# SPECTRAL GAP FOR THE INTERCHANGE PROCESS IN A BOX 

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## Abstract

We show that the spectral gap for the interchange process (and the symmetric exclusion process) in a $d$-dimensional box of side length $L$ is asymptotic to $\pi^{2} / L^{2}$. This gives more evidence in favor of Aldous's conjecture that in any graph the spectral gap for the interchange process is the same as the spectral gap for a corresponding continuous-time random walk. Our proof uses a technique that is similar to that used by Handjani and Jungreis, who proved that Aldous's conjecture holds when the graph is a tree.

## 1 Introduction

### 1.1 Aldous's conjecture

This subsection is taken (with minor alterations) from David Aldous's web page. Consider an $n$-vertex graph $G$ which is connected and undirected. Take $n$ particles labeled $1,2, \ldots, n$. In a configuration, there is one particle at each vertex. The interchange process is the following continuous-time Markov chain on configurations. For each edge $(i, j)$, at rate 1 the particles at vertex $i$ and vertex $j$ are interchanged.
The interchange process is reversible, and its stationary distribution is uniform on all $n$ ! configurations. There is a spectral gap $\lambda_{\mathrm{IP}}(G)>0$, which is the absolute value of the largest non-zero eigenvalue of the transition rate matrix. If instead we just watch a single particle, it performs a continuous-time random walk on $G$ (hereafter referred to simply as "the continuoustime random walk on $\left.G^{\prime \prime}\right)$, which is also reversible and hence has a spectral gap $\lambda_{\mathrm{RW}}(G)>0$. Simple arguments (the contraction principle) show $\lambda_{\mathrm{IP}}(G) \leq \lambda_{\mathrm{RW}}(G)$.

Problem. Prove $\lambda_{\mathrm{IP}}(G)=\lambda_{\mathrm{RW}}(G)$ for all $G$.
Discussion. Fix $m$ and color particles $1,2, \ldots, m$ red. Then the red particles in the interchange process behave as the usual exclusion process (i.e., $m$ particles performing the continuous-time

[^0]random walk on $G$, but with moves that take two particles to the same vertex suppressed). But in the finite setting, the interchange process seems more natural.

### 1.2 Results

Aldous's conjecture has been proved in the case where $G$ is a tree [7] and in the case where $G$ is the complete graph [5]; see also [12]. In this note we prove an asymptotic version of Aldous's conjecture for $G$ a box in $\mathbf{Z}^{d}$. We show that if $B_{L}$ denotes a box of side length $L$ in $\mathbf{Z}^{d}$ then

$$
\frac{\lambda_{\mathrm{IP}}\left(B_{L}\right)}{\lambda_{\mathrm{RW}}\left(B_{L}\right)} \rightarrow 1
$$

as $L \rightarrow \infty$.

Remark: After completing a draft of this paper, I learned that Starr and Conomos had recently obtained the same result (see [14]). Their proof uses a similar approach, although the present paper is somewhat shorter.
Connection to simple exclusion. Our result gives a bound on the spectral gap for the exclusion process. The exclusion process is a widely studied Markov chain, with connections to card shuffling [16, 1], statistical mechanics [8, 13, 2, 15], and a variety of other processes (see e.g., $[10,6]$ ); it has been one of the major examples behind the study of convergence rates for Markov chains (see, e.g., [6, 3, 16, 1]). Our result implies that the spectral gap for the symmetric exclusion process in $B_{L}$ is asymptotic to $\pi^{2} / L^{2}$. The problem of bounding the spectral gap for simple exclusion was studied in Quastel [13] and a subsequent independent paper of Diaconis and Saloff-Coste [3]. Both of these papers used a comparison to BernoulliLaplace diffusion (i.e., the exclusion process in the complete graph) to obtain a bound of order $1 / d L^{2}$. Diaconis and Saloff-Coste explicitly wondered whether the factor $d$ in the denominator is necessary; in the present paper we show that it is not.

