## On John and Nirenberg's theorem

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## Introduction

A well-known theorem by John and Nirenberg states that for a function f in  $BMO(\mathbb{R}^n)$  with  $||f||_{BMO} = K$  we have for every cube Q with sides parallel to the axes:

(1) 
$$|\{x \in Q; |f(x) - a_{\varrho}| > \sigma\}| \leq c_1 e^{-c_2 \sigma K^{-1}} |\varrho|.$$

The constant  $c_2$  which is obtained normally is of the form  $2^{-cn}$ . In the paper [2] John and Nirenberg claim that the constant  $c_2$  can be improved to be of the order  $\log n/n$ . ( $c_1$  is an absolute constant e.g. 2.)

In this paper we introduce the more general notion of a false cube and an associated *BMO*-norm,  $||f||'_{BMO}$ . We will show that (1) is true with this norm for all false cubes Q with a constant  $c_2$  which then is *independent of* n (Theorem 1). We also will show (Theorem 2) that the quotient of  $||f||'_{BMO}$  and  $||f||_{BMO}$  is at most of the order  $\sqrt{n}$ , which means that we can improve  $c_2$  in (1) to the order of  $n^{-1/2}$  and at the same time allow Q to be any false cube.

## **Definitions and notations**

A cube will always mean a cube in **R**<sup>n</sup> with sides parallel to the axes.

A false cube is an *n*-dimensional rectangle in  $\mathbb{R}^n$  whose sides are parallel to the axes and for some *s* have side lengths either *s* or 2*s*, i.e. its proportions are  $2 \times 2 \times ... \times 2 \times 1 \times 1 \times ... \times 1$ .

The Lebesgue measure of a set E is denoted by |E|. If f is a real-valued function in  $L_{loc}^1$  we define the sharp function,  $f^{\ddagger}$ , by

(2) 
$$f^{*}(t) = \sup_{Q \ni t} \frac{1}{|Q|^{2}} \int_{Q} \int_{Q} |f(x) - f(y)| \, dx \, dy,$$

where the supremum is taken over all cubes Q containing t.