# A SEVEN CONNECTED FINITE $H$-SPACE IS FOURTEEN CONNECTED 

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## 0. Introduction

In this note, the action of the Steenrod algebra on the mod 2 cohomology of a finite $H$-space is studied. One interesting question is to determine the first nonvanishing homotopy group for a finite $H$-space. Work of the author [4] showed that any 3 -connected finite $H$-space is 6 -connected. In this note we show that any 7 -connected finite H -space is in fact 14 -connected. The arguments are related to secondary cohomology operations and can be considered a continuation of the work done to prove the loop space conjecture [2], [5].

The original motivation for this work goes back to papers of Browder, Thomas and Zabrodsky [1], [7], [9]. Browder used the fact that $S q^{1}$ maps even degree cohomology classes to decomposables for a finite $H$-space $X$. Using this observation he was able to prove a 1 -connected $H$-space is 2 -connected. Thomas [8] restricted himself to a smaller class of finite H -spaces, namely those with primitively generated mod 2 cohomology to prove a $2^{i}-1$ connected, primitively generated finite $H$-space was in fact $2^{i+1}-2$ connected. This result was quite spectacular, because it also described the action of the Steenrod algebra in quite simple terms. He was finally able to show that mod 2 primitively generated $H$-spaces have first nonvanishing homotopy in degrees 1 , 3,7 or 15 [7]. The only drawback was that not all finite $H$-spaces admit primitively generated mod 2 cohomology rings. In fact the exceptional group $E_{8}$ has $H^{*}\left(E_{8} ; \mathbf{Z}_{2}\right)$ not primitively generated and the formulas given by Thomas for the action of the Steenrod algebra do not hold for $E_{8}$.

The present task, therefore, is to devise a more general method to attack finite $H$-spaces which do not have primitively generated mod 2 cohomology. Some of Thomas' results are still valid. For example we showed $S q^{2}$ of a $4 l+1$ dimensional cohomology class is decomposable [4]. In this note we prove $S q^{4}$ of an $8 l+3$ dimensional cohomology class is decomposable. These

[^0]results appear to be the beginning of a pattern of the form
$$
S q^{2} Q H^{2^{i}+2^{i+1} k-1}\left(X ; \mathbf{Z}_{2}\right)=0
$$
for $X$ a finite $H$-space, $k>0$.
We also prove
$$
\boldsymbol{\sigma}^{*}\left(Q H^{8 l+3}\left(X ; \mathbf{Z}_{2}\right)\right) \subseteq \operatorname{im} S q^{4} .
$$

In a previous paper [4] we showed

$$
\sigma^{*}\left(Q H^{4 l+1}\left(X ; \mathbf{Z}_{2}\right)\right) \subseteq \operatorname{im} S q^{2} .
$$

This may be part of a pattern of the form

$$
\sigma^{*}\left(Q H^{2^{i}+2^{i+1} k-1}\left(X ; \mathbf{Z}_{2}\right)\right) \subseteq \operatorname{im} S q^{2^{i}} \quad \text { for } k>0
$$

The results in this paper are by no means exhaustive, but hopefully serve to illustrate the methods used. In a later paper, the author will derive further primary results.

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## 1. Primary results and secondary operations

In this section results of some other papers are gathered here for later use. A secondary operation $\psi_{2}$ is defined here. Its main memorable characteristic is that it suspends to $S q^{4}$ of a transpotence element. $S q^{4} \psi_{2}$ will be related to other secondary operations. This will be a key element in our proof.

Unless otherwise noted all cohomology and homology will be understood to have $\mathbf{Z}_{2}$ coefficients.

We begin by reserving the symbol $X$ for a simply connected $H$-space with the following properties:

Property 1. $\quad Q H^{\text {even }}(X)=0$.
Property 2. For $k>0, Q H^{4 k+1}(X)=S q^{2 k} Q H^{2 k+1}(X)$.
Property 3. $\sum_{R>0} Q H^{4 k+1}(X)+\sum_{k>0} Q H^{8 k+3}(X)$ is a finite dimensional vector space.