## 2 Background

Consider a continuous-time Markov chain on a finite state space $W$ with a symmetric transition rate matrix $Q(x, y)$. The spectral gap is the minimum value of $\alpha>0$ such that

$$
\begin{equation*}
Q f=-\alpha f \tag{1}
\end{equation*}
$$

for some $f: W \rightarrow \mathbf{R}$. The spectral gap governs the asymptotic rate of convergence to the stationary distribution. Define

$$
\mathcal{E}(f, f)=\frac{1}{2|W|} \sum_{x, y \in W}(f(x)-f(y))^{2} Q(x, y)
$$

and define

$$
\operatorname{var}(f)=\frac{1}{|W|} \sum_{x \in W}(f(x)-\mathbf{E}(f))^{2}
$$

where

$$
\mathbf{E}(f)=\frac{1}{|W|} \sum_{x \in W} f(x)
$$

If $f$ is a function that satisfies $Q f=-\lambda f$ for some $\lambda>0$, then

$$
\begin{equation*}
\lambda=\frac{\mathcal{E}(f, f)}{\operatorname{var}(f)} \tag{2}
\end{equation*}
$$

Furthermore, if $\alpha$ is the spectral gap then for any non-constant $f: W \rightarrow \mathbf{R}$ we have

$$
\begin{equation*}
\frac{\mathcal{E}(f, f)}{\operatorname{var}(f)} \geq \alpha \tag{3}
\end{equation*}
$$

Thus the spectral gap can be obtained by minimizing the left hand side of (3) over all nonconstant functions $f: W \rightarrow \mathbf{R}$.

## 3 Main result

Before specializing to the interchange process, we first prove a general proposition relating the eigenvalues of a certain function of a Markov chain to the eigenvalues of the Markov chain itself. Let $X_{t}$ be a continuous-time Markov chain on a finite state space $W$ with a symmetric transition rate matrix $Q(x, y)$. Let $T$ be another space and let $g: W \rightarrow T$ be a function on $W$ such that if $g(x)=g(y)$ and $U=g^{-1}(u)$ for some $u$, then $\sum_{u^{\prime} \in U} Q\left(x, u^{\prime}\right)=\sum_{u^{\prime} \in U} Q\left(y, u^{\prime}\right)$. Note that $g\left(X_{t}\right)$ is a Markov chain. Let $W^{\prime}$ denote the collection of subsets of $W$ of the form $g^{-1}(u)$ for some $u \in T$. We can identify the states of $g\left(X_{n}\right)$ with elements of $W^{\prime}$. Let $Q^{\prime}$ denote the transition rate matrix for $g\left(X_{n}\right)$. Note that if $U, U^{\prime} \in W^{\prime}$, with $U=g^{-1}(u)$ for some $u \in T$ and $U \neq U^{\prime}$, then $Q^{\prime}\left(U, U^{\prime}\right)=\sum_{y \in U^{\prime}} Q(u, y)$.
We shall need the following proposition, which generalizes Lemma 2 of [7].
Proposition 1. Let $X_{t}, g$ and $Q^{\prime}$ be as defined above. Suppose $f: W \rightarrow \mathbf{R}$ is an eigenvector of $Q$ with corresponding eigenvalue $-\lambda$ and define $h: W^{\prime} \rightarrow \mathbf{R}$ by $h(U)=\sum_{x \in U} f(x)$. Then $Q^{\prime} h=-\lambda h$. That is, either $h$ is an eigenvector of $Q^{\prime}$ with corresponding eigenvalue $-\lambda$, or $h$ is identically zero.

