n}\right)=(p-1)^{2 k} p^{-n}+O\left(H_{n}^{2 k-2 l} T_{l}\left(G_{n}\right)\right)
$$

where the constant in the big- $O$ is less than 1 .
Proof. We have, for $k \geq l$,

$$
\begin{aligned}
T_{k}\left(G_{n}\right) & =p^{-n} \sum_{\lambda=0}^{p^{n}-1} \sum_{\mathbf{x} \in G_{n}^{k}} \sum_{\mathbf{y} \in G_{n}^{k}} e_{p^{n}}\left(\lambda\left(x_{1}+\cdots+x_{k}-y_{1}-\cdots-y_{k}\right)\right) \\
& =p^{-n}\left|G_{n}\right|^{2 k}+p^{-n} \sum_{\lambda=1}^{p^{n}-1}\left|S_{n}(\lambda)\right|^{2 k} \\
& =p^{-n}\left|G_{n}\right|^{2 k}+O\left(p^{-n} H_{n}^{2 k-2 l} \sum_{\lambda=1}^{p^{n}-1}\left|S_{n}(\lambda)\right|^{2 l}\right) \\
& =(p-1)^{2 k} p^{-n}+O\left(H_{n}^{2 k-2 l} T_{l}\left(G_{n}\right)\right) .
\end{aligned}
$$

For $n=2$, using $H_{2} \ll p^{\frac{5}{6}} \log ^{\frac{1}{6}} p$ and $T_{2}\left(G_{2}\right) \ll p^{\frac{32}{13}} \log ^{\frac{14}{13}} p$ (though in fact much weaker bounds will do), from the lemma we obtain

$$
T_{k}\left(G_{2}\right)=p^{2 k-2}+O\left(p^{2 k-3}\right)+O\left(p^{\frac{5}{3} k-\frac{34}{39}+o(1)}\right)
$$

for $k \geq 2$, and thus the asymptotic formula $T_{k}\left(G_{2}\right) \sim p^{2 k-2}$ holds for $k \geq 4$. The asymptotic result for $n \geq 3$ is given in the next section.

In order to state our next lemma, we define

$$
H_{n}^{\prime}:=\max _{p \nmid y}\left|S_{n}(y)\right| .
$$

Plainly, for $n \geq 2$,

$$
H_{n}=\max \left\{H_{n}^{\prime}, H_{n-1}\right\} .
$$

The key lemma needed for estimating the higher-order Heilbronn sums is the well-known Hölder-type inequality relating $H_{n}^{\prime}$ to the $T_{k}\left(G_{n}\right)$ (see, e.g., [10]). A proof is provided in the Appendix for the convenience of the reader.

Lemma 7.2. For any positive integers $n, k, l$, we have

$$
H_{n}^{\prime} \leq\left(p^{n} T_{k}\left(G_{n}\right) T_{l}\left(G_{n}\right)\right)^{\frac{1}{2 k l}}(p-1)^{1-\frac{1}{k}-\frac{1}{T}} .
$$

## 8. Estimation of $H_{n}$ and $T_{k}\left(G_{n}\right)$

From Lemma 7.1, Lemma 7.2, and (7.1) we obtain an iterative process for estimating successive $H_{n}, T_{k}\left(G_{n}\right)$, starting from estimates for $H_{2}$ and $T_{2}\left(G_{2}\right)$. We suppose that

$$
\begin{equation*}
H_{2} \ll p^{\gamma}, \quad T_{2}\left(G_{2}\right) \ll p^{\lambda} \tag{8.1}
\end{equation*}
$$

and define

$$
\begin{equation*}
\beta:=\max \{4,2 \gamma+\lambda\} . \tag{8.2}
\end{equation*}
$$

From Lemma 7.1 we thus have $T_{k}\left(G_{2}\right) \sim p^{2 k-2}$ for $k \geq 4$ and

$$
\begin{equation*}
T_{3}\left(G_{2}\right)=p^{4}+O\left(H_{2}^{2} T_{2}\left(G_{2}\right)\right) \ll p^{\beta} \tag{8.3}
\end{equation*}
$$

The exponents $\gamma=\frac{5}{6}+o(1), \lambda=\frac{32}{13}+o(1)$ mentioned before give $\beta=\frac{161}{39}+$ $o(1)=4.1282 \ldots$.