These properties hold for all finite simply connected $H$-spaces as has been shown in [2], [5], [4].

The following notational conventions will be used throughout the paper:

$$
\begin{array}{ll}
Q^{*}=Q H^{*}\left(X ; \mathbf{Z}_{2}\right) & Q_{*}=Q H_{*}\left(X ; \mathbf{Z}_{2}\right) \\
P^{*}=P H^{*}\left(X ; \mathbf{Z}_{2}\right) & P^{*}=P H_{*}\left(X ; \mathbf{Z}_{2}\right) \\
H^{*}=H^{*}\left(X ; \mathbf{Z}_{2}\right) & H_{*}=H_{*}\left(X ; \mathbf{Z}_{2}\right)
\end{array}
$$

Note that $H^{*}$ is a Hopf algebra over the Steenrod algebra. Define

$$
Q_{2}=I H^{*} /\left(I H^{*}\right)^{3}
$$

Then the reduced coproduct induces a map of Steenrod modules

$$
d: Q_{2} \rightarrow Q^{*} \otimes Q^{*}
$$

If $x \in H^{*}$, denote the projection of $x$ to $Q_{2}$ by $\{x\}$. We have the following lemma.

Lemma 1.1. (a) If $\bar{x} \in Q^{\text {odd }}$ then $\bar{x}$ has representative $x$ with $d\{x\}=0$.
(b) Suppose $x$ is decomposable and has degree not congruent to two mod four. Then if $d\{x\}=0$ then $x$ is three fold decomposable. If $d\{x\} \neq 0$ then $d\{x\}$ lies in $\operatorname{im}(1+T)$ where $T$ is the twist map.

Proof. By property $1 Q^{\text {even }}=0$. Therefore if $x \in H^{\text {odd }}$,

$$
\bar{\Delta} x \in D \otimes H^{*}+H^{*} \otimes D
$$

where $D$ is the module of decomposables. This implies $d\{x\}=0$ which proves (a).

To prove (b) note that if degree $x$ is not congruent to two mod four then $x$ is not a cup product square of a generator. Therefore modulo three fold decomposables $x$ is a sum of terms $x_{i}^{\prime} x_{i}^{\prime \prime}$ where $x_{i}^{\prime}, x_{i}^{\prime \prime}$ are odd degree generators. But

$$
d\left\{x_{i}^{\prime} x_{i}^{\prime \prime}\right\}=\bar{x}_{i}^{\prime} \otimes \bar{x}_{i}^{\prime \prime}+\bar{x}_{i}^{\prime \prime} \otimes \bar{x}_{i}^{\prime} \in \operatorname{im}(1+T)
$$

So either $d\{x\}=0$ and $x$ is three fold decomposable or $d\{x\} \in \operatorname{im}(1+T)$.
Q.E.D.

We also would like to bring to the reader's attention the relationship between $Q^{*}$ and the primitives of $H^{*}(\Omega X)$. Recall there is an Eilenberg Moore spectral sequence relating $H^{*}(X)$ and $H^{*}(\Omega X)$. We have

$$
E_{2}=\operatorname{Tor}_{H^{*}(X)}\left(\mathbf{Z}_{2}, \mathbf{Z}_{2}\right) \quad \text { and } \quad E_{\infty}=\operatorname{Gr} H^{*}(X)
$$

According to [3], $E_{\infty}$ is isomorphic as coalgebras to $H^{*}(\Omega X)$. But in our case $E_{2}=E_{\infty}$ because $Q^{\text {even }}=0$ so $H^{*}(X)$ is a tensor product of truncated polynomial and exterior algebras on generators of odd degree.