Proof: Note that for all $U^{\prime} \in W^{\prime}$ we have

$$
\begin{aligned}
\left(Q^{\prime} h\right)\left(U^{\prime}\right) & =\sum_{U \in W^{\prime}} h(U) Q^{\prime}\left(U, U^{\prime}\right) \\
& =\sum_{U \in W^{\prime}} \sum_{x \in U} f(x) \sum_{y \in U^{\prime}} Q(x, y) \\
& =\sum_{y \in U^{\prime}}(Q f)(y) \\
& =-\lambda \sum_{y \in U^{\prime}} f(y) \\
& =-\lambda h\left(U^{\prime}\right)
\end{aligned}
$$

so $Q^{\prime} h=-\lambda h$.

The following Lemma is a weaker version of Aldous's conjecture. The proof is similar to the proof of Theorem 1 in [7].

Lemma 2. Let $G$ be a connected, undirected graph with vertices labeled $1, \ldots, n$. For $2 \leq k \leq n$ let $G_{k}$ be the subgraph of $G$ induced by the vertices $1,2, \ldots, k$. Let $\lambda_{\mathrm{RW}}\left(G_{k}\right)$ be the spectral gap for the continuous-time random walk on $G_{k}$, and define $\alpha_{k}=\min _{2 \leq j \leq k} \lambda_{\mathrm{RW}}\left(G_{j}\right)$. Then

$$
\lambda_{\mathrm{IP}}(G) \geq \alpha_{n}
$$

Proof: Our prooof will be by induction on the number of vertices $n$. The base case $n=2$ is trivial, so assume $n>2$. Let $W$ and $Q$ be the state space and transition rate matrix, respectively, for the interchange process on $G$. Let $f: W \rightarrow \mathbf{R}$ be a function that satisfies $Q f=-\lambda f$. We shall show that $\lambda \geq \alpha_{n}$. Note that a configuration of the interchange process can be identified with a permutation $\pi$ in $S_{n}$, where if particle $i$ is in vertex $j$, then $\pi(i)=j$. For positive integers $m$ and $k$ with $m, k \leq n$, we write $f(\pi(m)=k)$ for

$$
\sum_{\pi: \pi(m)=k} f(\pi)
$$

We consider two cases.

Case 1: For some $m$ and $k$ we have $f(\pi(m)=k) \neq 0$. Define $h: V \rightarrow \mathbf{R}$ by $h(j)=$ $f(\pi(m)=j)$. Then $h$ is not identically zero, and using Proposition 1 with $g$ defined by $g(\pi)=\pi(m)$ gives that if $Q^{\prime}$ is the transition rate matrix for continuous time random walk on $G$, then $Q^{\prime} h=-\lambda h$. It follows that $\lambda$ is an eigenvalue of $Q^{\prime}$ and hence $\lambda \geq \lambda_{\mathrm{RW}}(G)=\alpha_{n}$.

Case 2: For all $m$ and $k$ we have $f(\pi(m)=k)=0$. Define the suppressed process as the interchange process with moves involving vertex $n$ suppressed. That is, the Markov chain with the following transition rule:

For every edge $e$ not incident to $n$, at rate 1 switch the particles at the endpoints of $e$.
For $1 \leq k \leq n$, let $W_{k}=\left\{\pi \in W: \pi^{-1}(n)=k\right\}$. Note that the $W_{k}$ are the irreducible classes of the suppressed process, and that for each $k$ the restriction of the suppressed process to $W_{k}$ can be identified with the interchange process on $G_{n-1}$. For $k$ with $1 \leq k \leq n$, define

$$
\mathcal{E}_{k}(f, f)=\frac{1}{2(n-1)!} \sum_{\pi_{1}, \pi_{2} \in W_{k}}\left(f\left(\pi_{1}\right)-f\left(\pi_{2}\right)\right)^{2} Q\left(\pi_{1}, \pi_{2}\right)
$$

and define

$$
\operatorname{var}_{k}(f)=\frac{1}{(n-1)!} \sum_{\pi \in W_{k}} f(\pi)^{2}
$$

(Note that for every $k$ we have $\sum_{\pi \in W_{k}} f(x)=0$.)
By the induction hypothesis, the spectral gap for the interchange process on $G_{n-1}$ is at least $\alpha_{n-1}$. Hence for every $k$ with $1 \leq k \leq n$ we have

$$
\mathcal{E}_{k}(f, f) \geq \alpha_{n-1} \operatorname{var}_{k}(f) \geq \alpha_{n} \operatorname{var}_{k}(f)
$$