Theorem 8.1. Let $\left\{\ell_{n}\right\}$ and $\left\{k_{n}\right\}$ be the sequences of positive integers defined by

$$
\ell_{2}:=4, \quad \ell_{3}:=\left\lceil\frac{3 \beta}{9-2 \beta}\right\rceil, \quad \ell_{n+1}:=\left\lceil\left(\frac{8-\beta}{5-\beta}\right) \ell_{n}\right\rceil \quad \text { for } n \geq 3
$$

and

$$
k_{2}:=3, \quad k_{3}:=\left\lfloor\frac{3 \beta}{9-2 \beta}\right\rfloor, \quad k_{n+1}:=\left\lfloor\left(\frac{8-\beta}{5-\beta}\right) \ell_{n}\right\rfloor \quad \text { for } n \geq 3
$$

For $n \geq 2$, we have $T_{k}\left(G_{n}\right) \ll p^{2 k-n}$ for $k \geq l_{n}$ with $T_{k}\left(G_{n}\right) \sim p^{2 k-n}$ for $k>k_{n}$.
For $n \geq 3$, we have

$$
H_{n} \ll p^{1-\varepsilon_{n}}, \quad \varepsilon_{n}:= \begin{cases}(9-2 \beta) / 18 & \text { for } n=3 \\ (5-\beta) / 6 l_{n-1} & \text { for } n \geq 4\end{cases}
$$

Proof. From Lemma 7.2, (7.1), and (8.3) we have

$$
H_{3}^{\prime} \leq\left(p^{3} T_{3}\left(G_{3}\right)^{2}\right)^{\frac{1}{18}} p^{\frac{1}{3}}=p^{\frac{1}{2}} T_{3}\left(G_{3}\right)^{\frac{1}{9}} \leq p^{\frac{1}{2}} T_{3}\left(G_{2}\right)^{\frac{1}{9}} \ll p^{\frac{1}{2}+\frac{\beta}{9}}=p^{1-\varepsilon_{3}}
$$

Since $\frac{1}{2}+\frac{\beta}{9} \geq \frac{1}{2}+\frac{4}{9}>\gamma$, we also have

$$
H_{3}=\max \left\{H_{3}^{\prime}, H_{2}\right\} \ll p^{1-\varepsilon_{3}} .
$$

Hence, by Lemma 7.1, for $k \geq 3$, we get

$$
\begin{aligned}
T_{k}\left(G_{3}\right) & =(p-1)^{2 k} p^{-3}+O\left(H_{3}^{2 k-6} T_{3}\left(G_{2}\right)\right) \\
& =p^{2 k-3}+O\left(p^{2 k-4}\right)+O\left(p^{\left(\frac{1}{2}+\frac{\beta}{9}\right)(2 k-6)+\beta}\right)
\end{aligned}
$$

For $k>\frac{3 \beta}{9-2 \beta}$, the exponent $2 k-3$ dominates, and we get $T_{k}\left(G_{3}\right) \sim p^{2 k-3}$ with

$$
T_{k}\left(G_{3}\right) \ll p^{2 k-3}, \quad k \geq \ell_{3}, \quad \text { and } \quad T_{k}\left(G_{3}\right) \ll p^{\left(\frac{1}{2}+\frac{\beta}{9}\right)(2 k-6)+\beta}, \quad 3 \leq k<\ell_{3},
$$ establishing the case $n=3$ of Theorem 8.1.