It follows that $\operatorname{Tor}_{H^{*}(X)}\left(\mathbf{Z}_{2}, \mathbf{Z}_{2}\right)$ is a tensor product of divided power and exterior coalgebras on primitives that are suspension or transpotence elements. We easily derive the following:

Lemma 1.2. (a) All primitives of $H^{*}(\Omega X)$ are either suspension or transpotence elements on generators of odd degree.
(b) $\sigma^{*}: Q^{2 l+1} \rightarrow \operatorname{PH}^{2^{l}}(\Omega X)$ is an isomorphism if $l$ is even and is a monomorphism if $l$ is odd.
(c) If $y \in P H^{4 m-2}(\Omega X)$ is a transpotence element then express $m$ as $m=2^{i} n$ where $n$ is odd. Then $y=\varphi_{2^{i+2}}(x)$ where $\operatorname{deg} x$ is $n$ and $x$ has height $2^{i+2}$.

We now build the universal example for a tertiary operation which will be used in Section 2. We first build the universal example for a certain transpotence element.

Our universal example will eventually be used to prove

$$
\sigma^{*} Q^{8 k+3} \subseteq S q^{4} P H^{8 k-2}(\Omega X)
$$

Express $k=2^{i} l$ where $l$ is odd. Let $w_{0}: K\left(\mathbf{Z}_{2}, l\right) \rightarrow K\left(\mathbf{Z}_{2}, 16 k\right)$ be defined by $w_{0}^{*}\left(i_{16 k}\right)=\left(i_{l}\right)^{2^{i+4}}$. Then $w_{0}$ is an infinite loop map. Let $B E_{0}$ be the fibre of $B w_{0}$. Let $\bar{w}_{0}: K\left(\mathbf{Z}_{2}, 2 k\right) \rightarrow K\left(\mathbf{Z}_{2}, 16 k\right)$ be defined by

$$
\bar{w}_{0}^{*}\left(i_{16 k}\right)=i_{2 k}^{8} .
$$

Let $B \bar{E}_{0}$ be the fibre of $B \bar{w}_{0}$. We have a commutative diagram


We have $B \bar{w}_{0}^{*}\left(i_{16 k+1}\right)=S q^{8 k} S q^{4 k} S q^{2 k} i_{2 k+1}$. There exist elements

$$
\bar{u}_{0} \in H^{16 k+5}\left(B \bar{E}_{0}\right), \quad \bar{u}_{1} \in H^{16 k+2}\left(B \bar{E}_{0}\right), \quad \bar{u}_{2} \in H^{16 k+4}\left(B \bar{E}_{0}\right)
$$

with

$$
B j_{0}^{*}\left(\bar{u}_{0}\right)=S q^{4} S q^{1} i_{16 k}, \quad B j_{0}^{*}\left(\bar{u}_{1}\right)=S q^{2} i_{16 k}, \quad B j_{0}^{*}\left(\bar{u}_{2}\right)=S q^{4} i_{16 k}
$$

We have

$$
\bar{\Delta} \bar{u}_{1}=S q^{4 k} S q^{2 k} B \bar{p}_{0}^{*}\left(i_{2 k+1}\right) \otimes S q^{4 k} S q^{2 k} B \bar{p}_{0}^{*}\left(i_{2 k+1}\right)
$$

where $\bar{u}_{0}, \bar{u}_{2}$ are primitive. Hence $S q^{4} \bar{u}_{2}+S q^{6} \bar{u}_{1}+S q^{3} \bar{u}_{0}$ is primitive and in the kernel of $B j_{0}^{*}$. We have

$$
\Omega \bar{E}_{0} \simeq K\left(\mathbf{Z}_{2}, 2 k-1\right) \times K\left(\mathbf{Z}_{2}, 16 k-2\right)
$$

and

$$
\begin{aligned}
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{0}\right)=\alpha_{0} i_{2 k-1} \otimes 1+1 \otimes S q^{4} S q^{1} i_{16 k-2} \\
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{1}\right)=\alpha_{1} i_{2 k-1} \otimes 1+1 \otimes S q^{2} i_{16 k-2} \\
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{2}\right)=\alpha_{2} i_{2 k-1} \otimes 1+1 \otimes S q^{4} i_{16 k-2}
\end{aligned}
$$