It follows that

$$
\begin{align*}
n!\mathcal{E}(f, f) & \geq \frac{1}{2} \sum_{k=1}^{n} \sum_{\pi_{1}, \pi_{2} \in W_{k}}\left(f\left(\pi_{1}\right)-f\left(\pi_{2}\right)\right)^{2} Q\left(\pi_{1}, \pi_{2}\right)  \tag{4}\\
& =\sum_{k=1}^{n}(n-1)!\mathcal{E}_{k}(f, f)  \tag{5}\\
& \geq \sum_{k=1}^{n} \alpha_{n}(n-1)!\operatorname{var}_{k}(f)  \tag{6}\\
& =\alpha_{n} \sum_{k=1}^{n} \sum_{\pi \in W_{k}} f(\pi)^{2}  \tag{7}\\
& =\alpha_{n} n!\operatorname{var}(f) \tag{8}
\end{align*}
$$

Combining this with equation (2) gives $\lambda \geq \alpha_{n}$.

Remark: Theorem 2 is optimal if the vertices are labeled in such a way that $\lambda_{\mathrm{RW}}\left(G_{k}\right)$ is nonincreasing in $k$, in which case it gives $\lambda_{\mathrm{IP}}(G)=\lambda_{\mathrm{RW}}(G)$. Since any tree can be built up from smaller trees (with larger spectral gaps), we recover the result proved in [7] that $\lambda_{\mathrm{IP}}(T)=\lambda_{\mathrm{RW}}(T)$ if $T$ is a tree.

Our main application of Lemma 2 is the following asymptotic version of Aldous's conjecture in the special case where $G$ is a box in $\mathbf{Z}^{d}$.

Corollary 3. Let $B_{L}=\{0, \ldots, L\}^{d}$ be a box of side length $L$ in $\mathbf{Z}^{d}$. Then the spectral gap for the interchange process on $B_{L}$ is asymptotic to $\pi^{2} / L^{2}$.

Proof: In order to use Lemma 2 we need to label the vertices of $B_{L}$ in some way. Our goal is to label in such a way that for every $k$ the quantity $\lambda_{\mathrm{RW}}\left(G_{k}\right)$ (i.e., the spectral gap corresponding to the subgraph of $B_{L}$ induced by the vertices $\left.1, \ldots, k\right)$ is not too much smaller than $\lambda_{\mathrm{RW}}\left(B_{L}\right)$. So our task is to build $B_{L}$, one vertex at a time, in such a way that the spectral gaps of the intermediate graphs don't get too small.
We shall build $B_{L}$ by inductively building $B_{L-1}$ and then building $B_{L}$ from $B_{L-1}$. Since $\lambda_{\mathrm{RW}}\left(B_{L}\right) \downarrow 0$, it is enough to show that

