## A THEOREM OF MYERS

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We prove here a simple extension of the theorem of Myers [2] which says: if the mean curvature of a complete Riemannian manifold $M$ is bounded below by a positive number, then $M$ is compact. (Myers also gets a bound on the diameter of $M$ but we do not.) Our theorem gives the same conclusion, that $M$ is compact, under the weaker assumption (in addition to completeness of $M$ ) that the integral of the mean curvature of the tangential direction is infinite along all geodesic rays emanating from some fixed point of $M$. $M$ will always denote a complete connected $C \infty$ Riemannian manifold of dimension $d \geq 2$.

Lemma 1. If there is a point $m$ in $M$ such that every geodesic ray emanating from $m$ has a point conjugate to $m$ along that ray, then $M$ is compact.

Proof. We recall the definition of a conjugate point. Let $M_{m}$ be the tangent space to $M$ at $m$. Let $\exp$ be the natural mapping of $M_{m} \rightarrow M$ which carries each ray $\gamma$ emanating from 0 (in $M_{m}$ ) into the geodesic tangent to $\gamma$ (at $m$ ), and preserving arc length. A point $p$ in $M_{m}$ is conjugate to $m$ if and only if dexp is singular at $p$, i.e. $\operatorname{dexp}$ has a non-zero kernel at $p$. If $\sigma=\exp \gamma, n=\exp p$, then $n$ is conjugate to $m$ along $\sigma$ if and only if $p$ is conjugates to $m$.

A well known theorem says that geodesics do not minimize arc length beyond conjugate points. Another well known theorem says, under the assumption of completeness, that any two points of $M$ can be joined by a geodesic which does minimize arc length. Together these clearly imply, as Myers and others have pointed out, that if the set $F$ of first conjugate points in $M_{m}$ is bounded, then $M$ is compact. We now prove $F$ is bounded.

Let $S$ be the unit sphere in $M_{m}$. Define the real-valued function $f$ on $S$ by: if $s \varepsilon S$, then $f(s)=$ distance from 0 to the first conjugate point on $m$ on the ray in $M_{m}$ from 0 through $s$. By assumption, $f$ is defined (and finite) on all of $S$. A theorem of Morse [1;235, Lemma 13.1] says $f$ is continuous. Hence $f$ is bounded, so $F$ is bounded, proving Lemma 1.

We consider the following condition on $M$ :
Condition C. There is a point $m \varepsilon M$ with the following property. Let $\gamma$ be any ray in $M_{m}$, starting at 0 and running forever; i.e., $\gamma$ is a curve in $M_{m}$ defined by $\gamma(u)=u p$ for some $p \neq 0$ in $M_{m}$. Let $\sigma=\exp \gamma$. Let $\sigma^{*}(u)$ be the tangent vector to $\sigma$ at $\sigma(u)$. Let $C$ be the function defined on $[0, \infty)$ by $C(u)=$ mean curvature of $\sigma^{*}(u)$. Then our condition is that for every ray (from this

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