Changing $\bar{u}_{i}$ by $B \bar{p}_{0}^{*}\left(\alpha_{i} i_{2 k+1}\right)$ we may assume

$$
\begin{aligned}
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{0}\right)=1 \otimes S q^{4} S q^{1} i_{16 k-2} \\
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{1}\right)=1 \otimes S q^{2} i_{16 k-2} \\
& \left(\sigma^{*}\right)^{2}\left(\bar{u}_{2}\right)=1 \otimes S q^{4} i_{16 k-2}
\end{aligned}
$$

Then

$$
\left(\sigma^{*}\right)^{2}\left[S q^{3} \bar{u}_{0}+S q^{6} \bar{u}_{1}+S q^{4} \bar{u}_{2}\right]=0
$$

Hence since $\sigma^{\prime}: Q H^{\text {odd }}\left(\bar{E}_{0}\right) \rightarrow P H^{\text {even }}\left(\Omega \bar{E}_{0}\right)$ is monic,

$$
\sigma^{*}\left[S q^{3} \bar{u}_{0}+S q^{6} \bar{u}_{1}+S q^{4} \bar{u}_{2}\right]=0
$$

since it's odd degree decomposable. Now since $\sigma^{*}: Q H^{16 k+8}\left(B \bar{E}_{0}\right) \rightarrow$ $P H^{16 k+7}\left(\overline{E_{0}}\right)$ is monic it follows that

$$
S q^{3} \bar{u}_{0}+S q^{6} \bar{u}_{1}+S q^{4} \bar{u}_{2}=S q^{8 k+4} B \bar{p}_{0}^{*}\left(\alpha i_{2 k+1}\right)=\left[B \bar{p}_{0}^{*}\left(\alpha i_{2 k+1}\right)\right]^{2}
$$

where $\alpha \in \mathscr{A}(2)$.

Define $u_{i}=\bar{h}^{*}\left(\bar{u}_{i}\right), v_{i}=\sigma^{*}\left(u_{i}\right)$. Let $\psi_{i}$ be the secondary operations defined by the $v_{i}$. We have proved:

Proposition 1.3. There exist elements $v_{0}, v_{1}, v_{2} \in H^{*}\left(E_{0}\right)$ that are suspensions of elements $u_{0}, u_{1}, u_{2}$ with the following properties.
(1) $S q^{3} v_{0}+S q^{6} v_{1}+S q^{4} v_{2}=0$.
(2) $\quad \sigma^{*}\left(v_{2}\right)=S q^{4} \varphi_{2^{i+4}}\left(p_{0}^{*}\left(i_{l}\right)\right)$.
(3) $S q^{3} u_{0}+S q^{6} u_{1}+S q^{4} u_{2}$ is a fourth power.

Proof. Property 3 implies property 1. $\sigma^{*}\left(v_{2}\right)=1 \otimes S q^{4} i_{16 k-2}$ and $1 \otimes$ $i_{16 k-2}$ represents $\varphi_{2^{i+4}}\left(p_{0}^{*}\left(i_{l}\right)\right)$. Hence property 2 is satisfied.

Finally

$$
S q^{3} \bar{u}_{0}+S q^{6} \bar{u}_{1}+S q^{4} \bar{u}_{2}=\left[B \bar{p}_{0}^{*}\left(\alpha i_{2 k+1}\right)\right]^{2}
$$

and since $\alpha$ has odd degree,

$$
\alpha h^{*}\left(i_{2 k+1}\right) \in \alpha S q^{k} H^{k+1}\left(K\left(\mathbf{Z}_{2}, l+1\right)\right) \subseteq \xi H^{*}\left(K\left(\mathbf{Z}_{2}, l+1\right)\right)
$$

