## A VARIATIONAL METHOD FOR TRIGONOMETRIC POLYNOMIALS ${ }^{1}$

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## 1. Introduction

Let $f(x)$ be a trigonometric polynomial. We consider a linear functional $\mathfrak{L}$ defined by

$$
\mathscr{L}(f)=\sum_{\nu=1}^{m} \sum_{j=0}^{n_{\nu}} \alpha_{\nu}^{(j)} f^{(j)}\left(x_{\nu}\right)
$$

where $x_{\nu}, \alpha_{\nu}$ are given real numbers, $0 \leqq x_{\nu}<2 \pi$, with the $x_{\nu}$ all different. We suppose that $\alpha_{\nu}^{\left(n_{\nu}\right)} \neq 0$ and that $n_{\nu}>0$ for at least one $\nu$. We call

$$
l=n_{1}+\cdots+n_{m}+m
$$

the order of $\mathfrak{L}$; thus $f^{\prime}(a)-f^{\prime}(-a)$ is a functional of order 4. We are interested in the maximum of $|\mathfrak{L}(f)|$ when $f$ runs through the class of trigonometric polynomials of type $n$ which satisfy $|f(x)| \leqq 1$ for real $x$. (It is convenient to say that a trigonometric polynomial is of type $n$ if it is of degree at most $n$; a trigonometric polynomial of type $n$ is an entire function of exponential type $n$.) In looking for this maximum it is enough to consider the subclass $J_{n}$ whose members are in addition real for real $x$. For, if $\theta$ is real, we have $e^{i \theta} f(z)=f_{1}(z)+f_{2}(z)$, where $f_{1}$ and $f_{2}$ are elements of $J_{n}$. Since $\mathscr{L}\left(e^{i \theta} f\right)=e^{i \theta} \mathscr{L}(f)$, we can choose $\theta$ so that $\mathscr{L}\left(e^{i \theta} f\right)=|\mathscr{L}(f)|$, and so $\mathfrak{L}\left(f_{1}\right)=|\mathscr{L}(f)|$. Hence the maximum of $|\mathfrak{L}(f)|$ is attained, if at all, for an $f$ in $\mathfrak{J}_{n}$, and indeed for one for which $\mathcal{L}(f)>0$.

When $\mathscr{L}(f)=f^{\prime}(a)$, we have S. Bernstein's theorem that $\left|f^{\prime}(a)\right| \leqq n$ when $\left|f^{\prime}(x)\right| \leqq 1$ for all $x$. Here the bound for $|\mathscr{L}(f)|$ is the same no matter which point $a$ is selected; this is no longer true in the general case.

Bernstein's theorem on trigonometric polynomials is a special case of his theorem on entire functions of exponential type: if $f(z)$ is an entire function of exponential type $\tau$ (which we may suppose is real for real $x$ ), and $|f(x)| \leqq 1$ for all real $x$, then $\left|f^{\prime}(x)\right| \leqq \tau$ for all real $x$. This does not happen for more general functionals $\mathfrak{L}$. In fact, Schaeffer and I [1] found that the maximum of $|\mathscr{L}(f)|$ in this class $\mathscr{F}_{\tau}$ of entire functions is not, in general, attained for a trigonometric polynomial $f$. However, methods similar to those used in [1] still work for the class $J_{n}$. The general result is stated in §3 below; in $\S 4$ it is applied to the special functional $\lambda n^{2} f(0)+f^{\prime \prime}(0)$. As corollaries, we obtain two theorems for ordinary polynomials. Further applications will be given elsewhere.

The problem of maximizing the functional $f^{\prime}(a)-f^{\prime}(-a)$ is equivalent to the problem of maximizing $p_{n}^{\prime}(x)$ for a given $x$ on $(-1,1)$ when the poly-

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[^0]:    Received October 11, 1957 ; received in revised form December 3, 1957.
    ${ }^{1}$ Research supported by the National Science Foundation.

