# AN INEQUALITY BETWEEN THE VOLUME AND THE CONVEXITY RADIUS OF A RIEMANNIAN MANIFOLD 

BY

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1. In [2], Marcel Berger is interested in finding lower bounds on the volume $v(g)$ of a compact $n$-dimensional Riemannian manifold ( $M, g$ ) in terms of the injectivity radius $i(g)$ and convexity radius $c(g)$. Recently, Berger [3] proved that

$$
v(g) \geq\left(\alpha(n) / \pi^{n}\right) i^{n}(g)
$$

and consequently that

$$
v(g) \geq\left(\alpha(n) /(\pi / 2)^{n}\right) c^{n}(g)
$$

with equality holding if and only if $(M, g)$ is a sphere of constant curvature. (Here $\alpha(n)$ is the volume of the unit $n$-sphere.) It is reasonable to expect that stronger inequalities hold when $M$ is not homeomorphic to a sphere.

In this paper we exhibit a constant $\mu^{\prime}(3)>\alpha(3) /(\pi / 2)^{3}$ such that for any non-simply-connected 3-dimensional manifold ( $M, g$ ), $v(g) \geq \mu^{\prime}(3) c^{3}(g)$. Along the way we refine Loewner's theorem [8], [1] thereby giving a lower bound on the area of a torus or Klein bottle in terms of the two shortest nonhomotopically trivial closed curves.
Throughout this paper, let $\rho$ be the distance function associated to the Riemannian manifold $(M, g)$. The open geodesic ball of radius $r>0$ centered at the point $p \in M$ is defined by

$$
B(p ; r)=\{q \in M: \rho(p, q)<r\} .
$$

Thus, if $0<r \leq i(g)$, then the exponential map is a diffeomorphism of the open ball of radius $r$ centered at the origin in the tangent space at $p$ onto $B(p ; r)$. Also, if $0<r \leq c(g)$, then $B(p ; r)$ is strongly convex, meaning that any two points of $B(p ; r)$ are connected by a unique minimizing geodesic and this geodesic lies in $B(p ; r)$. We will frequently use the relation $2 c(g) \leq i(g)$ (Remark 1.6 of [2]).
2. Let $(M, g)$ be a compact non-simply-connected Riemannian manifold. Let $l(g)$ denote the length of the shortest nonhomotopically-trivial closed curve. Clearly, $\quad l(g) \geq 2 i(g) \geq 4 c(g)$. Let $\gamma$ be a shortest non-