Hence $S q^{3} u_{0}+S q^{6} u_{1}+S q^{4} u_{2}$ is a fourth power. Q.E.D.
We now build the third stage of our Postnikov system. The Adem relations imply

$$
\begin{align*}
& S q^{8 k+4}=S q^{4} S q^{8 k}+S q^{8 k+2} S q^{2}+S q^{8 k+3} S q^{1}  \tag{1.1}\\
& S q^{8 k+2}=S q^{4} S q^{8 k-2}+S q^{8 k} S q^{2} \\
& S q^{2} S q^{2}=S q^{3} S q^{1}
\end{align*}
$$

Combining the above equations we obtain

$$
\begin{equation*}
S q^{8 k+4}=S q^{4}\left[S q^{8 k}+S q^{8 k-2} S q^{2}\right]+\left[S q^{8 k+3}+S q^{8 k} S q^{3}\right] S q^{1} \tag{1.2}
\end{equation*}
$$

For convenience let $\theta=S q^{8 k}+S q^{8 k-2} S q^{2}$. Then we have

$$
S q^{8 k+4}=S q^{4} \theta+\left[S q^{8 k+3}+S q^{8 k} S q^{3}\right] S q^{1}
$$

Let

$$
\begin{aligned}
K & =E_{0} \times K\left(\mathbf{Z}_{2}, 8 k+3,8 k+1\right) \\
K_{0} & =K\left(\mathbf{Z}_{2}, 16 k+3,16 k+1,16 k+4,8 k+4,8 k+4\right)
\end{aligned}
$$

Let $w: K \rightarrow K_{0}$ be defined by

$$
\begin{aligned}
w^{*}\left(i_{16 k+3}\right) & =\theta i_{8 k+3}-v_{2} \\
w^{*}\left(i_{16 k+1}\right) & =v_{1}-S q^{8 k} i_{8 k+1} \\
w^{*}\left(i_{16 k+4}\right) & =v_{0} \\
w^{*}\left(i_{8 k+4}\right) & =S q^{1} i_{8 k+3} \\
w^{*}\left(i_{8 k+4}^{\prime}\right) & =S q^{3} i_{8 k+1}
\end{aligned}
$$

Then $w$ is a loop map. Let $E$ be the fibre of $w$ :


Consider the element $z \in H^{*}\left(B K_{0}\right)$,

$$
\begin{aligned}
z= & S q^{4} i_{16 k+4}+S q^{6} i_{16 k+2}+S q^{3} i_{16 k+5} \\
& +\left(S q^{8 k+3}+S q^{8 k} S q^{3}\right) i_{8 k+5}+S q^{8 k+3} i_{8 k+5}^{\prime}
\end{aligned}
$$

Then

$$
\begin{aligned}
(B w)^{*}(z)= & S q^{4}\left[\theta i_{8 k+4}-u_{2}\right]+S q^{6}\left[u_{1}-S q^{8 k} i_{8 k+2}\right] \\
& +S q^{3} u_{0}+\left[S q^{8 k+3}+S q^{8 k} S q^{3}\right] S q^{1} i_{8 k+4} \\
& +S q^{8 k+3} S q^{3} i_{8 k+2} \\
= & {\left[S q^{4} \theta+\left(S q^{8 k+3}+S q^{8 k} S q^{3}\right) S q^{1}\right] i_{8 k+4} } \\
& +S q^{4} u_{2}+S q^{6} u_{1}+S q^{3} u_{0} \\
& +\left(S q^{6} S q^{8 k}+S q^{8 k+3} S q^{3}\right) i_{8 k+2} \\
= & S q^{8 k+4} i_{8 k+4}+\text { a fourth power (by Proposition 1.3). }
\end{aligned}
$$