For $n>3$, we proceed by induction. Suppose that, for a given $n$, we have already established that

$$
\begin{align*}
H_{n} & \ll p^{1-\varepsilon_{n}},  \tag{8.4}\\
T_{k}\left(G_{n}\right) & \ll p^{2 k-n} \quad \text { for } k \geq \ell_{n} . \tag{8.5}
\end{align*}
$$

Hence, by Lemma 7.2, (7.1), (8.3), and (8.5),

$$
\begin{aligned}
H_{n+1}^{\prime} & \leq\left(p^{n+1} T_{3}\left(G_{n+1}\right) T_{l_{n}}\left(G_{n+1}\right)\right)^{\frac{1}{\sigma_{n}}} p^{\frac{2}{3}-\frac{1}{l_{n}}} \\
& \leq\left(p^{n+1} T_{3}\left(G_{2}\right) T_{l_{n}}\left(G_{n}\right)\right)^{\frac{1}{\sigma_{n}}} p^{\frac{2}{3}-\frac{1}{l_{n}}} \\
& \ll p^{\frac{n+1}{6 l_{n}}}\left(p^{\beta}\right)^{\frac{1}{6 l_{n}}} p^{\left(2 l_{n}-n\right) \frac{1}{6 l_{n}}} p^{\frac{2}{3}-\frac{1}{l_{n}}}=p^{1-\frac{1}{l_{n}}\left(\frac{5-\beta}{6}\right)}=p^{1-\varepsilon_{n+1}},
\end{aligned}
$$

and thus, since $\varepsilon_{n+1}<\varepsilon_{n}$,

$$
H_{n+1}=\max \left\{H_{n+1}^{\prime}, H_{n}\right\} \ll p^{1-\varepsilon_{n+1}} .
$$

Therefore, by Lemma 7.1 and (7.1), for $k \geq \ell_{n}$, we have

$$
\begin{aligned}
T_{k}\left(G_{n+1}\right) & =(p-1)^{2 k} p^{-(n+1)}+O\left(H_{n+1}^{2 k-2 \ell_{n}} T_{\ell_{n}}\left(G_{n}\right)\right) \\
& =p^{2 k-(n+1)}\left(1+O\left(p^{-1}\right)+O\left(p^{1-\varepsilon_{n+1}\left(2 k-2 \ell_{n}\right)}\right)\right) .
\end{aligned}
$$

Consequently, for $k>\ell_{n}+\frac{1}{2 \varepsilon_{n+1}}=\left(\frac{8-\beta}{5-\beta}\right) l_{n}$, we have $T_{k}\left(G_{n+1}\right) \sim p^{2 k-(n+1)}$ with

$$
T_{k}\left(G_{n+1}\right) \ll p^{2 k-(n+1)} \quad \text { for } k \geq l_{n+1}
$$

and

$$
T_{k}\left(G_{n+1}\right) \ll p^{2 k-n-\frac{(5-\beta)}{6 l_{n}}\left(2 k-2 l_{n}\right)} \quad \text { for } l_{n} \leq k<l_{n+1}
$$

and we recover the claim of the theorem for $(n+1)$.
In the following corollary we make the growth with $n$ explicit.
Corollary 8.1. For $n \geq 4$, we have

$$
H_{n} \ll_{n} p^{1-\frac{(5-\beta)^{n-3}}{6\left(l_{3}+(5-\beta) / 3\right)(8-\beta)^{n-4}}}
$$

Proof. This follows at once from the bound

$$
\begin{aligned}
\ell_{n} & =\left[\left(\frac{8-\beta}{5-\beta}\right) \ell_{n-1}\right] \leq\left(\frac{8-\beta}{5-\beta}\right) \ell_{n-1}+1 \\
& \leq\left(\frac{8-\beta}{5-\beta}\right)^{n-3} \ell_{3}+\left(\frac{8-\beta}{5-\beta}\right)^{n-4}+\cdots+1 \\
& =\ell_{3}\left(\frac{8-\beta}{5-\beta}\right)^{n-3}+\left(\frac{5-\beta}{3}\right)\left(\left(\frac{8-\beta}{5-\beta}\right)^{n-3}-1\right) \\
& <\left(\ell_{3}+\frac{5-\beta}{3}\right)\left(\frac{8-\beta}{5-\beta}\right)^{n-3} .
\end{aligned}
$$