$$
\frac{\beta_{L}}{\lambda_{\mathrm{RW}}\left(B_{L}\right)} \rightarrow 1
$$

where $\beta_{L}$ is the minimum spectral gap for any intermediate graph between $B_{L-1}$ and $B_{L}$.
For a graph $H$, let $V(H)$ denote the set of vertices in $H$. For $j \geq 0$, let $\mathcal{L}_{j}=\{0, \ldots, j\}$ be the line graph with $j+1$ vertices. Define $\gamma_{L}=\lambda_{\mathrm{RW}}\left(\mathcal{L}_{L}\right)$. It is well known that $\gamma_{L}$ is decreasing in $L$ and asymptotic to $\pi^{2} / L^{2}$ as $L \rightarrow \infty$. It is also well known that if $H$ and $H^{\prime}$ are graphs and $\times$ denotes Cartesian product, then $\lambda_{\mathrm{RW}}\left(H \times H^{\prime}\right)=\min \left(\lambda_{\mathrm{RW}}(H), \lambda_{\mathrm{RW}}\left(H^{\prime}\right)\right)$. Since $B_{L}=\mathcal{L}_{L}^{d}$, it follows that $\lambda_{\mathrm{RW}}\left(B_{L}\right)=\gamma_{L}$.
We construct $B_{L}$ from $B_{L-1}$ using intermediate graphs $H_{0}, \ldots, H_{d}$, where for $k$ with $1 \leq k \leq d$ we define $H_{k}=\mathcal{L}_{L}^{k} \times \mathcal{L}_{L-1}^{d-k}$. Note that $H_{0}=B_{L-1}$ and $H_{d}=B_{L}$. We obtain $H_{k}$ from $H_{k-1}$ by adding vertices to lengthen $H_{k-1}$ by one unit in direction $k$. The order in which the vertices in $V\left(H_{k}\right)-V\left(H_{k-1}\right)$ are added is arbitrary.

Fix $k$ with $1 \leq k \leq d$, and define $G^{\prime}=G^{\prime}(L, k)$ as follows. Let

$$
V^{\prime}=V\left(H_{k}\right), \quad E^{\prime}=\left\{(u, v): \text { either } u \text { or } v \text { is a vertex in } H_{k-1}\right\}
$$

and let $G^{\prime}=\left(V^{\prime}, E^{\prime}\right)$. It is well known and easily shown that if $H$ is a graph, then adding edges to $H$ cannot decrease $\lambda_{\mathrm{RW}}(H)$, nor can removing pendant edges. Since each intermediate graph $\tilde{G}$ between $H_{k-1}$ and $H_{k}$ can be obtained from $G^{\prime}$ by adding edges and removing pendant edges, it follows that for any such graph $\tilde{G}$ we have $\lambda_{\mathrm{RW}}(\tilde{G}) \geq \lambda_{\mathrm{RW}}\left(G^{\prime}\right)$. Thus, it is enough to bound $\lambda_{\mathrm{RW}}\left(G^{\prime}\right)$ from below. We shall show that for any $\epsilon>0$ we have $\lambda_{\mathrm{RW}}\left(G^{\prime}(L, k)\right) \geq(1-\epsilon) \gamma_{L}$ if $L$ is sufficiently large.
Let $e_{k}$ be the unit vector in direction $k$. Let

$$
S=V\left(H_{k-1}\right) ; \quad \partial S=V^{\prime}-S
$$

Let $X_{t}$ be the continuous-time random walk on $G^{\prime}$, with transition rate matrix $Q$. Fix $f$ : $V^{\prime} \rightarrow \mathbf{R}$ with $Q f=-\lambda f$ for some $\lambda>0$. For $x \in \mathbf{Z}^{d}$, let $g_{k}(x)$ denote the component of $x$ in the $k$ th coordinate. Note that $g_{k}\left(X_{t}\right)$ is the continuous-time random walk on $\mathcal{L}_{L}$. Let $Q^{\prime}$ be the transition rate matrix for $g_{k}\left(X_{t}\right)$. Proposition 1 implies that if $h:\{0, \ldots, L\} \rightarrow \mathbf{R}$ is defined by $h(j)=\sum_{\substack{x \in V^{\prime} \\ g_{k}(x)=j}} f(x)$, then $Q^{\prime} h=-\lambda h$. Thus if $\lambda<\gamma_{L}$, then $g$ is identically zero and hence $\sum_{x \in S} f(x)=0$. Define

$$
\mathcal{E}(f, f)=\frac{1}{2\left|V^{\prime}\right|} \sum_{x, y \in V^{\prime}}(f(x)-f(y))^{2} Q(x, y)
$$