Therefore in the projective plane of $E, P_{2} E$, the inclusion

$$
i_{2}: P_{2} E \rightarrow B E
$$

takes $B p^{*}\left(i_{8 k+4}\right)$ to an element truncated at height two. Hence by [5, Prop.
3.1], there exists a $v \in H^{*}(E)$ with $\bar{\Delta} v=u \otimes u$ where $u=p^{*}\left(i_{8 k+3}\right)$ and

$$
\begin{aligned}
j^{*}(v)= & S q^{4} i_{16 k+2}+S q^{6} i_{16 k}+S q^{3} i_{16 k+3} \\
& +\left(S q^{8 k+3}+S q^{8 k} S q^{3}\right) i_{8 k+3}+S q^{8 k+3} i_{8 k+3}^{\prime}
\end{aligned}
$$

By [9] we have:
Proposition 1.4. There exists an element $\sigma^{*} v \in P H^{16 k+5}\left(\Omega E_{0}\right)$ with

$$
c\left(\sigma^{*} v\right)=\sigma^{*} u \otimes \sigma^{*} u
$$

and

$$
\Omega j^{*}\left(\sigma^{*} v\right)=S q^{4} i_{16 k+1}+S q^{6} i_{16 k-1}+S q^{3} i_{16 k+2}+\left(S q^{8 k} S q^{3}\right) i_{8 k+2}
$$

## 2. Applications of the $\boldsymbol{c}_{2}$-invariant

In this chapter, the three stage system $E$ is used to prove

$$
\sigma^{*} Q^{8 k+3} \subseteq \operatorname{im} S q^{4}
$$

By property $3, \Sigma_{l>0} Q^{8 l+3}$ is a finite dimensional vector space. Therefore, we may use downward induction. Assume that for $k^{\prime}>k, \sigma^{*} Q^{8 k^{\prime}+3} \subseteq \operatorname{im} S q^{4}$. Let $\bar{x} \in Q^{8 k+3}$ have representative $x$ with $d\{x\}=0$. Then if $\theta \bar{x}$ is nontrivial, by induction

$$
\sigma^{*}(\theta \bar{x})=S q^{4} y
$$

Since degree $\sigma^{*}(\theta \bar{x})=16 k+2$ it is primitive indecomposable. Hence $y$ may be chosen primitive indecomposable. It follows that $y$ is either a suspension or transpotence element. In either case $y$ is realizable by a map

and

$$
\left(\Omega \tilde{f_{0}}\right)^{*}\left(\sigma^{*} v_{2}\right)=S q^{4} y
$$

by Proposition 1.3. Therefore $\tilde{f}_{0}^{*}\left(v_{2}\right)$ and $\theta \bar{x}$ suspend to the same element. Since $\sigma^{*}: Q^{\text {odd }} \rightarrow P H^{\text {even }}(\Omega X)$ is monic, $\tilde{f_{0}^{*}}\left(v_{2}\right)-\theta x$ is three-fold decomposable.

Similarly, if $\tilde{f_{0}} *\left(v_{1}\right)$ is indecomposable, by Property 2 ,

$$
\tilde{f}_{0}^{*}\left(v_{1}\right)=S q^{8 k} x_{8 k+1}+\text { three-fold decomposables }
$$

By Lemma 1.1, $S q^{1} x$ and $S q^{3} x_{8 k+1}$ are three-fold decomposable. Finally, the Cartan formula for $\bar{\Delta} \tilde{f}_{0}^{*}\left(v_{0}\right)$ (see [5]) implies that if $D$ is the module of decomposables, then

$$
\bar{\Delta} \tilde{f}_{0}^{*}\left(v_{0}\right) \in D \otimes H^{*}+H^{*} \otimes D+\operatorname{im} S q^{4} S q^{1}
$$

since $\bar{\Delta} \tilde{f}_{0}^{*}\left(i_{l}\right) \in D \otimes H^{*}+H^{*} \otimes D$. But $S q^{1} H^{*} \subseteq D$.
We conclude $d\left\{\tilde{f_{0}^{*}}\left(v_{0}\right)\right\}=0$. By Lemma 1.1, $\tilde{f_{0}}{ }^{*}\left(v_{0}\right)$ is also three-fold decomposable.