Thus, when $\beta=161 / 39+o(1)$, the optimal value currently available, we have $k_{2}=3, k_{3}=16, k_{4}=75, k_{5}=337, \ldots$, and $H_{3} \ll p^{0.95868 \ldots}, H_{4} \ll p^{0.99145 \ldots}$, $H_{5} \ll p^{0.99808 \ldots}, \ldots$, with $k_{n} \leq l_{n} \leq 0.1974\left(\frac{151}{34}\right)^{n}$, and $H_{n} \ll p^{1-3.269\left(\frac{34}{151}\right)^{n}}$.

## Appendix: Proof of Lemma 7.2

We shall use the following version of Hölder's inequality.
Lemma A.1. For any nonnegative real numbers $a_{i}, b_{i}, 1 \leq i \leq n$, and any positive real number $\ell$, we have

$$
\sum_{i=1}^{n} a_{i} b_{i} \leq\left(\sum_{i=1}^{n} a_{i}\right)^{1-\frac{1}{\ell}}\left(\sum_{i=1}^{n} a_{i}^{2}\right)^{\frac{1}{2 \ell}}\left(\sum_{i=1}^{n} b_{i}^{2 \ell}\right)^{\frac{1}{2 \ell}}
$$

First, we note that for any integer $\lambda$ and positive integer $k$, we have

$$
\begin{aligned}
(p-1)\left(\sum_{x \in G_{n}} e_{p^{n}}(\lambda x)\right)^{k} & =\sum_{y \in G_{n}}\left(\sum_{x \in G_{n}} e_{p^{n}}(\lambda y x)\right)^{k} \\
& =\sum_{x_{1} \in G_{n}} \cdots \sum_{x_{k} \in G_{n}} \sum_{y \in G_{n}} e_{p^{n}}\left(\lambda y\left(x_{1}+\cdots+x_{k}\right)\right) \\
& =\sum_{b=0}^{p^{n}-1} n(b) \sum_{y \in G_{n}} e_{p^{n}}(\lambda y b),
\end{aligned}
$$

where

$$
n(b)=\#\left\{\left(x_{1}, \ldots, x_{k}\right): x_{i} \in G_{n}, 1 \leq i \leq k, x_{1}+\cdots+x_{k}=b\right\} .
$$

By Lemma A. 1 and the elementary identities

$$
\sum_{b=0}^{p^{n}-1} n(b)=(p-1)^{k} \quad \text { and } \quad \sum_{b=0}^{p^{n}-1} n(b)^{2}=T_{k}\left(G_{n}\right)
$$

we obtain, for any positive integer $l$ and integer $\lambda$ with $p \nmid \lambda$,

$$
\begin{aligned}
& (p-1)\left|\sum_{x \in G_{n}} e_{p^{n}}(\lambda x)\right|^{k} \\
& \quad \leq\left(\sum_{b=0}^{p^{n}-1} n(b)\right)^{1-\frac{1}{l}}\left(\sum_{b=0}^{p^{n}-1} n(b)^{2}\right)^{\frac{1}{2 l}}\left(\sum_{b=0}^{p^{n}-1}\left|\sum_{y \in G_{n}} e_{p^{n}}(\lambda y b)\right|^{2 l}\right)^{\frac{1}{2 l}} \\
& \quad=(p-1)^{k\left(1-\frac{1}{l}\right)} T_{k}\left(G_{n}\right)^{\frac{1}{2 l}}\left(T_{l}\left(G_{n}\right) p^{n}\right)^{\frac{1}{2 l}} .
\end{aligned}
$$

Dividing by $(p-1)$ and taking the $k$ th root yield the lemma.
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