and let $\mathcal{E}_{S}(f, f)$ be defined analogously, but with only vertices in $S$ included in the sum. Note that $\mathcal{E}(f, f) \geq \mathcal{E}_{S}(f, f)$. Since $\sum_{x \in S} f(x)=0$, we have

$$
\begin{equation*}
\frac{\mathcal{E}_{S}(f, f)}{\sum_{x \in S} f(x)^{2}} \geq \lambda_{\mathrm{RW}}\left(H_{k-1}\right) \geq \gamma_{L} \tag{9}
\end{equation*}
$$

where the second inequality follows from the fact that $H_{k-1}$ is a Cartesian product of $d$ graphs, each of which is either $\mathcal{L}_{L-1}$ or $\mathcal{L}_{L}$.
Fix $\epsilon>0$ and let $M$ be a positive integer large enough so that $\left(1-4 M^{-1}\right)^{-1} \leq(1-\epsilon)^{-1 / 2}$. For each $x \in \partial S$, say that $x$ is good if there is a $y \in S$ such that $x=y+i e_{k}$ for some $i \leq M$ and $|f(y)| \leq|f(x)| / 2$. Otherwise say that $x$ is bad. Let $\mathcal{G}$ and $\mathcal{B}$ denote the set of good and bad vertices, respectively, in $\partial S$. Note that if $x$ is bad and $M \leq L$ then $f(x)^{2} \leq$ $\frac{4}{M} \sum_{j=1}^{M} f\left(x-j e_{k}\right)^{2}$. Summing this over bad $x$ gives

$$
\begin{equation*}
\sum_{x \in \mathcal{B}} f(x)^{2} \leq \frac{4}{M} \sum_{x \in V^{\prime}} f(x)^{2} \tag{10}
\end{equation*}
$$

Note that if $x$ is good, then there must be an $x^{\prime} \in S$ of the form $x-i e_{k}$ such that $\mid f\left(x^{\prime}\right)-$ $f\left(x^{\prime}+e_{k}\right) \mid>f(x) / 2 M$. It follows that

$$
\begin{equation*}
\frac{\mathcal{E}(f, f)}{\sum_{x \in \mathcal{G}} f(x)^{2}} \geq 1 / 4 M^{2} \tag{11}
\end{equation*}
$$

Since $V^{\prime}=S \cup \mathcal{B} \cup \mathcal{G}$, combining equations (11), (9) and (10) gives

$$
\sum_{x \in V^{\prime}} f(x)^{2} \leq\left(\gamma_{L}^{-1}+4 M^{2}\right) \mathcal{E}(f, f)+4 M^{-1} \sum_{x \in V^{\prime}} f(x)^{2}
$$

and hence

$$
\begin{equation*}
\sum_{x \in V^{\prime}} f(x)^{2} \leq\left(1-4 M^{-1}\right)^{-1}\left(\gamma_{L}^{-1}+4 M^{2}\right) \mathcal{E}(f, f) \tag{12}
\end{equation*}
$$

Recall that $\left(1-4 M^{-1}\right)^{-1} \leq(1-\epsilon)^{-\frac{1}{2}}$, and note that since $\gamma_{L} \rightarrow 0$ as $L \rightarrow \infty$, we have $\gamma_{L}^{-1}+4 M^{2} \leq(1-\epsilon)^{-\frac{1}{2}} \gamma_{L}^{-1}$ for sufficiently large $L$. Combining this with equation (12) gives

$$
\frac{\mathcal{E}(f, f)}{\sum_{x \in V^{\prime}} f(x)^{2}} \geq(1-\epsilon) \gamma_{L}
$$

for sufficiently large $L$. It follows that $\lambda_{\mathrm{RW}}\left(G^{\prime}\right) \geq(1-\epsilon) \gamma_{L}$ for sufficiently large $L$ and so the proof is complete.

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