If $P_{2} \Omega X$ is the projective plane of $\Omega X$, since all three-fold products vanish on $H^{*}\left(P_{2} \Omega X\right)$ it follows that there is a commutative diagram

where $f^{*}\left(i_{8 k+3}\right)=x, f^{*}\left(i_{8 k+1}\right)=x_{8 k+1}$. This yields a diagram:

By [4, equation 2.2], we have $\sigma^{*} x \otimes \sigma^{*} x \in\left(S q^{4}+S q^{6}+S q^{3}+S q^{8 k} S q^{3}\right)\left[F_{2}^{\prime}\right.$ $\left.\otimes \operatorname{im} \sigma^{*}+\mathrm{im} \sigma^{*} \otimes F_{2}^{\prime}+P H^{*}(\Omega X) \otimes P H^{*}(\Omega X)\right]$ where $F_{2}^{\prime}$ is a submodule of im $\sigma^{*}+2$-fold products of elements of im $\sigma^{*}$. Since $\sigma^{*} x$ is indecomposable and $H^{*}(\Omega X)$ is even dimensional this implies

$$
\sigma^{*} x \otimes \sigma^{*} x \in\left[S q^{4}+S q^{6}\right]\left(P H^{*}(\Omega X) \otimes P H^{*}(\Omega X)\right)
$$

Since $\bar{x} \notin \operatorname{im~} S q^{2}$ and $P H^{4 l}(\Omega X)=\sigma * Q^{4 l+1}$ by Lemma 1.2, it follows that $\sigma^{*} x \in S q^{4} P H^{*}(\Omega X)$. This completes the inductive step and proves:

Theorem 2.1. $\quad \sigma^{*} Q^{8 k+3} \subseteq S q^{4} P H^{*}(\Omega X)$.
Corollary 2.2. $\quad S q^{4} Q^{8 k+3}=0$.
Proof.

$$
\begin{aligned}
\sigma^{*} S q^{4} Q^{8 k+3} & \subseteq S q^{4} S q^{4} P H^{8 k-2}(\Omega X) \\
& \subseteq S q^{6} S q^{2} P H^{8 k-2}(\Omega X) \\
& =0
\end{aligned}
$$

since $S q^{2} P H^{4 l}(\Omega X)=0$. Q.E.D.

Theorem 2.3. If $X$ is 7 -connected then $X$ is 14 -connected.
Proof. By [2], [5] the first nonvanishing homotopy group is torsion free of odd degree. By the Hurewicz theorem if $0<l$ is the lowest degree where $\pi_{l}(X)$ is nontrivial, then $H^{l}(X)$ is nontrivial. If $14>l>7$ then by properties 1 and $2, l=11$. By Theorem 2.1, $\sigma^{*} Q^{11}=S q^{4} P H^{6}(\Omega X)$. But $\Omega X$ is 6-connected so $Q^{11}=0$. We conclude that if $l>7$ then $l \geq 14$. Q.E.D.

Proposition 2.4. $Q^{11}=S q^{4} Q^{7}$ and $Q^{19}=S q^{4} Q^{15}$.
Proof. Since $X$ is two connected, the first transpotence element in $H^{*}(\Omega X)$ of degree $8 k-2$ is in degree greater than or equal to 22 . Hence

$$
\sigma^{*} Q^{11}=S q^{4} P H^{6}(\Omega X)=S q^{4} \sigma^{*} Q^{7}
$$

and

$$
Q^{11}=S q^{4} Q^{7}
$$

Similarly,

$$
\sigma^{*} Q^{19}=S q^{4} P H^{14}(\Omega X)=S q^{4} \sigma^{*} Q^{15}
$$

and

$$
Q^{19}=S q^{4} Q^{15} . \quad \text { Q.E.D. }
$$

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